There is no single methodology for creating the perfect product—but you can increase your odds. One of the best ways is to understand users’ reasons for doing things. Mental Models gives you the tools to help you grasp, and design for, those reasons. Adaptive Path co-founder Indi Young has written a roll-up-your-sleeves book for designers, managers, and anyone else interested in making design strategic, and successful.

“Indi Young’s mental models are the perfect way for your team to integrate your user’s perspective into your design. I’ll be giving this book out to all our important clients and insisting they make it part of their process.”

JARED SPOOL
CEO and Founding Principal
User Interface Engineering

“Indi’s book provides a systematic and invaluable means for applying mental models; having used her method on many large projects, I’m a true believer.”

CAMILLE SOBALVARRO
Senior Director, Web Marketing & Communications
Sybase Inc.

“Indi Young’s common-sense approach focuses on user behavior, diagrammatic representations, and the participation of all stakeholders in collaborative discovery. It is a book that designers and students alike will find useful.”

RICHARD BUCHANAN
Professor of Design
Carnegie Mellon University School of Design
# TABLE OF CONTENTS

How to Use this Book  \(x\)  
| Who Should Read this Book? | xi |
| What’s in the Book? | xiii |
| What comes with the Book? | xiv |
| Here’s How You Can Use Mental Models | xvi |

Frequently asked Questions  \(xxi\)  

Foreword  \(xxv\)  

What, Why, When, and Who?

## CHAPTER 1

What and Why?  

The Advantages of a Mental Model  \(1\)  
| What is a Mental Model? | 2 |
| Why Use Mental Models? | 11 |
| Confidence in Your Design | 12 |
| Clarity in Direction | 24 |
| Continuity of Strategy | 37 |

## CHAPTER 2

When? Using Mental Models with Your Other Work  \(40\)  
| Determine Your Research Method | 41 |
| How Mental Models Hook into Other UX Techniques | 46 |
| Shortcuts and Other Ways to Use Mental Models | 53 |
# TABLE OF CONTENTS

## CHAPTER 3
**Who? Mental Model**  
Team Participants  
Project Leader  
Project Practitioners  
Project Guides  
Project Support  

## The Method

## CHAPTER 4
**Define Task-Based**  
Audience Segments  
Task-Based Audience Segments  
Set Research Scope  

## CHAPTER 5
**Specify Recruiting Details**  
Estimate the Tally  
Write the Screener  
Coordinate Schedules  
Recruit Participants
# TABLE OF CONTENTS

## CHAPTER 6
**Set Scope for the Interviews** 143
- Set Research Goals 144
- List Interview Prompts 148

## CHAPTER 7
**Interview Participants** 162
- Chat by Telephone or Face-to-Face 163
- Do Not Lead 166
- Plan Your International Interviews 196

## CHAPTER 8
**Analyze the Transcripts** 204
- Comb for Tasks 206
- Get Some Practice 241
- Answers 250

## CHAPTER 9
**Look for Patterns** 251
- Group Tasks into Patterns 252
- Plan Your Logistics 286
- Congratulate Yourself 298
# Table of Contents

## Chapter 10
Create the Mental Model 299
- Build the Model Automatically 301
- Build the Model Block-by-Block 304
- Review the Diagram with Project Guides 326
- What Did You Learn? 330
- Decorate the Diagram 331
- Ask for Feedback 338

## Chapter 11
Adjust the Audience Segments 339
- Compare Results to Original Hypothesis 340
- Clarify Segment Names 342
- Adjust Segment Definitions 343
- Use Audience Segments for Other Projects 350
- Transition from Research to Design, Verbs to Nouns 350

### Applications

## Chapter 12
Alignment and Gap Analysis 352
- Draw a Content Map of Your Proposed Solution 354
- Align the Content Under the Mental Model 359
- Consider the Opportunities 377
- Share the Findings 387
- Print the Diagram 389
- Prioritize the Opportunities 392
# TABLE OF CONTENTS

## CHAPTER 13

**Structure Derivation** 401
- Derive High-Level Architecture 403
- Provide Vocabulary for Labels 418
- Test Your Structure and Labels 421
- Generate Features and Functionality 422

**Index** 428
**Acknowledgments** 445
**About the Author** 450
Mental Models: Aligning Design Strategy with Human Behavior
By Indi Young

Rosenfeld Media, LLC
705 Carroll Street, #2L
Brooklyn, New York
11215  USA

On the web: www.rosenfeldmedia.com
Please send errors to: errata@rosenfeldmedia.com

Publisher: Louis Rosenfeld
Editor: Karen Whitehouse
Production Editor: Liz Danzico
Proofreader: Mary Jean Babic
Interior Design: Allison Cecil
Cover Design: Jason Kernech

© 2008 Rosenfeld Media, LLC
All Rights Reserved
ISBN 1-933820-06-3
ISBN-13  9 781933 820064

Library of Congress Control Number: 2007930707

Printed and bound in the United States of America
This book is dedicated to my father, Evert Hale Young, Jr. His “can do” approach laid the perspective for my entire life.
HOW TO USE THIS BOOK

Necessity is the mother of invention. Historically, tool design—from a sharpened stone ax to a folding Japanese pruning saw—has been inspired by need. The designers themselves range from seemingly isolated genius inventors to cubicle farms of engineers with explicit specification documents. Really successful design—that which solves the problem, is easy to use, and is beautiful to behold while functioning—is hit and miss. Innovation is elusive. Lots of money and hope are put towards products that look encouraging at the outset, but end up not quite reaching the mark. Entrepreneurs, investors, designers, engineers, and customers all get burned more often than they succeed.

There is no one method to follow to create perfect products. But there are many ways to increase the odds. One of them is to understand the reason for the tool in the first place. Deeply investigate what people are trying to get done and line up your
solutions to match. Are you trying to solve a small part of a larger puzzle that could be simplified if you look at a broader context of the customer’s behavior and philosophies? Do you have so many aspects to your service that it’s hard to prioritize where to invest more development dollars?

As first a software engineer and then as a specialist in web applications, I had been doing this broad sort of task analysis for many years before I came up with a way to draw a picture of it all—a mental model, which is an affinity diagram of user behaviors surrounding a particular topic. (See “What is an Affinity Diagram?” in Chapter 1; and see Appendix B (www.rosenfeldmedia.com/books/mental-models/content/appendix_b) for the story of how the technique evolved.) Mental models help me illustrate a profound understanding of the user, align solutions to areas that make a difference, and chart my way through a decade of development. When people saw the
HOW TO USE THIS BOOK

first diagrams, they encouraged me to share them in print. Seven years later, I can finally give you this book.

Who Should Read this Book?
Depending on your role, you might be interested in reading certain chapters first. I anticipate that a lot of you will be practitioners actually creating mental models. I also hope that many of you are responsible for product strategy—directors and executives—and are interested in how mental models can help guide your decisions. For those of you who are project managers and team managers within large organizations, I have included information about how to run a mental model project successfully as a part of a network of other research and design projects. And for all of you who need to persuade key people in your business to cultivate a better understanding of the people who use your products, I am listing key chapters to reference.
HOW TO USE THIS BOOK

Product Strategists & Executives:
Chapter 1: What and Why?
The Advantages of a Mental Model
Chapter 12: Alignment and Gap Analysis

Team Managers:
Chapter 2: When?
Using Mental Models with Your Other Work
Chapter 3: Who? Mental Model Team Participants

Evangelists:
Chapter 1: What and Why?
The Advantages of a Mental Model
Chapter 12: Alignment and Gap Analysis

Project Managers:
Appendix A: How Much Time and Money?
Available on the book site at www.rosenfeldmedia.com/books/mental-models/content/appendix_a.

Practitioners:
Chapter 4: Define Task-Based Audience Segments
Chapter 5: Specify Recruiting Details
Chapter 6: Set Scope for the Interviews
Chapter 7: Interview Participants
Chapter 8: Analyze the Transcripts
Chapter 9: Look for Patterns
Chapter 10: Create the Mental Model
HOW TO USE THIS BOOK

Chapter 11: Adjust the Audience Segments
Chapter 12: Alignment and Gap Analysis
Chapter 13: Structure Derivation

I expect you’ll use this book as your resource when you create your first mental model. I also expect this book to be your resource when explaining the benefits of mental models to people in your organization, as you convince them that you really can turn the ship around and create user-centered solutions.

What’s in the Book?
This book answers some of the harder questions I am asked about how to create and use mental models. I begin with a set of chapters that introduce mental models and talk about why and when to make a mental model:

Chapter 1: Why? The Advantages of a Mental Model
Chapter 2: When?
Using Mental Models with Your Other Work
Chapter 3: Who? Mental Model Team Participants
HOW TO USE THIS BOOK

The second section describes the method used to create a mental model:
Chapter 4: Define Task-Based Audience Segments
Chapter 5: Specify Recruiting Details
Chapter 6: Set Scope for the Interviews
Chapter 7: Interview Participants
Chapter 8: Analyze the Transcripts
Chapter 9: Look for Patterns
Chapter 10: Create the Mental Model
Chapter 11: Adjust the Audience Segments

The third section of the book describes how to apply a mental model to your work:
Chapter 12: Alignment and Gap Analysis
Chapter 13: Structure Derivation

The appendices and bibliography are available as links on the book site at www.rosenfeldmedia.com/books/mental-models

We recommend that you display the digital version of the book using a recent version of Adobe’s Reader or Acrobat Professional, which support live links. That way you can jump to other parts of the book (i.e., from the table of contents to a specific section)
HOW TO USE THIS BOOK

and to external web pages (such as the large, high-resolution version of each of the book’s illustrations, which we’ve made available via Flickr) by simply clicking. You’ll also find navigation easier if you display the Navigation Pane (in Apple’s Preview reader, the Drawer).

We’ve optimized the digital version of this book for being read and used on a computer. As digital books are still quite a new phenomenon, we’d love your suggestions for how to do improve our digital design; please contact us at info@rosenfeldmedia.com.

What comes with the Book?
This book’s companion web site (www.rosenfeldmedia.com/books/mental-models) is chock-full of mental models-related goodies. You’ll find:
HOW TO USE THIS BOOK

- A variety of Excel and Word templates (including ones that help you with recruiting and capturing behaviors)
- Scripts for converting Excel and Word templates into XML Visio and Omnigraffle diagrams
- Every diagram in the book (download and insert them in your own presentations!)
- The book’s bibliography
- Appendix A: How Much Time and Money? (learn what’ll it cost you to develop mental models)
- Appendix B: The Evolution of the Mental Model Technique (learn how this method came to be)

The book site also includes a blog where an occasionally lively discussion of mental models breaks out; please join in!
HOW TO USE THIS BOOK

You can keep up with book-related announcements, new content additions, and other changes on the site by subscribing to its RSS feed: ♦ feeds.rosenfeldmedia.com/mental-models

Here’s How You Can Use Mental Models

You might make a mental model for a lot of reasons. For example, you can improve project management by studying those who coordinate project teams. Or, you can invent a new commuting service by understanding all the aspects of how people get to their jobs. You can capitalize on the gaps between the solutions you offer and what your customers are trying to accomplish. You can derive the architecture of your design from the resulting diagram. While the words I am about to list may sound dated when you read this book in a few years, I’ll go ahead and say them (so you can envision it more easily in the present day). This method can be used for:
HOW TO USE THIS BOOK

- Digital products, such as internet applications
- Physical products with interactive functions, such as a watch
- Location-aware products, such as a phone
- Methodologies, such as project management
- Information delivery, such as a monthly statement
- Services, such as controlling your household’s carbon footprint
- Physical spaces for providing services, such as a library
- Browsable databases, such as knowledge bases
- Platform-specific networked applications
- Online media, online stores, etc.

You get the idea. Throughout this book I use the word “design” to mean something closer to “engineering design”—making something for someone to use. There are tons of other
HOW TO USE THIS BOOK

definitions for “design,” but for this book I focus on just this one aspect. So when you read the word “design,” think of digital, physical, and environmental interactions that people carry out to accomplish something.

Mental model diagrams have been used for design by for-profit and non-profit organizations, universities, government agencies, private individuals, and internal departments. I will illustrate the breadth of applications throughout this book with analogies and real-life examples.

One thing to take from this book is a sense of moving beyond constraints. You’re probably not a strict rule-follower, yourself. Just because my background is software design doesn’t mean you can’t use mental models to develop a government building or a production workflow or anything else you need. Merge the technique with its established cousins in your particular field of
expertise, and tell the rest of us how you did it. Treat it kind of like open source: It is yours to manipulate and extend. Let everyone else benefit from your contributions.

My hope is that our generation of designers can execute an inflection point that will be remembered as the point in time when we stopped designing by necessity.
FREQUENTLY ASKED QUESTIONS

What is a mental model?
The top part of the model is a visual depiction of the behavior of a particular audience, faithfully representing root motivations. The bottom part of the model shows various ways of supporting matching behaviors. Where support and behavior are aligned, you have a solution. Where a behavior is not supported, you have an opportunity to explore further. See page 2 for more information.

What if I don’t have a big budget?
If your organization already conducts usability tests with some regularity, piggyback short interviews on top of each session. Ask the participant to stay with you for an hour, and spend half the time on the usability test and half on conducting a non-leading interview See page 57.

What do you mean by “task?”
The word “task” is used loosely. When I use the word “task,” it means actions, thoughts, feelings, and motivations—everything that
comes up when a person accomplishes something, sets something in motion, or achieves a certain state. See page 207.

**What are task-based audience segments?**
Task-based audience segments are, quite simply, groups of people who do similar things. While personality types do touch upon behavior, generative research for building mental models requires that you select from groups of people who want to get different things done. Because you will want to tailor your end solutions to fit each audience exactly, grouping audiences by differences in behavior is important. You want to end up with solutions that match behaviors and philosophies closely rather than with one solution that fits several audiences loosely. Figure out what people want to accomplish, look for differences, and group accordingly.

See page 74.
FREQUENTLY ASKED QUESTIONS

How do I uncover the root task?
During analysis, you are required to interpret a little. This is the “art” to the process. You will find it easier if you ask yourself, “What is this person really trying to do?” The idea is to simplify to the “root” task. See pages 211 and 218.

What do you mean by a content map’s “content”?
Let me assure you that the name “content” does not limit your map to text documents. Your content map should include all the ways you serve people, including things like monthly account statements or yearly awards banquets, registration for training courses, or a mortgage calculator. See page 354.

Does a content map show every detail of my solution?
It includes all functionality that exists or is intended for your solution. See page 354.
FREQUENTLY ASKED QUESTIONS

How can analyzing gaps in a mental model show me innovative ideas?
The first thing to look at is the obvious gaps where there is an absence of content items. Your hope is that you can find a gap that you can fill easily. Then look for scarcity of content items. Think about where you can flesh out things a bit. Look for opportunities to redefine, combine, or augment existing content. See page 377.

How can mental models help me make sense of all my web properties?
Each one of your web properties is a building on your internet campus. Each property has its own unique navigation that represents the mental model of the people populating it. See page 324.
FOREWORD

“You’re researching all the creativity out of this project!”

I can’t tell you how many times I’ve heard designers, developers, and even business owners say this. It usually comes just after a project has begun, as I’m preparing for interviews with users. Designers just want to start designing, developers want to start writing code, managers want the thing to ship—so why are we spending all this time talking? And all this stuff just seems so obvious. Do we really need users to tell us what we already know?

I try to be diplomatic. “Maybe a few interviews now will save us lots of grief later,” I tell them. “Think of this as insurance: Let’s make sure we’ve got the basics right before we’ve designed everything and written all the code.”

But no matter what I say to convince a team to do research early in their project, I never let
them know my dirty little secret: I used to be just as skeptical as them.

I’ve always believed in a user-centered design methodology. Even early in my career, when I was journalist, we always started with the mantra “know your audience.” Later in my career, I’d go to conferences and watch presentations with process diagrams—boxes representing users needs with arrows pointing to boxes representing product requirements. Intellectually, I agreed. But when I started a new project, in that intoxicating first stage when anything is possible, I’d jump straight to solutions. “Let’s use Flash for this part! And over here, we’ll design some awesome icons for navigation...” Our users were still important, but they were there to bear witness to how cool our designs were.

Then I met Indi Young. Indi and I were among the founding partners of Adaptive Path, a user experience consulting company
that focused on research-driven design. We founded the company in the dark days of the Web industry. It was 2001. “Dot com” was a dirty word, companies were cutting their Web budgets, and projects were drying up everywhere.

It was then that “research-driven” started having real meaning to me. As Indi introduced her methodology and resulting visualizations, it became clear that she wasn’t just trying to make designs better in some abstract way. Rather, her process was simple enough to resonate with anyone on a Web team. And perhaps more importantly, it would help connect Web teams to other core parts of their organizations who were skeptical of spending even another cent on their web sites.

In the end, using Indi’s process, we were able to convince teams that we weren’t researching all the creativity out of their projects. We were
researching the risk out. And no matter how the industry is faring, that’s a story people want to hear.

This book is an excellent guide to a research method firmly grounded in common sense. But don’t let the simplicity of the process detract from the power of the change it can enable. Talking to users in a structured way, analyzing in a collaborative way, and diagramming with clarity can transform the way you approach the Web.

And it might just ignite your creativity!

Jeffrey Veen
San Francisco
August, 2007
CHAPTER 1

What and Why? The Advantages of a Mental Model

What is a Mental Model? 2
Why Use Mental Models? 11
Confidence in Your Design 12
Clarity in Direction 24
Continuity of Strategy 37
You might be thinking, “What does she mean by ‘mental models’?” Since the phrase “mental model” is somewhat commonly used—at least in the realm of research—I want to set out what I mean by the term and then outline why you would ever want to make one.

**What is a Mental Model?**

“The deepest form of understanding another person is empathy...[which] involves a shift from...observing how you seem on the outside, to...imagining what it feels like to be you on the inside.”

Designing something requires that you completely understand what a person wants to get done. Empathy with a person is distinct from studying how a person uses something. Empathy extends to knowing what the person wants to accomplish regardless of whether she has or is aware of the thing you are designing. You need to know the person’s goals and what procedure and philosophy she follows to

---

1 From the book *Difficult Conversations* by Douglas Stone, Bruce Patton, and Sheila Heen of the Harvard Negotiation Project, Chapter 9, “Empathy is a Journey, Not a Destination,” p. 183.
accomplish them. *Mental models give you a deep understanding of people’s motivations and thought-processes, along with the emotional and philosophical landscape in which they are operating.*

Mental models embrace anything from looking up a part number online to asking the guy at the hardware store how to mix epoxy. A mental model consists of several sections, with groups within each section. Mental models are simply *affinity diagrams* of behaviors made from ethnographic data gathered from audience representatives.

For example, when you wake up in the morning you get dressed, you eat, and you get on the train. These can be considered “mental spaces” in a diagram of your morning (Figure 1.1). On holidays you skip the “get on a train” mental space and instead you “eat a big breakfast with the family.” On mornings when you are tired, maybe you add a mental space about “become awakened” by perhaps drinking coffee or tea or doing some exercise.
Affinity diagrams, in the simplest interpretation, show groups of related things. You can make an affinity diagram out of your grocery list. Some items, like milk and eggs, might be found near each other in your store. Other items, like pasta sauce and spaghetti, are elements of a single meal you’re planning. The diagram below shows an example.

A mental model for a particular topic is, in essence, an affinity diagram of user behaviors. The towers in the diagrams represent group names for the behaviors within. The sets of towers represent a higher-level group of the behaviors.
So the full mental model about your morning has several parts. The “Eat” section would have various divisions within it depending on whether you were heading to work or joining the family for Sunday brunch.

To create a mental model, you talk to people about what they’re doing, look for patterns, and organize those patterns from the bottom up into a model. From the field research, you will glean maybe 60 or 120 behaviors per person. Over time you see the same behaviors and you group them together. You line them up in towers; then line up the towers into groups that represent different cognitive spaces. The diagram looks a lot like a city skyline.

Once you have created the top half of the diagram, you focus on the lower half. Take the product features that you intend to create and align them beneath all the towers they support. In other words, you align the features that your business values beneath concepts that people mentioned. When you have finished, you will see areas of the mental
FIGURE 1.1. http://flickr.com/photos/rosenfeldmedia/2125040309
Mental model of a typical morning for people who commute to work or school. There are additional examples on the book site under Cases: www.rosenfeldmedia.com/books/mental-models

Chapter 11
Adjust the Audience Segments
model that are less supported than others, and you may have leftover functions that don’t support anything in the mental model. The resulting diagram tells a story about the viability of your business strategy for a particular solution. In Figure 1.2, dark green indicates a primary match for the feature. Light green indicates additional secondary matches for the feature. In other words, for every light green feature there is one dark green feature aligned beneath the best match. Excess features that do not map to the mental model appear in the lower right corner.

Use the name “mental model” whether the diagram shows just the towers above the horizontal line or it shows the features aligned beneath the towers. It is this entire picture that becomes the heart of your strategy.
Mental Models by Indi Young
Rosenfeld Media, 2008; version 1.0

Mental model with features aligned beneath it. (Features borrowed from the product category list from Procter & Gamble’s site www.pg.com)
Taking the top and bottom half together, the resulting mental model is a diagram of how a certain segment of people tend to accomplish something, with the things you are making aligned to the depicted concepts. You use the model to understand how your current offerings do and do not support people and devise your strategy going forward. You do this through multiple workshops with team members and stakeholders in your organization, which develops understanding and innovation. The model has a long lifespan, so you can use it to direct your progress with deep awareness of user-centered design for 10 or more years.
The mental models defined in this book are models of a person’s somewhat stable behaviors, rather than ephemeral models that are temporary representations of one situation. I want to acknowledge this distinction because those in the field of cognitive research have explored mental representation in great detail in the past decade, and I want to indicate where these mental models might fall within the currently defined parameters.
“Mental model’ has become a more generic term for mental representation. Cognitive research is now so specialized that article abstracts begin with verbose strings of qualifiers to narrow down the type of mental representation they mean.”² Because the mental models in this book are collections of the root reasons why a person is doing something, they belong to the set of mental representations that are built over a long period of experience and are thus resilient. These mental models represent what a person is trying to accomplish in a larger context, no matter which tools are used.

**Why Use Mental Models?**

“Why should I use a mental model?” This is probably one of the questions that prompted you to open this book—indeed, it’s a good one.

Using a mental model can advance several tasks for you—both from a tactical and a strategic standpoint. It can guide the design

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² Jay Morgan, Applied Cognitive Scientist, MS in Applied Cognition and Neuroscience, University of Texas at Dallas, 2004.
of the solution you are working on. It can help you, and your team, make good user and business decisions. And, it can act as a roadmap, ensuring continuity of vision and opportunity as the makeup of your team evolves over the next decade.

### The Three C’s

You might notice that the three main reasons I use to describe the advantages of mental models all begin with the letter “C”:

- **Confidence** in Your Design—guide the design of the solution
- **Clarity** in Direction—make good user and business decisions
- **Continuity** of Strategy—ensure longevity of vision and opportunity

I thought this was a neat way to remember the reasons, especially if you have to persuade your CEO in the elevator why you want to create some mental models of your customers.

### Confidence in Your Design

How do you know if you’ve got it right? You’re looking for something that will ensure
that you’ve hit the mark. A mental model will give your team members confidence in their design because it is based on a solid foundation of research. It will assure management that success is likely. Likewise, your users will have confidence in using the design because it matches what they already have in mind. They will not hesitate while using your solution. It will make sense to them, embody some of their philosophies, and respect the emotional component of what they are doing.

**Leverage Luck + Intent**

As you might suspect, any number of variables combine to make success—not the least of which is luck. “Being in the right place at the right time,” experiencing “a freakish alignment of the stars,” “having things just go right”...no matter the phrase, luck plays a larger part in the process than any organization wants to face. Michael Bierut, a respected visual designer, said this about
luck during an interview\(^3\) with Adaptive Path founder Peter Merholz: “It’s a dirty secret that much of what we admire in the design world is a byproduct not of ‘strategy’ but of common sense, taste, and luck. Some clients are too unnerved by ambiguity to accept this and create gargantuan superstructures of bullshit to provide a sense of security.”

You’re fortunate if you work in an environment where the “luck component” is acknowledged. Most people have to justify their decisions with cold, hard facts. What I like to bring to the picture is a tool that can free you to recognize possibilities\(^4\) while at the same time provide solid data. In other words, you can “embrace the ambiguity”\(^5\) of the design process because you have a mental model to steer you.

\(^3\) “A Conversation with Michael Bierut,” [www.tinyurl.com/pkruo](http://www.tinyurl.com/pkruo)

\(^4\) Adaptive Path blog entry “Designing for Luck,” [www.tinyurl.com/2hh9oc](http://www.tinyurl.com/2hh9oc)

\(^5\) Favorite mantra of Mary Piontkowski, researcher, information architect, interaction designer, and a frequent collaborator of mine, and contributor to mental-model process adaptations and improvements.
Scientific versus Intuitive Methods

The mental model method is a qualitative approach based on interpretation of data that looks like a scientific method. It is a hybrid produced by science and intuition; it’s a little of both. It is a very successful method in environments where people are looking to support decisions with real data. It is also enormously useful in environments where teams can define and communicate product/information design with more intuitive techniques such as storyboards, comics, or videos.*

* See the work of Kevin Cheng and Tom Wailes at Yahoo!, as presented in “Finding Innovation in the Five Hundred Pound Gorilla” at IA Summit 2007. www.tinyurl.com/38wdbn. Also see Jared Spool’s June 2007 UIE article “Knowledge Navigator Deconstructed: Building an Envisionment” www.tinyurl.com/ywsx7m

So how does a mental model give you the evidence you need to support your design, in addition to the leeway to create luck? A mental model is a visual language. Its text is the data. Its grammar is the vertical and horizontal alignments of concepts. With a language you can convey anything you can think of. Frank Gehry, the well-known architect of the Walt Disney Concert Hall
in Los Angeles, explains it this way, “For Disney Hall, I spent a lot of time thinking about how to listen. I worked closely with the acoustician, who said sometimes the sound has to be big, and then sometimes it has to be like candlelight. I got a sense of what a conductor thinks about when he gets up on stage, and what the musicians need in their relationship to the room. Once I had all of that, I could free-associate, because I was programmed like a computer. I couldn’t go wrong because I’d learned the language so completely. It’s what I try to explain to my students—the more you know, the freer you are in the end.”

People have had similar experiences with the language of a mental model. Jeff Veen, User Experience Manager at Google and founding partner of Adaptive Path, created a mental model diagram for his redesign of Google Analytics in 2006. He says he used the mental model as a way to gain empathy with

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the people who were trying to understand their web traffic. Talking to users “bought me time to absorb the difficulty of the problem we were facing and time to start pondering solutions to that [problem].” Although he did not use the diagram to specifically derive the design, he says, “Most of what made it into the design was based on my own ...empathy [which] was certainly developed while going through this research and analysis.”

**Distinguish Among Solutions**

A mental model represents the entirety of each audience segment’s environment. Thus, the diagram depicts where one segment’s experience ends and where the next one begins. You certainly wouldn’t want to combine the experience of truck drivers with that of dispatchers—that much is obvious, and the separate mental models will show it. More subtle is the experience differences among people of a similar segment but, say, in a different country. Do the differences merit separate solutions or not? Compare the mental models. If they have a lot in common,
a common solution is dictated. If not, then
different solutions are needed, each with its
own architecture matching the mental model.
As another example, corporate intranets
should be specific to each workgroup type.
Software engineers need a different set of
tools on their intranet than corporate lawyers.
Understanding the differences among the
mental spaces of your audience segments will
bring clarity to your design.

Assemble Original Ideas
Use the mental model diagrams to derive
design decisions. For example, if a tower
in the diagram shows that people “Collect
Pictures of Renovated Kitchens to Mull
Over,” perhaps you can create a scrapbook
of renovated kitchens for a showroom, or
point people to “kitchen renovation” as a
tag word on Del.icio.us. Use the person’s
real world as inspiration. What if there is a
tower called “Distrust Sales Reps”? What
can you possibly do to help customers who
believe that talking to a sales representative
is a waste of time? Connect them directly
with the technical representative? Get rid of sales representatives entirely, and change the way your organization approaches potential customers? Deriving ideas from the diagram will simplify the work of deciding which features support which behaviors. Prioritizing these feature ideas according to business goals and resources will simplify discussions about what the customer intends to do and how the business will serve them.

**Validate That Ideas Match Needs**

You can use the mental model to double-check design decisions, just as you use personas to do a mental double-check: “What would Meredith do?” Say someone powerful in your organization decides he really wants a stock ticker to appear on a particular web site. You can validate that request by matching it to a tower in the mental model that shows “track market stock prices.” If no behavior of this description appears in the mental model, you can respectfully point out this absence and possibly talk the person out of an unnecessary feature.
Avoid Politics

Who among us has not worked in a situation where other people wanted to second-guess your design decisions? Sometimes these people can comprise whole departments. Battles ensue among groups as to who makes the final design decision, or who gets preferential placement in a particular solution (e.g., placement in primary navigation of a web site). That’s office politics. A mental model can act as a third-party mediator. It is essentially a collection of data placed in relationship to other data based on your interpretation. The data is concrete—your interpretation is circumstantial. Suddenly
the conversation isn’t about the design you’ve created; it’s about your analysis of the data. Conversations with your erstwhile foes center on phrases like, “My understanding of what this customer means is x; what is your interpretation?” People from different disciplines can come to a common understanding of the customer’s situation. You both end up on the same side of the table, both looking at the neutral data. This fortuitous arrangement produces more effective design discussions and faster decision-making.

How Did Mental Models Help Your Organization?

“Developing a design using mental models (and displaying the results) is a durable reminder to the team and the organisation that you did not just ‘make something up.’ It’s the IA equivalent of calculus from first principles. Once you have done it, it’s hard to imagine justifying design any other way.”

—Craig Duncan, Head of the Information Management Unit of the U.N. International Strategy for Disaster Reduction
Derive Architecture
If you are designing for software, you can use the complete diagram to derive the top-level organization of the application, such as navigation or toolbars. Additionally, you can use the mental model as a starting point for interaction design and as a guide for feature definition.

How Did Mental Models Help Your Organization?

“The framework provided by a user mental model takes the guesswork out of IA, or at least makes your guesses more likely to be on target.”
—Camille Sobalvarro, Senior Manager of Web Marketing, Sybase

Stop Spending All Your Time Re-Architecting
I see a lot of companies who are still stuck in a cycle of redesign—re-architecting what they have created over and over. They define something to fix, change it, and then realize the initial definition was a little off. I’ve seen many five-year roadmaps that look like the one in Figure 1.3, but all these important items keep getting pushed off because the
architecture still isn’t right or the strategy keeps changing.

\begin{center}
\begin{tabular}{|l|}
\hline
\textbf{Five-Year Plan} \\
Improve functionality of tools \\
Add better tools to empower the customer \\
Serve dynamic news, events, announcements based on region and role \\
Fine-tune messaging (marketing) opportunities (internal ads, external ads, contests and giveaways, special sales, landing pages for brand-specific islands) \\
\hline
\end{tabular}
\end{center}

\textbf{FIGURE 1.3.} \href{http://flickr.com/photos/rosenfeldmedia/2158700329}{http://flickr.com/photos/rosenfeldmedia/2158700329}

\begin{quote}
Five-year roadmap for one web property belonging to a multi-national semiconductor corporation.
\end{quote}

Don’t stay stuck in this cycle of re-inventing your solution or re-addressing your information architecture. You need an overhaul of your regular development process. Ryan Freitas of Adaptive Path refers to this as “punctuation in product development.”\footnote{Future of Web Design conference, London, UK, April 2007, \url{www.futureofwebdesign.com/}} Use a mental model as a guide to get the definition right the first time, then focus your energy on
fulfilling business goals instead of focusing on iterative changes within a single medium.

**Clarity in Direction**
The clarity argument brings your internal organizational structure and its strategies into the picture. You need a clear design strategy that will act as a container around all of the solutions you create.

**Pay Attention to the “Whole Experience”**
The “whole experience” includes all the ways an organization interacts with its users: stores, account statements, customer service calls, product ordering web sites, packaging, and so forth. Jared Spool, the founder of User Interface Engineering, writes a comparison\(^8\) about whole experiences between MP3 players from Apple and SanDisk. He says, “SanDisk hasn’t created what Apple has built: a powerful user experience for listening to great music. While possibly technologically deficient, the iPod combines the player

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\(^8\) Jared Spool’s UIII conference article “Innovation is the New Black,” [www.tinyurl.com/olwgh](http://www.tinyurl.com/olwgh)
hardware with the iTunes software, the iTunes Music Store service, the Apple stores for sales and support, and the prestige that comes from the Apple brand...SanDisk can’t compete if it only focuses on the hardware engineering.” Businesses that pay attention to the entire spectrum of customer interaction, and get it right most of the time, win attention and loyalty. Because the mental model depicts the whole of the user’s environment—it is not focused on one aspect, service, or tool—it represents the user’s perspective of the whole experience.
Emotion in the Experience

There is a lot of lingo with X in it these days: UX (user experience), MX (managing experience), and UX strategy. The X stands for “experience,” which has to do with the whole environment in which a person interacts with your solutions and your organization. The concept of “the user experience” has been around for a long time, especially in disciplines other than human-computer interaction, such as architecture and retail store design.

For an experience to be considered successful, people have to be able to use it and want to use it. I’ve heard this described as useful, usable, and desirable. It applies to all sorts of fields—toys, buildings, silverware, electronic devices, etc. Here is a quote from a Swedish furniture showroom owner that sums this up nicely. “Don’t make something unless it is both necessary and useful. But if it is both necessary and useful, don’t hesitate to make it beautiful.”* There is an emotional component to the use of a thing that businesses are becoming more aware of.** Mental models capture not only the cognitive intent of a person but also the emotion, social environment, and cultural traits of a concept. The alignment of possible business strategies completes the picture.

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** See Donald Norman’s book Emotional Design: Why We Love (or Hate) Everyday Things.
Peter Merholz, one of the founders of Adaptive Path, puts it this way. “An experience strategy is a clearly articulated touchstone that influences all the decisions made about technology, features, and interfaces. Whether in the initial design process, or as the product is being developed, such a strategy guides the team and ensures that the customer’s perspective is maintained throughout.”

He also strongly believes that you should stop designing products. “When you start with the idea of making a thing, you’re artificially limiting what you can deliver...Products are realized only as necessary artifacts to address customer needs. What Flickr, Kodak, Apple, and Target all realize is that the experience is the product we deliver, and the only thing that our customers care about.”

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9 BusinessWeek online article “Experience Is the Product” by Peter Merholz on June 22, 2007. www.tinyurl.com/2cqbz

10 “Experience Is the Product...and the only thing users care about” by Peter Merholz in June 2007 for the Industrial Design Supersite Core77, www.tinyurl.com/2dtrvb

Chapter 1
What and Why? The Advantages of a Mental Model
Use Design as a Business Advantage
Brandon Schauer, a design strategist at Adaptive Path, has been talking\(^{11}\) about the increasingly important role of design in businesses. He says because competitive advantage is shrinking, the focus has started to shift towards what kind of top-line value can be gained for the business, both internally and externally. He references a seminal 1996 essay written by the celebrated Harvard Business School professor of competitive strategy, Michael Porter, which stated, “A company can outperform rivals only if it can establish a difference that it can preserve. It must deliver greater value to customers or create comparable value at a lower cost, or do both.”\(^{12}\) Brandon is exploring what levers exist and can be adjusted. In 2005 Brandon interviewed innovation and strategy consultant

\(^{11}\) Brandon Schauer presented in “Connecting Design to Real Business Value” at Adaptive Path’s Managing Experience through Creative Leadership conference, in San Francisco, February 2007. Slides at www.tinyurl.com/3bg3c7. Brandon has a Master of Design degree from the Institute of Design in Chicago and an MBA from the Stuart School of Business. For more of Brandon’s writing, see his blog at www.brandschascher.com/blog

Larry Keeley of Doblin, Inc., who had this to add: “A growing number of business [and government] leaders...have come off of two decades of trying to find greater efficiencies...And the evidence is overwhelming that that has worked. But I think it’s equally clear to good leaders that they can’t continue to expect...massive improvements in efficiency each and every year...Now most good leaders are saying, ‘I’ve got to figure out a way to get to organic growth; I’ve got to figure out a way to do something powerful and new.’...[A]nd unless they’re newsworthy, and unless they’re startling, and unless they really compel customers, they tend to fail.”\textsuperscript{13} So Brandon’s point is about marrying this focus on top-line value with attention to the whole experience a customer has. Do this and you have a new competitive advantage.

\begin{flushright}
\end{flushright}
Experience Strategy

The strategy that you develop for your product ought not evolve in isolation. Even though the value of user experience* is clear, your over-arching reasons for providing something should be considered with equal weight. Jesse James Garrett describes the phrase Experience Strategy thusly:

Experience Strategy =
Business Strategy + UX Strategy**

A mental model helps you visualize how your business strategy looks compared to the existing user experience. Thus, it is a diagram that can support your experience strategy.

* See the diagram by Bryce Glass, “The Importance of User Experience,” from March 2006: www.tinyurl.com/ysmcrn


Evolve Your Organization

Perhaps you need to transform your organization into an entity that pays more attention to user experience. You need a strong tool to assert change within your organization or get the attention of people who can spread that change. The sheer visual force of a mental model, covering several feet
of a wall when pinned up, is enough to make people stop and look. They are easy diagrams to read and understand. Post them everywhere you think people might have time to glance through them. Post them outside your work area, in popular conference rooms, in the lunch room, even outside the bathrooms. Jacqueline De Muro’s team at Agilent Technologies, Inc. occupied a building with limited wall space, hence her inspiration for placing the diagrams outside the bathrooms, which was the only space available where people would come and go on a daily basis. I encourage you to post them in other departments and in other buildings, where someone you’ve forged a relationship with can sanction their presence. Any opportunity to break down the wall between your organization and your customers is precious. Similarly, the opportunity to reach across chasms among departments is priceless.

If your team uses the sticky-note approach during analysis of the data, you will have large surfaces covered with little square paper
notes. Craig Duncan of the United Nations in Geneva, Switzerland, has created a few mental models. He says, “The walls of sticky notes create a perfect opportunity to get management and other colleagues to engage (and be impressed by the process). I strongly recommend holding a TGIF or other small office party while the Post-Its™ are all up. They start conversations, and convert people to the fact that IA is indeed a legitimate discipline.”

How Did Mental Models Help Your Organization?

“It helped us talk to our users rather than about them.”
—Simonetta Consorti, Information Architect on the UN Prevention Web Team

Adopt the Customer’s Perspective
In the past couple of decades a paradigm shift took place in large corporations towards the philosophy of putting the “customer first.” This paradigm traditionally applies to service and support, but also has been applied to product design. Companies are finding that as global
competition increases, fewer people are beating a path to their doors. Rather than creating a product internally, and then hiring marketing and sales people to persuade customers to buy it, companies are taking a closer look at what customers need. They are designing products that will sell on their own merit.\footnote{Jeff Veen of Google talks about designing from the user’s perspective during an interview with Josh Owens and Chris Saylor on the Web 2.0 Show, www.tinyurl.com/ywaonn. For more of Jeff’s writing, see www.veen.com/jeff/index.html.}

How Did Mental Models Help Your Organization?

“How mental models are like user perspective goggles.”
—David Poteet, President of New City Media

I often work with groups who have adopted the “customer-first” philosophy but don’t quite have the vocabulary for it. Employees in these organizations tend to answer questions about customers in terms of internal business goals. At the beginning of each project, I interview all the people who have a stake in the project’s outcome. I ask each of them: “What benefits will your customer see from
this project?” Most stakeholders will respond with an answer that morphs from a vague customer problem directly to their business goal. To protect the innocent, I’m not going to name names. Here is an example paraphrased from what I hear: “Right now, the navigation on the site is really just a bad experience. We’ll make the experience a lot easier for them. Rather than generate lots of content, we’re going to be smarter about it and help them filter it. Customer satisfaction scores will go through the roof.”

This echoes what they’re thinking from an employee focus; therefore, the answer is from a business perspective. What I hope to achieve by developing task-based audience segments and mental models is to persuade business stakeholders to speak at length from the customer perspective. I want to hear these employees answering the question with something more like this: “As a customer, I will get appropriate content that is relevant to my problem. I won’t have to sort through so many content choices. I will be able to quickly
filter all the information for what I need.”

**Adopt the Customer’s Verbs**

To start this subtle paradigm shift, I encourage everyone in the organization to start speaking in verbs. People are usually already aware of the customer perspective and ask questions such as, “Well, what is the customer trying to do?” The answers often echo the question: “The customer is trying to deploy the system.” There is peril in this approach. The “customer is trying to” phrase puts a barrier in place. It telegraphs that the speaker is someone other than the customer. It means that the speaker is describing his understanding of what that customer is doing. I ask people to cut to the essence. Most companies know something about what their customers are doing; state these actions confidently. Use verbs that describe actions from the customer’s point of view. Choose expressive verbs that are representative of a specific situation. If the customer really is “trying to deploy the system” because they are not sure they can actually deploy it, the
illuminative verb “attempt” might be a better choice. These verbs naturally have to come from the customer’s point of view rather than the business employee’s. Either “Figure out how to deploy the system” or “Attempt to deploy the system” is a better choice. Or perhaps there is no problem deploying the system, so “Install the system” or “Roll out the system” may better describe what the customer is doing.

Being inside your customer’s head is powerful. You can see how using the customer’s verbs expresses their view of the world. Try to be aware of the way you speak to colleagues at meetings. Use the customer’s verbs. Verbs are the most powerful way of getting people to shift towards “customer first” for product design.
Verbs from the Customer

Katie is a business user of a suite of office software created by a certain well-known Seattle manufacturer. Here are some of the verbs she uses to describe her work day:

- Learn details of using company products
- Write help guides for company products
- Read cases from customer support
- Argue for product improvements to software team
- Recommend marketing approaches to marketing team
- Study XML manuals for writing XML-based help guides
- Attend XML training
- Create help guide formats/templates in Word
- Organize Word files
- Submit bug to software team
- Help co-worker format his Word templates
- Look up Word formatting question

These descriptive verbs help you see Katie’s world from her eyes.

Continuity of Strategy

A mental model with features and solutions aligned beneath it becomes a roadmap for strategy over the next decade. After your initial
brainstorm of how to support users, you will know that you can’t possibly implement every idea in the next three or four quarters. Things will get pushed off. New ideas will materialize as the market and technology changes. You will see new opportunities in three years that don’t exist today. The diagram persists as a visual map of where you plan to go.

**Rely on Mental Models to Change Slowly**
User mental models change slowly. Take the concept of cash. Coinage has been around for centuries upon centuries. People exchange coinage for services, goods, and materials, and they have developed ways to carry, obtain, and securely store cash. Then the ATM came along and changed how people obtain cash. It has not yet been fully adopted. Many still prefer the mental model of going to a bank and getting cash from a teller. Now plastic exchange of currency has become widely available. You can use a debit, credit, or gift card in place of currency, which makes the act of carrying, obtaining, and securely storing cash largely unnecessary. But adoption of the
plastic model was slow, thus the mental model regarding cash was slow to change. You can be reasonably sure that most mental models you make will likewise be valid for many years to come. Basing a continuous strategy on a long-lived artifact is a good idea.

**Keep the Knowledge, Shift the Team Members**

Also, it is a fact of life that the members of a particular team change over time. One of the more difficult problems organizations face is preservation of internal knowledge. Mental models guide your team’s progress over the years and become a place where decision history and rationale is recorded, as a foundation of decisions to come.

So if you’re thinking a mental model might help you with your work, you may be asking, “How does it fit into what I’m already doing?” The next chapter will answer this question.
CHAPTER 2

When? Using Mental Models with Your Other Work

Determine Your Research Method 41
How Mental Models Hook into Other UX Techniques 46
Shortcuts and Other Ways to Use Mental Models 53
Mental models are just one tool in your toolbox. Here’s an explanation of how they work in conjunction with other methods.

**Determine Your Research Method**

The best way to choose a user research method is to know what each technique is good for. Most user research techniques can be categorized into three groups: preference, evaluative, and generative. The first of these groups is the most widespread—preference. Not only do you see marketing departments sending out surveys and conducting focus groups, but you also see opinion polls flourishing in the media. Preference research is the most common type of customer research. It is perfect for canvassing a large number of people to determine how the product will be accepted or preferred by people. In Figure 2.1, you will see a sampling of techniques that support preference research. In the last column, there is a set of uses for preference research, such as branding. You’ll notice that you don’t use preference research to design interaction or information
architecture. And, you don’t use it to find out how well a solution works.

In the second row of Figure 2.1 you will see evaluative research. In the past few years, it has become more common to hear decision-makers call for product testing before releasing an item to the market. This request is also fairly frequent when the “market” is a large internal organization and releasing an efficiency tool can make a difference in the bottom line. In the table, you will see that “card sort” and “customer feedback” appear for evaluative research as well as preference research. Card sorting⁠¹ can be used for a wide variety of purposes. The feedback you get from customers also ranges from complaints to opinions about how to fix your product. Note that the uses for evaluative research are specific: You can improve existing interaction functionality and the visual design of the screen layout for software, hard goods, or a service. You also can find out which labels,

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¹ See Donna Maurer’s upcoming book Card Sorting, published by Rosenfeld Media. www.rosenfeldmedia.com/books/cardsorting/
nomenclature, and instructions make the most sense to the user.

<table>
<thead>
<tr>
<th>DATA</th>
<th>TECHNIQUE</th>
<th>USES</th>
</tr>
</thead>
<tbody>
<tr>
<td>Preference</td>
<td>Survey</td>
<td>Visual Design</td>
</tr>
<tr>
<td></td>
<td>Focus Group</td>
<td>Branding</td>
</tr>
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<td></td>
<td>Mood Boards</td>
<td>Market Analysis</td>
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<tr>
<td></td>
<td>Preference Interview</td>
<td>Advertising Campaigns</td>
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<td></td>
<td>Card Sort</td>
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<td></td>
<td>Customer Feedback</td>
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<td>Evaluative</td>
<td>Usability Test</td>
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<td>Screen Layout</td>
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<td>Search Analytics</td>
<td>Nomenclature</td>
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<td></td>
<td>Card Sort</td>
<td>Information Architecture</td>
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<td></td>
<td>Customer Feedback</td>
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</tr>
<tr>
<td>Generative</td>
<td>Non-Directed Interview</td>
<td>Navigation &amp; Flow</td>
</tr>
<tr>
<td></td>
<td>Contextual Inquiry</td>
<td>Interaction Design</td>
</tr>
<tr>
<td></td>
<td>Mental Model</td>
<td>Alignment &amp; Gap Analysis</td>
</tr>
<tr>
<td></td>
<td>Ethnography</td>
<td>Contextual Information</td>
</tr>
<tr>
<td></td>
<td>Diary</td>
<td>Contextual Marketing</td>
</tr>
</tbody>
</table>

**FIGURE 2.1.** http://flickr.com/photos/rosenfeldmedia/2159500714
This User Research Types matrix will help you decide which research to use.

Generative research has been around for a long time, though its application to software strategy is more obscure. Generative research explores the mind space of someone doing something. It is research that is conducted before the ideation
phase. It focuses on a higher level than evaluative research, asking the end purpose for every tool used rather than the details of how well a specific tool is applied. Open-ended research methods, such as ethnography, non-directed interviews, and diaries, allow researchers to create a framework based on data from participants. This framework then can be used to guide information architecture, interaction design, and contextual placement of information and products.

For example, you would use generative research to find out how people buy books, which usually doesn’t differ based on age, gender, interests, or preferences. You would use preference research to find out which book a person would buy. However, the act of buying is not that different: Look for the book, make sure it’s the right choice, and then purchase it. Mental models generated with generative data and aligned with proposed information and functionality can deliver an

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2 See the work of Liz Sanders at http://maketools.com
unambiguous picture of how well a solution supports the user through gap analysis.

**Building Products Based on Preference Research is Like Building a Kitchen from a Stack of Magazine Clippings**

Imagine you are an architect talking to a couple who wants a kitchen remodel. They bring you a stack of magazine clippings with photos of kitchens they like. They talk about how they want to cook gourmet meals for friends with fresh produce from the farmer’s market. Your next step is to start drafting blueprints based on all this input, plus the information you already know, such as the efficiency of a work triangle in a kitchen. But imagine if you were not allowed to draw blueprints, and instead you were required to hand over the stack of magazine clippings to the contractor. Assume the contractor has never built a kitchen before, so he has no experience with kitchen functionality and work triangles. Without your skills at interpreting client input into a remodeling plan, the project would stall.

Asking engineers to build a product based on a stack of preferences is just like asking a contractor to build a kitchen based on magazine clippings.

Stepping back to a more general, rather than user/consumer, definition of research, Wikipedia defines three main forms of general research methods:
• Exploratory research, which structures and identifies new problems
• Constructive research, which develops solutions to a problem
• Empirical research, which tests the feasibility of a solution using empirical evidence

In a way, mental models embody both exploratory and constructive research, allowing you to derive solutions to problems from the data set as well as structuring where new problems for the next year might lie.

How Mental Models Hook into Other UX Techniques
If you are who I think you are, you’re familiar with standard user-centered design techniques, such as writing scenarios based on specifically designated personas. You’ve probably seen or used affinity diagrams that show group relationships among things. You may have commissioned or participated in a field study of your users. You possibly have directed “Voice of the Customer” surveys

as a part of a Six Sigma⁴ program at your company. But you’re looking for something to pull these techniques together, to make them reach further.

Mental model research occupies a place in the constellation of techniques after user data collection and before product and interaction design concepts (see Figure 2.2). Its use as a planning roadmap is long-lived. You can refer to the same mental model for several projects over time.

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⁴ A brief explanation of Six Sigma appears on my book site under the Resources section: [www.rosenfeldmedia.com/books/mental-models/content/resources](http://www.rosenfeldmedia.com/books/mental-models/content/resources) For further exploration of many other user research techniques, there is a fabulous matrix of these tools in June Cohen’s book, The Unusually Useful Web Book, page 49.
Mental Models by Indi Young
Rosenfeld Media, 2008; version 1.0

FIGURE 2.2. http://flickr.com/photos/rosenfeldmedia/2125040155
Constellation of some user-centered design steps. (No wonder it seems so hard to figure out where to start!)
Mental models are also useful for things other than design. Sales and customer service can use the data to understand clientele better. MBAs and information designers can re-format the data into workflow and process diagrams. Project managers can use it to prioritize among a set of development options. I encourage you to reach out to these people and introduce them to any mental models that you create.

Within the realm of designing solutions, mental models provide a nexus for all the other tools in your toolbox. You can draw benefits from using mental models to support your personas and scenarios. Mental models along with web analytics and use cases influence your interaction design concepts. Prototypes coming out of these concepts undergo usability testing to touch base with the user.

There are a few additional techniques that could flow directly into or out of a mental model. I’ll sketch these additional techniques
here, and then dive into the main techniques later.

**Input: Diaries**
Diaries are a popular way to gather data in the user’s voice. You could ask participants who are, for example, members of Weight Watchers to write down their daily successes and frustrations with the diet and exercise program they are trying to follow. You can comb through this data for behaviors and create a mental model from this analysis. Diaries do have a tendency to flit from subject to subject, however, without deep examination of a topic. This tendency can leave you with a spotty mental model. But if you have this data, go ahead and mine it for your mental model.

**Input: Field Visits**
Field visits conducted by a professional researcher produce a much deeper understanding, and all topics within a scope are likely to be covered. In this respect, field visit data is better for task analysis than diary content. To create a mental model of the participant’s perspective, however, you
will need to convert third-person notes into first-person behaviors. This translation is not insurmountable, and you will have a solid mental model as a result.

**Output: Personas**

According to Alan Cooper and Robert Reimann in *About Face 2.0: The Essentials of Interaction Design*, personas are user profiles that help the design team and other teams such as sales and marketing get more useful products into the hands of customers. If you review how they instruct you to write a persona, you will know to list experience goals, end goals, and life goals. The mental model focuses on the end goals (the things a person wishes to accomplish) and the life goals (the reasons why a person wishes to accomplish something—the larger picture). You can use this data to adjust your original task-based audience segments and go on to build personas out of each segment with photos, names, and experience goals.

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5 See Chapter 11, “Adjust the Audience Segments.”
Output: Scenarios

A time-honored practice is writing scenarios that describe how a persona accomplishes a goal using a set of tools. Once you have a mental model, you can certainly write scenarios based on the meaningful tasks for your business.

I don’t usually write scenarios, but it doesn’t harm the design process if it is done correctly. Let me explain two things: Why I don’t write them and what is incorrect execution. I don’t write scenarios because I ordinarily work in quick-paced environments. I explore scenarios verbally with my team. To communicate these scenarios to other team members, we could use comics, storyboards, or videos,6 but typically we don’t have time. We go straight to prototypes, working directly and verbally with engineers.

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6 A striking example was shown at MX—Managing Experience through Creative Leadership, San Francisco 2007, by Tim Brown, CEO of IDEO, in the form of a short video (really a series of still images with voice-over) of a futures trader making decisions about pork distribution for an upcoming sunny spring weekend. It was a story about how that trader used various tools, including phone, email, weather reports, and the prototype trading application to diagnose and act upon an opportunity.
What is an incorrect scenario? They are long, written descriptions that contain a lot of unnecessary detail, such as the specific buttons the user hits, every edge case,\textsuperscript{7} or every error condition. Don’t make it read too much like code, yet. Don’t dwell on the facilities being used. Incorrect scenarios might also include non-relevant conditions that do not affect what the person is trying to accomplish, and might be better off as part of a persona description, such as gender or fashion preferences. In a situation where you’re designing a clothing store, of course fashion preferences would affect how a customer behaves. But it’s unlikely to affect how someone decides on a retirement plan.

**Shortcuts and Other Ways to Use Mental Models**

I have mentioned in the first chapter of this book that mental models can be applied to many different situations. Here I want to

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\textsuperscript{7} Wikipedia definition: “An edge case is a problem or situation that occurs only at an extreme (maximum or minimum) operating parameter.”
http://en.wikipedia.org/wiki/Edge_case
point out that mental model research can scale to differently sized problems. Scalable adequacy is defined as “the effectiveness of a[n]...engineering...process when used on differently sized problems...Methods that omit unneeded notations and techniques without destroying overall functionality.” Mental models collect just enough data about users to help you determine where and how to concentrate your efforts. There are several ways to scale the mental model method.

When the Project is Almost/Already Finished
You might be at a late stage of design and development when you pick up this book. Don’t despair; it’s not too late to take advantage of a mental model, or at least a rough draft of one. Say you already have prototypes and usability test results. Say the users just don’t get it. Sketching out a mental model will help you see exactly where your design veered off in a direction different than users. If the departure between your solution

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8 “The Problem with Scalability,” *Communications of the Association for Computing Machinery* (CACM), Sept 2000/Vol.43, No. 9 by Mauri Laitinen, Mohamed E. Fayad, and Robert P. Ward.
and user goals is significant, now is the time to convince someone to spend a little time on research so that the patches to the first version are not a waste of time. Developing something involves a lot of iteration, and if your first try is wide of the mark, subsequent tries will benefit more from a solid understanding.

What if your beta application is faring well and you want to know in which direction to move next? It’s perfect timing to align functionality to a mental model and prioritize the gaps. When your team sees this diagram it will become a lot clearer how user research can help, even at this point.

In both of these instances you and your team can create a rough draft of a mental model in a matter of a day or two. First figure out which of your users you want to cover. Pore over existing user research data and try to extract knowledge using a behavior-and-philosophy-based perspective.\(^9\) Then get in

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\(^9\) Existing user data may come in the form of preference or evaluative research. Try to deduce root causes, if they exist in the reports. (We’ll cover root causes in great detail in Chapter 8.)
a room (virtual or physical) and brainstorm behaviors. From the existing research and your collective experience over the years, your team will be able to produce around 40% to 50% of the behaviors that actual research would create. Remind everyone to spit out descriptions from the user’s point of view. Say, “There were a few people I heard from who did it this way,” instead of, “I would have done it this way.” Leave the personal pronoun “I” checked at the door. Think of real-life behaviors you have encountered, not your own real or hypothetical reactions.

After a few hours of brainstorming, take a break, then try grouping things together. You can create a reasonable draft of a mental model in just a few days. This method is how I did it during the heady dot-com boom at the end of the last century. Be aware, though, that every single mental model I produced with a team this way was missing at least one or more significant mental space. More ominously, only one of the dot-com companies I made a
mental model for is still alive today, and for them I employed the full-blown method with 34 interviews. Thought-provoking.

A draft mental model diagram can be the result of a few days worth of well-disciplined, task-oriented thinking on the part of the team. You can then check assumptions against this draft and even conduct gap analysis.

**When You Have Little Time and Money**

You might have extremely limited time or almost no budget. I have increasingly heard of teams following a three- or six-week “agile” development cycle. How does that leave you time to do proper user research?

Well, if it is going to happen, it has to occur in little chunks. Spend one of your development cycles mapping out the entire set of task-based audience segments you deal with, selecting the highest priority segment, and writing a recruiting screener to find

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10 The company that survived the bust under the guidance of CEO Peter Ostrow is www.testmart.com, selling previously owned, re-calibrated test and measurement equipment.
these people. Hire a recruiter to line up some interview appointments. Then spend another development cycle interviewing four people from one of the audience segments (four is the minimum to start seeing a pattern of repeated behaviors). Analyze the transcripts. At the end of this second cycle, you should have a mental model for that audience segment. At this point, you can do any of three things: You can proceed to another audience segment and interview those people; you can use the mental model you just created to design the solution you’re working on; or you can take a step back and use the mental model to strategize where to focus your development efforts for the next few quarters. In any case, there are ways the process can be broken down to fit into your development cycles.

What if time is even tighter, and spending four weeks analyzing transcripts simply won’t fit into your deadline? If you can, strive to conduct interviews with real people—the benefit of hearing their words is worth the cost of eating up a week or two of the time
before your deadline. Instead of transcribing those interviews, my frequent collaborator Mary Piontkowski suggests capturing rough notes about behaviors in real time as you conduct the interviews, or creating these behaviors right after the interview from the notes you took. Without a transcript you will probably miss half of the behaviors, but the important ones will stand out in your mind and your notes. That will be good enough for a shortcut.

And what if there is no time to conduct interviews? Talking to real people is the most important part of creating the mental model. If your organization already conducts usability tests with some regularity, piggyback short interviews on top of each session. Ask the participant to stay with you for an hour, and spend half the time on the usability test and half of the time conducting a non-leading interview. At least this way you will get a chance to talk to real people.
Those in charge of the development cycle schedules usually see the advantages of an underlying base of research. Work on persuading them to set aside resources for this re-usable, long-lived information.

When You Don’t Have Enough Influence
You might not be able to persuade anyone to follow this method. This is an extremely frustrating position to be in, and I empathize. Don’t give up. You can pull together a rough draft of a mental model by yourself, simply by listing behaviors and grouping them, then laying them out in towers and mental spaces. You will have to work based on your accumulated understanding of customer aims, and you will want to write the behaviors from the customer’s point of view. In the end, you will have a mental model that probably shows 30% to 40% of the mental spaces and towers. Treat the diagram as a rough draft, and use it to persuade others on the team to investigate further.
I have also heard of practitioners “flying under the radar” so to speak. They lay out all the steps to create a mental model, including task-based audience segmentation, interviews, and analysis, but they spread them out over the course of several months. When they have an unscheduled hour or a break from their assigned projects, they conduct an interview or analyze a transcript. In the end, they have a solid mental model to present at design meetings. I have heard this wins the respect of management and clears the way for subsequent user research. Be warned that this approach takes a very dedicated, determined personality, but that might be you!
Six Shortcuts to Mental Models

What you might have already guessed is that the approach I describe in each of the scenarios doesn’t only apply to that scenario. Go ahead and choose any of the shortcuts that seem likely to work best for you.

**Rough Sketch**: Sketch a rough draft yourself

**Rough Draft**: Gather your team and create a mental model based on existing data and your collective understanding

**Rough Notes**: Conduct the interviews, but skip the transcripts and pull behaviors from your notes of the conversation

**Fly Under the Radar**: Conduct interviews and do your analysis as you can, over the course of several months

**30-Day Cycles**: Go ahead and conduct interviews, but focus on just one or two audience segments, narrowing your data set from four to 10 interviews

**Piggyback on Usability Tests**: After each half-hour usability session, tack on a half-hour interview

In the next chapter, I’ll go into whom to include in your work and when to do it.
CHAPTER 3

Who? Mental Model Team Participants

Project Leader 64
Project Practitioners 66
Project Guides 68
Project Support 69
Whom should you include when choosing the members of your team during the mental model process? What kinds of skills do you need? Who will contribute and in what way? There are three basic types of participants: the project leader, the practitioners doing the research and analysis, and the project guides—stakeholders who review the work periodically, ensure it takes into account the details specific to each of their departments, and direct the focus of the project. This chapter outlines the ideal situation and encourages you to reach out to those with whom you might not normally work.

**Project Leader**

A researcher, information architect, interaction designer, or other person familiar with user research and design should lead the project. “Leading the project” means running all the workshops, staying on top of findings and shifting the direction of research accordingly, and actually conducting some of the work. This person should be completely familiar with the reasons for the research and the
methods used. In other words, this person should be able to create and distribute the mental model herself. Think of this person as the one who either got the project approved or was appointed its shepherd by someone else who won the project. This person should also be prepared to lead the applied half of the project—that is, deriving architecture, analyzing gaps, leading project prioritization sessions, and mining the mental model for innovative ideas. There is value in having the same person play both the research and the architect/designer roles.

A product manager or project manager can assist with project tracking, logistics, team management, and political battles. Often, this role is filled by a person different from the project leader. Together, the two can coordinate the participating team members and the concepts generated.

This is a good place to say that the project leader will listen to all members of her team, no matter who they are. There’s a saying, “It’s
hard to fly like an eagle when you surround yourself with turkeys.” I wonder about the notion of ever thinking of your teammates as turkeys. People are smart.¹ There are plenty of books that can help you coax out their skills and give them confidence to do great work. A mental model will fall flat if the team creating it can’t express ideas together and analyze concepts from different perspectives.

**Project Practitioners**

The people who actually conduct the research and create the mental model are responsible for the work of the project. Usually, one of the practitioners is the project leader. Practitioners will segment the audiences by task and create a screener for recruiting. They will draft the interview prompts and conduct the interviews. They will comb through the transcripts in search of behaviors and philosophies, and they will group the items they find by affinity. In short, they do all the work, plus show up at workshops with the project leader and the

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¹ People that you’re likely to be working with are smart, that is.
project guides to pick through all the details of what they’ve completed so far. It’s not the easiest thing in the world.

Project practitioners can come from many different backgrounds. The only requirement that really seems to matter is a detail-oriented personality type. As long as everyone understands the process and can hang in there through the detail work, things will go smoothly. I have worked with people who have backgrounds that range from paralegal work to recreational administration. The method can be successful “even if the team members make a few mistakes along the way, and are not born information architects.”

Your teammates just need to have a strong ability to understand new things, adapt, and think outside the structure they’ve already built in their minds.

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2 Craig Duncan emailing about a recent mental model project he led for the Information Management Unit at the United Nations in Geneva, Switzerland.
Project Guides
A mental model project can have all sorts of intentional or unwitting guides. It is the project leader’s job to hunt for as many different sources as she can. Start with the obvious: Directors and other executives in charge of fulfilling the mission of your organization will be able to tell you the long-term strategy they are following. They can tell you their objectives, predictions, and perceived challenges for the organization. They can talk about places where things went wrong in the past. Moreover, they can talk about the strengths and weaknesses of the internal organizations, and who makes the final decisions.

Reach out to people in customer service, marketing, and sales roles. These people are continuously in touch with users and have absorbed a lot of perspective and understanding during their interactions. Explore the ideas they’ve gathered. Bring in folks from technology. Find out what’s on the horizon that they’re excited about. Ask
them about what initiatives they have faith in or don’t see leading to success. Talk to the leaders of each product line and find out about their plans.

Invite a representative from each of these areas to be a member of your core team. The core team will meet several times during the project to review findings, ask questions, and keep the conceptual scope of the project on track. The more perspectives that participate, even at a light level, the better your understanding of where the mental model fits into all the things the organization is doing. In addition, it can be a great way to create widespread ownership of the design and architecture of your solution.

**Project Support**

There are a few more people to mention, namely the recruiters and the transcribers. Recruiters will find people for you to interview, and transcribers will type out recordings of these interviews, which are almost always conducted by phone. I highly
recommend hiring professional agencies for both of these roles. If you can’t find a good recruiting agency or if the decision was made to ask someone internal to your organization to recruit, you’ll need someone with an outgoing personality who looks forward to interacting with many strangers each day. Many of us in the design industry are not the in-your-face cold-calling personality type.

**Recruiting Makes Me Feel Rejected**

“I have a hard time dealing with rejection in the first place.”

—Deborah Nagai, Sybase

Finding a transcriber internally is more difficult. There may be a fast typist who is eager to help the project, but giving him 10 or 20 hours worth of interview recordings to transcribe is asking too much. It would be better to find 10 or 20 good typists each willing to transcribe one hour. It would be best, however, to just find the money in your budget to hire a professional. Speaking of
budget, how much time and money does a mental model project require? Appendix A (see www.rosenfeldmedia.com/books/mental-models/content/appendix_a), outlines a range of costs, from quick-and-easy to full-blown.

The next six chapters will examine in depth how to create a mental model.
Define Task-Based Audience Segments

Task-Based Audience Segments 74
Set Research Scope 103
Before you begin any kind of research, you need to decide whom to study. In traditional usability research and marketing studies, this has been determined by demographic or psychographic segmentation. Additionally, personality types like VALS\(^1\) or Myers-Briggs\(^2\) have made up the criteria by which research participants were chosen. While personality types do touch upon behavior,\(^3\) generative research for building mental models requires that you select from groups of people who want to get different things done. Because you will want to tailor your end solutions to fit each audience exactly, grouping audiences by differences in behavior is important. You want to end up with solutions that match actions and philosophies closely rather than with one

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1. VALS Personality traits that drive consumer behavior (formerly “Values and Lifestyle”), developed by SRI; [www.sric-bi.com/VALS/](http://www.sric-bi.com/VALS/)
2. Myers-Briggs psychological types describing information consumption, decision making, energy, and closure; [www.myersbriggs.org](http://www.myersbriggs.org)
3. In 2001 Horacio D. Rozanski, Gerry Bollman, and Martin Lipman published an article in the *Strategy + Business* online magazine called “Seize the Occasion: Usage-Based Segmentation for Internet Marketers.” The article urged researchers beyond demographics, but fell short of task-based audience segments, by using seven segments defined by internet behavior, such as session length, time per page, category concentration, and site familiarity. [www.tinyurl.com/2c9cug/](http://www.tinyurl.com/2c9cug/)
solution that fits several audiences loosely. Figure out what people want to accomplish, look for differences, and group accordingly. These are task-based audience segments.

Task-Based Audience Segments

Task-based audience segments are, quite simply, groups of people who do similar things. Task-based audience segments aren’t about people who tend to select the same product—as in traditional marketing segments. Traditional marketing audience segments emphasize consumer tendencies because they were created to communicate a custom message to potential customers. People who have a similar outgoing personality or share an interest in wine tasting may buy the same magazine, but when it comes to handling their email inbox, they might act differently. You probably have been trained to think that “teens” and “senior citizens” fall into two separate groups; however, when it comes to writing movie reviews, for example, they both may do the same thing. The teenage boy might email
a movie review to all his friends. The 70-year-old woman might write film reviews for a local newspaper. For mental model research, these two belong to the same group.

You will need to drop the standard market aggregates. Instead, pay attention to the main ways in which people behave differently when engaged in what your product will solve. When you conduct research interviews, you will want to be sure that you elicit as many tasks, philosophies, and behaviors as possible, so that you can create a diagram that covers as much breadth as possible. If by chance you interview a teenager and a senior citizen, and you focus on the fact that they both write movie reviews and behave similarly with respect to seeing movies, you might not hear about the social moviegoer for whom movies represent more of a chance to see friends than a serious study of the film.

To avoid the traditional market segments trap, possibly creating a group wherein people do things differently or possibly missing a
group entirely, I begin each project with a task-based audience segmentation exercise. The exercise has three steps:

1. **List Distinguishing Behaviors.** Sketch out all the ways many types of individuals might behave differently.

2. **Group the Behaviors.** Study these behaviors and put them into groups.

3. **Name the Groups.** Assign provisional labels to the groups.

There are simple cases and very complex cases. On the simple end of the spectrum, you might see groups like “engineer,” “production director,” or “sales rep.” It’s easy to see the difference in the roles these segments play. However, when you stray into more cultural or restricted scopes of research, such as “sending greeting cards” or “managing household telephone, internet, and cable services,” it’s harder to illuminate these differences. Because you can already recognize and create the easy groups, I will focus on the latter, more difficult scenarios.
<table>
<thead>
<tr>
<th>Find a parking space</th>
<th>Write part of a screenplay</th>
</tr>
</thead>
<tbody>
<tr>
<td>Run through the parking lot because I'm late</td>
<td>Act out a movie with friends</td>
</tr>
<tr>
<td>Boo and hiss at the villan</td>
<td>Act in character; make up my own adventures</td>
</tr>
<tr>
<td>Applaud the hero</td>
<td>Make my own costume</td>
</tr>
<tr>
<td>Scream at the scary parts</td>
<td>Buy a costume</td>
</tr>
<tr>
<td>Make out with my date</td>
<td>Become a favorite character for Halloween</td>
</tr>
<tr>
<td>Drive to the theater</td>
<td>Talk to my friends about my favorite characters</td>
</tr>
<tr>
<td>Take public transit to the theater</td>
<td>Talk to friends about my favorite actor/actress</td>
</tr>
<tr>
<td>Walk to the theater</td>
<td>Talk to my friends about my favorite director</td>
</tr>
<tr>
<td>Blink eyes to adjust to daylight upon exiting</td>
<td>Put up posters of my favorite movies</td>
</tr>
<tr>
<td>Watch all the credits</td>
<td>Collect posters of my favorite movies</td>
</tr>
<tr>
<td>Leave before the credits roll</td>
<td>Put up posters of my favorite actor/actress</td>
</tr>
<tr>
<td>Leave a film I don't like before the end</td>
<td>Collect fan memorabilia</td>
</tr>
<tr>
<td>Hide my eyes at the scary parts</td>
<td>Buy and make a model from a movie</td>
</tr>
<tr>
<td>Lift my feet from the floor at the scary parts</td>
<td>Collect models from movies (like Godzilla)</td>
</tr>
<tr>
<td>Clutch my friend's arm at the scary parts</td>
<td>Search for rare movie memorabilia</td>
</tr>
<tr>
<td>Tell my friend the ending I have guessed</td>
<td>Bid on rare movie memorabilia</td>
</tr>
<tr>
<td>Go back for a refill on popcorn or soda</td>
<td>Attend movie/genre conferences (like Star Trek)</td>
</tr>
<tr>
<td>Spill soda/popcorn</td>
<td>Speak lines along with actors during movie</td>
</tr>
<tr>
<td>Leave container/wrapper on the floor</td>
<td>Sing songs from the movie</td>
</tr>
<tr>
<td>Put wrapper in the garbage on my way out</td>
<td>Get the movie soundtrack</td>
</tr>
<tr>
<td>Dream of meeting the leading man/lady</td>
<td>Buy other music from the composer</td>
</tr>
<tr>
<td>Buy action figures</td>
<td>Pick movie based on the composer</td>
</tr>
<tr>
<td>Buy the DVD/video when it comes out</td>
<td>Collect props from movies</td>
</tr>
<tr>
<td>Buy the t-shirt</td>
<td>Watch &quot;the making of...&quot;</td>
</tr>
<tr>
<td>Buy clothes like the characters wore</td>
<td>Watch actor interviews</td>
</tr>
<tr>
<td>Dress up in costume like the characters</td>
<td>Tune in when actors are interviewed on TV</td>
</tr>
<tr>
<td>Write a movie review</td>
<td>Watch director interviews</td>
</tr>
<tr>
<td>Tell my friends about the movie</td>
<td>Watch composer interviews</td>
</tr>
<tr>
<td>Read the book first</td>
<td>Make my own props</td>
</tr>
<tr>
<td>Read the book afterwards</td>
<td>Buy reproductions of movie props</td>
</tr>
<tr>
<td>Complain how the movie veered from book</td>
<td>Create a home theater</td>
</tr>
<tr>
<td>Complain about the violence/sex</td>
<td>Buy a surround sound system</td>
</tr>
<tr>
<td>Complain about the violence/sex</td>
<td>Buy a DVD Player/VCR</td>
</tr>
<tr>
<td>Buy products placed in the movie</td>
<td>Buy a better TV</td>
</tr>
<tr>
<td>Recite lines from a movie</td>
<td>Buy a projector and a screen</td>
</tr>
<tr>
<td>Pretend I'm the hero/villan</td>
<td>Rearrange furniture for best viewing</td>
</tr>
<tr>
<td>Pretend I'm the leading lady/man</td>
<td>Close curtains/dim lights</td>
</tr>
<tr>
<td>Learn a skill I saw in a movie</td>
<td>Collect cards based on the movie (Pokemon?)</td>
</tr>
</tbody>
</table>

**FIGURE 4.1.** [http://flickr.com/photos/rosenfeldmedia/2125040095](http://flickr.com/photos/rosenfeldmedia/2125040095)

Brainstorm the different things people do before, while, and after seeing a movie.

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Chapter 4

Define Task-Based Audience Segments
Step 1: List Distinguishing Tasks
The first step is fairly simple. Thinking about our moviegoers, fill a document or a whiteboard with things people do when they go to the movies. At first, start with anything, like “buy tickets.” It turns out that practically everyone buys tickets, so this particular action later gets tagged as “universal to all segments” and ignored. But it is a good task to get you going. List the activities using a verb-noun format. Make sure you think of tasks outside your own personal experience.\(^4\) Keep brainstorming\(^5\) new ideas until you have 150 or 200 of them (see Figure 4.1). This step takes an hour or two.

While generating this list, your team will hit lulls when you’re sure you can’t possibly think of anything else. If a lull lasts for more than a few minutes, point to an existing item

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\(^4\) In fact, I recommend not using the personal pronoun “I” at all. Try to think of other people you know who go to movies and mention what you know about their behavior. “Katie chooses a movie by going to her favorite theater and seeing what’s playing next.” Then convert the task to the personal pronoun for the list.

\(^5\) June Cohen includes a good presentation of how to run a brainstorming session in her book *The Unusually Useful Web Book*, page 326.
and ask, “Is there more to it? What is at the root of this? Why are they doing it?” Usually another burst of ideas will occur.

Of course you can’t be assured you’ll think of absolutely everything a person does, but remember this exercise is only deciding whom to inter-view. The interview data itself will give you a more complete account of tasks and philosophies, and you can adjust these audience segments later.

At the end of this step, run through your list of tasks, and group duplicate and similar tasks. In the example shown in Figure 4.2, I grouped similar tasks and proceeded to work with only the tasks in bold. This step makes the list easier to handle, reducing it to about 75 items.
<table>
<thead>
<tr>
<th>Watch all the credits</th>
<th>Go to movies alone</th>
</tr>
</thead>
<tbody>
<tr>
<td>Watch all the credits</td>
<td>Go to movies alone</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Leave before the credits roll</th>
<th>Dissect a film with friends</th>
</tr>
</thead>
<tbody>
<tr>
<td>Leave before the credits roll</td>
<td>Complain how movie veered from book</td>
</tr>
<tr>
<td></td>
<td>Exclaim how movie was adapted from book</td>
</tr>
<tr>
<td>Leave a film I don’t like before the end</td>
<td>Complain about the violence/sex</td>
</tr>
<tr>
<td>Leave a film I don’t like before the end</td>
<td>Discuss movie with friends</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Leave mess for janitors</th>
<th>Tell everyone to see a film I enjoyed</th>
</tr>
</thead>
<tbody>
<tr>
<td>Spill soda/popcorn</td>
<td>Tell my friends about the movie</td>
</tr>
<tr>
<td>Leave container/wrapper on the floor</td>
<td>Share enthusiasm about movies</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Throw away own garbage</th>
<th>Talk to my friends about my favorite characters</th>
</tr>
</thead>
<tbody>
<tr>
<td>Put wrapper in the garbage on my way out</td>
<td>Talk to friends about my favorite actor/actress</td>
</tr>
<tr>
<td></td>
<td>Talk to my friends about my favorite director</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Blink eyes to adjust daylight upon exiting</th>
<th>Write a movie review</th>
</tr>
</thead>
<tbody>
<tr>
<td>Blink eyes to adjust to daylight upon exiting</td>
<td>Write a movie review</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>See movies on opening night</th>
<th>Go out with friends after a movie for food</th>
</tr>
</thead>
<tbody>
<tr>
<td>See most movies on opening night</td>
<td>Go out with friends after a movie for food</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Go to a film festival</th>
<th>Listen to the soundtrack and related music</th>
</tr>
</thead>
<tbody>
<tr>
<td>Study the festival schedule</td>
<td>Get the movie soundtrack</td>
</tr>
<tr>
<td>Study the festival schedule with a friend</td>
<td>Buy other music from the composer</td>
</tr>
<tr>
<td>Choose schedule of films to watch at festival</td>
<td></td>
</tr>
<tr>
<td>Attend a film festival</td>
<td>Read the book</td>
</tr>
<tr>
<td></td>
<td>Read the book first</td>
</tr>
<tr>
<td></td>
<td>Read the book afterwards</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Watch movie multiple times in theater</th>
<th>Watch programs about the movies</th>
</tr>
</thead>
<tbody>
<tr>
<td>Watch movie multiple times in theater</td>
<td>Watch programs about the movies</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Decide where/when to see a movie</th>
<th>Watch &quot;the making of...&quot;</th>
</tr>
</thead>
<tbody>
<tr>
<td>Find out playing schedules</td>
<td>Watch actor interviews</td>
</tr>
<tr>
<td>Pick a theater nearby</td>
<td>Tune in when actors are interviewed on TV</td>
</tr>
<tr>
<td>Check friends’ schedules</td>
<td>Watch director interviews</td>
</tr>
<tr>
<td></td>
<td>Watch composer interviews</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Go to movie with friends</th>
<th>Recite/sing from the movie</th>
</tr>
</thead>
<tbody>
<tr>
<td>Meet friends at the theater</td>
<td>Recite lines from a movie</td>
</tr>
<tr>
<td>Go to movies with co-workers</td>
<td>Sing songs from the movie</td>
</tr>
</tbody>
</table>

**FIGURE 4.2.** [http://flickr.com/photos/rosenfeldmedia/2125815666](http://flickr.com/photos/rosenfeldmedia/2125815666)
Eliminate or group duplicate and similar tasks.
Step 2: Group the Tasks

The second step is to group these items where there is behavior affinity. In other words, think about the people who do these things and group them into types, such as “people who study films” and “people who go to movies to be with friends.” It is important not to group by verb affinity (such as “choose a movie” or “go to the theater”), since that comes later when you build the mental model. At this point you want to identify actors, not actions.
How to Segment Complicated Audiences

In audiences that are difficult to segment, such as “people looking for a date,” it’s easy to get confused. It would be a mistake to make audience segments like “Advertisers of Single Status,” “Date Arrangers,” and “Date Analyzers,” because one person could do all of these things. Those are actually mental spaces: “Let People Know That I’m Available,” “Arrange for a Date,” and “Analyze My Date Afterwards with Friend.” What you should focus on is the differentiating behavior of people, such as “people who are outgoing and feel confident that love is possible” or “people who feel shy or unlovable.” The tasks that differentiate these groups are things like “go up and ask someone for a date” versus “daydream about a person I like.” A task like “decide which restaurant to eat at” might apply to both groups, so it’s universal and you can ignore it. Focus on the distinguishing tasks.

To make sure that you aren’t missing a particular audience segment, my colleague Mary Piontkowski suggests you may want to list some probable mental spaces and cross check them with your groups.

This second step, grouping the tasks into behavioral affinity groups, gets a little more complex. If you’re lucky or gifted or have
easy-to-see differentiated task groups, you can do this with one pass through the tasks. For one client who was studying the dating world, we were lucky. There were obvious differences between the segment “who felt love was everywhere” and the segment “who had difficulty finding love.” The former did a lot of connecting, and the latter did a lot of worrying and discussing.

Usually it’s not that easy. I often take two passes—one pass during which I sketch out some potential performers of each task, and another pass during which I see how the tasks and performers fall into groups. For the moviegoers, I started going down the list of tasks and writing down the name of a performer who might do this task. Several would occur to me for each task. Soon, the same performers were suggesting themselves for subsequent tasks. I made a matrix like that shown in Figure 4.3, where I listed the tasks down the left and the performers across the top, then I put an “x” in each cell that applied. For “Choose film based on
actor/actress” I listed “Actor/Actress Fan,” “Director/Composer Fan” because it’s similar, “Submerse in Another World” for the people who wanted to pretend they were on screen with the actress, and “Serious Collector” for someone who wants to own every Ridley Scott movie. Yes, the names of these performers can be pretty subjective and judgmental, but that’s okay for now. These are not the names of our audience segments, yet.
<table>
<thead>
<tr>
<th>Child with Parent</th>
<th>Youth with Friends</th>
<th>Submersion in Another World</th>
<th>Movie Snob</th>
<th>Technical Moviegoer</th>
<th>Genre Fan</th>
<th>Director/Composer Fan</th>
<th>Actor/Actress Fan</th>
<th>Dating</th>
<th>Group Entertainment Organizer</th>
</tr>
</thead>
<tbody>
<tr>
<td>Choose film based on actor/actress</td>
<td>x</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Go to movies alone</td>
<td></td>
<td></td>
<td>x</td>
<td></td>
<td></td>
<td>x</td>
<td>x</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Dissect a film with friends</td>
<td>x</td>
<td>x</td>
<td>x</td>
<td>x</td>
<td>x</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Tell everyone to see a film I enjoyed</td>
<td>x</td>
<td>x</td>
<td></td>
<td>x</td>
<td>x</td>
<td></td>
<td>x</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Share enthusiasm about movies</td>
<td>x</td>
<td>x</td>
<td>x</td>
<td></td>
<td>x</td>
<td>x</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Write a movie review</td>
<td>x</td>
<td>x</td>
<td>x</td>
<td></td>
<td></td>
<td>x</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Go out with friends after a movie for food</td>
<td>x</td>
<td>x</td>
<td></td>
<td></td>
<td></td>
<td>x</td>
<td></td>
<td>x</td>
<td></td>
</tr>
<tr>
<td>Listen to the soundtrack and related music</td>
<td>x</td>
<td>x</td>
<td>x</td>
<td>x</td>
<td>x</td>
<td>x</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Read the book</td>
<td>x</td>
<td>x</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Watch programs about the movies</td>
<td>x</td>
<td>x</td>
<td>x</td>
<td></td>
<td>x</td>
<td></td>
<td>x</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Recite/sing from the movie</td>
<td>x</td>
<td>x</td>
<td></td>
<td>x</td>
<td></td>
<td>x</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Make preparations to re-enact the movie</td>
<td>x</td>
<td>x</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Re-enact the movie</td>
<td>x</td>
<td>x</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Act like the characters in play</td>
<td>x</td>
<td>x</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Act like the characters in normal life</td>
<td>x</td>
<td>x</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Wear a costume to a film event</td>
<td>x</td>
<td>x</td>
<td>x</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Wear a costume to an unrelated event</td>
<td>x</td>
<td>x</td>
<td>x</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Dream of being the character in the movie</td>
<td>x</td>
<td>x</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Attend movie/genre conference</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Create my own movie</td>
<td>x</td>
<td>x</td>
<td>x</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Collect memorabilia</td>
<td>x</td>
<td>x</td>
<td>x</td>
<td>x</td>
<td>x</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Collect actual props and wardrobe</td>
<td>x</td>
<td>x</td>
<td>x</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Put together a model from a movie</td>
<td>x</td>
<td>x</td>
<td>x</td>
<td></td>
<td></td>
<td>x</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Trade memorabilia with friends</td>
<td>x</td>
<td>x</td>
<td>x</td>
<td>x</td>
<td>x</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Put up posters</td>
<td>x</td>
<td>x</td>
<td>x</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

**FIGURE 4.3.** http://flickr.com/photos/rosenfeldmedia/2125815438
Draft some performers for each task.
Next is an exercise in pattern-matching. I ignore the text in the left column and look at the patterns of x’s in the matrix. Which horizontal rows have similar patterns? “Dissect a film with friends” has x’s from the third column through the seventh column, three x’s at the ninth column. If you look down the list, you see “Write a movie review” also has this pattern, although without the x’s in the ninth column. Group these two rows together for now, in a separate place on the spreadsheet. Next, look at the similarity between “Put together a model from a movie” and “Trade memorabilia with friends.” Both rows have the same pattern of x’s. Group these two rows together farther down on the spreadsheet, separate from the two you’ve already grouped there, since the patterns of x’s are different from one another. Keep looking for patterns. You needn’t be exact. (Note that if you have rows with x’s almost all the way across, then delete them. These rows represent universal tasks and, thus, can be ignored. You are interested in distinctive
tasks—those tasks that may separate one set of people from another.) In Figure 4.4, you can see that I used a colored background under the x’s to show the larger pattern. This will help you more easily see the patterns so you can move one row to be with another similar row.

You can see that the patterns are not exact—there are outlying x’s. But there are different green chunks that each row has, and there are differences among the sets of these green chunks.

Review these sets and convince yourself that the tasks assigned to each group really do make sense together. Most likely you will want to move a row or two to be with another set, and it is always gratifying to see how the x’s align better with the new set.
<table>
<thead>
<tr>
<th>Mental Models by Indi Young</th>
</tr>
</thead>
<tbody>
<tr>
<td>Rosenfeld Media, 2008; version 1.0</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th></th>
<th>Child with Parent</th>
<th>Youth with Friends</th>
<th>Submerge in Another World</th>
<th>Movie Snob</th>
<th>Technical Moviegoer</th>
<th>Genre Fan</th>
<th>Director/Composer Fan</th>
<th>Actor/Actress Fan</th>
<th>Dating</th>
<th>Group Entertainment Organizer</th>
</tr>
</thead>
<tbody>
<tr>
<td>Put together a model from a movie</td>
<td>X</td>
<td>X</td>
<td>X</td>
<td></td>
<td>X</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Trade memorabilia with friends</td>
<td>X</td>
<td>X</td>
<td>X</td>
<td></td>
<td>X</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Put up posters</td>
<td>X</td>
<td>X</td>
<td>X</td>
<td></td>
<td>X</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Collect memorabilia</td>
<td>X</td>
<td>X</td>
<td>X</td>
<td></td>
<td>X</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Watch the movie multiple times in the theater</td>
<td>X</td>
<td>X</td>
<td>X</td>
<td></td>
<td>X</td>
<td></td>
<td>X</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Surmount difficulty to get to seat</td>
<td>X</td>
<td>X</td>
<td>X</td>
<td></td>
<td>X</td>
<td></td>
<td>X</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Sneak in to theater</td>
<td>X</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Choose seat for immersion</td>
<td>X</td>
<td>X</td>
<td>X</td>
<td></td>
<td>X</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Choose film based on actor/actress</td>
<td>X</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Go to movies alone</td>
<td>X</td>
<td>X</td>
<td>X</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Throw away own garbage</td>
<td>X</td>
<td>X</td>
<td>X</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Leave a film I don't like before the end</td>
<td>X</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>React soundlessly</td>
<td>X</td>
<td>X</td>
<td>X</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Choose seat for privacy</td>
<td>X</td>
<td>X</td>
<td>X</td>
<td></td>
<td>X</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Skip/Postpone movies I might not like</td>
<td>X</td>
<td>X</td>
<td>X</td>
<td></td>
<td>X</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Create a home theater</td>
<td></td>
<td>X</td>
<td>X</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Collect editions of films</td>
<td></td>
<td>X</td>
<td>X</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Watch programs about the movies</td>
<td></td>
<td>X</td>
<td>X</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Buy the movie for repeat viewing</td>
<td></td>
<td>X</td>
<td>X</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Dissect a film with friends</td>
<td></td>
<td>X</td>
<td>X</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Write a movie review</td>
<td></td>
<td>X</td>
<td>X</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Watch all the credits</td>
<td></td>
<td>X</td>
<td>X</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Avoid leaving in middle of film</td>
<td></td>
<td>X</td>
<td>X</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

**FIGURE 4.4.** [http://flickr.com/photos/rosenfeldmedia/2125815264](http://flickr.com/photos/rosenfeldmedia/2125815264)

Rows of x’s with similar patterns where I’ve grouped them farther down the spreadsheet.
Step 3: Name the Groups
In the final step, you simply name the different sets of green chunks. Then you copy the tasks and performer names to a separate page, and the team sets about brainstorming a name. The rightmost column in Figure 4.5 shows a list of names we brainstormed for the moviegoer sets. The first two columns list the tasks and performers as reminders to help come up with names. After you have a satisfying list of potential segment names, you can vote on the best name. The winning names are listed at the top of each group in the horizontal light green heading.
<table>
<thead>
<tr>
<th>Primary Tasks</th>
<th>Performers</th>
<th>Brainstorm Audience Segment Name</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Social Movie Goer</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>React out loud to the movie</td>
<td>Child with Parent</td>
<td>Entertainment Enthusiast</td>
</tr>
<tr>
<td>Participate in movie</td>
<td>Child with Friends</td>
<td>Social Climber</td>
</tr>
<tr>
<td>Tell everyone to see film I enjoyed</td>
<td>Submerge in Another World</td>
<td>Raging Hormones</td>
</tr>
<tr>
<td>Share enthusiasm about movies</td>
<td>Genre Fan</td>
<td>Social Movie-Goer</td>
</tr>
<tr>
<td>Go out after movie for food</td>
<td>Actor/Actress Fan</td>
<td>Just Entertain Me</td>
</tr>
<tr>
<td>Go to movie with friends</td>
<td>Dating</td>
<td>Blockbuster Fan</td>
</tr>
<tr>
<td>Leave mess for janitors</td>
<td>Group Entertainment Organizer</td>
<td>Experience Immersion</td>
</tr>
<tr>
<td>Indulge in refreshments</td>
<td>Gain Social Acceptance</td>
<td>Audience Immersion Fan</td>
</tr>
<tr>
<td></td>
<td>Indulging Urges</td>
<td>Group Experience</td>
</tr>
<tr>
<td><strong>Movie Buff</strong></td>
<td></td>
<td>Pop Culture Fan</td>
</tr>
<tr>
<td>Get to theater on time</td>
<td>Submerge in Another World</td>
<td></td>
</tr>
<tr>
<td>Buy tickets ahead of time</td>
<td>Movie Snob</td>
<td>Serious Movie Buff</td>
</tr>
<tr>
<td>Make sacrifice to get tickets</td>
<td>Technical Moviegoer</td>
<td>Methodical</td>
</tr>
<tr>
<td>Stand in line for the movie</td>
<td>Genre Fan</td>
<td>Selective</td>
</tr>
<tr>
<td>Make sacrifice to get good seats</td>
<td>Director/Composer Fan</td>
<td>Film Aficionado</td>
</tr>
<tr>
<td>Watch movie at home</td>
<td>Friend Bringing Friend</td>
<td>Movie Expert</td>
</tr>
<tr>
<td>Choose film based on genre</td>
<td>Dating</td>
<td>An Authority</td>
</tr>
<tr>
<td>See movies on opening night</td>
<td>Group Entertainment Organizer</td>
<td>Watches Everything</td>
</tr>
<tr>
<td>Go to a film festival</td>
<td>Gain Social Acceptance</td>
<td>Knowledgeable</td>
</tr>
<tr>
<td>Cut school/work to see a movie</td>
<td>Serious Collector</td>
<td>Movie Fan</td>
</tr>
<tr>
<td></td>
<td>Book Reader</td>
<td></td>
</tr>
<tr>
<td><strong>Big Fan</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Put together a model from a movie</td>
<td>Child with Parent</td>
<td>Fan Club</td>
</tr>
<tr>
<td>Trade memorabilia with friends</td>
<td>Child with Friends</td>
<td>Focused on One Thing</td>
</tr>
<tr>
<td>Put up posters</td>
<td>Submerge in Another World</td>
<td>Genre Aficionado</td>
</tr>
<tr>
<td>Collect memorabilia</td>
<td>Technical Moviegoer</td>
<td>Fan of the Director</td>
</tr>
<tr>
<td>Watch movie multiple times</td>
<td>Actor/Actress Fan</td>
<td>Celebrity Spotter</td>
</tr>
<tr>
<td>Surmount difficulty to get to seat</td>
<td>Serious Collector</td>
<td>Rub Shoulders w/Famous</td>
</tr>
<tr>
<td>Sneak in to theater</td>
<td></td>
<td>Belong to the Clique</td>
</tr>
<tr>
<td>Choose film based on actor/actress</td>
<td></td>
<td>Elitist</td>
</tr>
<tr>
<td>Choose seat for immersion</td>
<td></td>
<td>Technical Buff</td>
</tr>
</tbody>
</table>

**FIGURE 4.5.** [http://flickr.com/photos/rosenfeldmedia/2125039157](http://flickr.com/photos/rosenfeldmedia/2125039157)  
Brainstorm a likely name for the set, based on its tasks and performers.
Often I will test these names by describing them to people and asking if they can tell me to which segment they belong. This is not necessary if your segments are pretty well understood, such as “Truck Driver,” “Mechanic,” and “Dispatcher.” For example, with the matchmaking company, we ended up with audience segments “Get on the Love Train” and “Trying Too Hard,” plus two others called “See What Happens” and “Think It Through.” It was pretty easy for people to figure out where they belonged. But the moviegoer segments were unusual. Indeed, when I asked people which group they thought they fell into, several were perplexed as to the differences among the Movie Buff, the Big Fan, and the Film Purist. Also the Social Moviegoer label felt too restrictive to people. This red flag made me take a second look at the segments.

First, here are the descriptions that I told various people, leaving out the universal things like “choose a comfortable seat,” “prefer clean theaters,” or “buy tickets.”
• **Social Moviegoer.** This person enjoys films more for the pleasure of being with friends than anything. She will pick (or agree to) whichever film appeals to everyone. She usually goes to a theater she knows that has easy parking, no crowds, no waiting, and no lines for tickets. She will interact with her friends during the movie with eye contact or comments. She is likely to react aloud to certain scenes. She will spend a few hours with her friends right before or after the movie, and usually dinner or a café is involved. After the movie, she likes to talk about the films with friends to find out what interests they have in common, what she did and didn’t like about the movie, and explore suggestions about how the film could have been different.

• **Movie Buff.** This person enjoys all sorts of films, all sorts of styles, all sorts of actors and directors. The art of the storytelling is what interests her. She wants to see the craft and quality of the film for its aesthetic sake. This person studies the film. She may have
taken formal classes about filmmaking and most likely tracks what is being developed, release dates, critics’ reviews, and box office success. She may be interested in non-commercial, movie-related art. She is likely to see films on opening night because the print is fresh. She will be on the lookout for inside jokes. She likes to watch her companions’ reactions during the film. She will choose the appropriate theater for the film: big crowds and group experience for blockbusters or horror films, small theaters for drama, or new theaters for films with extravagant special effects. She will buy advance tickets if she expects a crowd. She may take a friend to the movie (second time for her), so he can enjoy it. She will go to film festivals. She may write film reviews for friends. She may screen films for friends or start writing a screenplay of her own.

• **Big Fan.** This person is really excited about a particular film genre/actor/director. She will track the release date. She will read the book
to prepare herself for the experience. She will make a sacrifice to get tickets and a good seat. She is likely to see films on opening night because the crowd is more energetic. When watching the film, she wants total audio/visual immersion. She likes to watch her companions’ reactions during the film. She is likely to see the film multiple times while it is playing in theaters. She will go to film festivals. Afterwards, she is likely to quote from the movie, sing songs from the movie, and listen to the soundtrack. She will buy memorabilia of the film, such as posters, action figures, or props, and she may trade these items with other fans. She will buy a copy of the film for repeat viewing. She may write film reviews for friends.

• **Film Purist.** This person carefully chooses films that will enhance her life. She may choose a film because it will educate her, show her a different perspective, or explore unfamiliar cultures; it will depict far-away places, or certain emotions, for example. She
is after an intellectual, emotional, or perception-changing experience, and usually this is not mainstream films. She may look up additional information at home afterwards. She will choose high-quality films, either in terms of the directing, the acting, the score, the cinematography, the choreography, and so forth. She might instead just go to a theater she trusts and attend the film that is playing soonest. She is interested in what the director has to say and the reason he created the film, and she will sit and respectfully observe the artists’ work. She wants to get the full experience the director wanted the audience to have. She avoids crowds. She prefers to see a film without distraction from others and will not react aloud in the theater, but will cry, etc. She will try to let the information/feeling linger. This person is likely to see films alone.

• Make-Believe Artist. This person not only wants to suspend disbelief, but wants to be a part of the world illustrated in the movie. She is more likely to wear a costume like those
worn in the movie, or speak and behave like her favorite character(s). Back home, she may re-enact scenes from the film or pull elements from that world into her own. She may read the book to experience the film’s world in more depth. She is likely to choose films with familiar characters. (Imagine this person as a six-year old dressing like a Disney princess, or a Trekkie dressing as a Klingon.)

- **Enabler.** This person is going to the movie purely to make someone else happy. Perhaps she is taking a dependent who has chosen the film, or perhaps she is there to make someone else happy or to avoid friction. Perhaps she is there to make an impression on another person. This person is likely to leave the theater at the end of the film, before the credits roll, as well as leave temporarily during the film to use the restroom or get refreshments. Most likely this person is more focused on the other(s) she is with than on the film itself. (Imagine anyone from a mother with her young kids to a guy with a date.)
Of the descriptions above, people could not always figure out where they landed. True, sometimes people move between roles, but usually they would be able to identify primarily with one audience segment. For example, Carolyn is the mother of three children and has in-laws living with her. She often takes her children to the movies. Her mother-in-law enjoys romances, so Carolyn takes her to those films as well. She buys a lot of DVDs for the kids at home. She watches movies at home that her husband picks about three times a month. So far, Carolyn is an Enabler. However, she escapes to the theater with her female friends about once a year. The movie they choose doesn’t really matter. This part of her behavior makes her a Social Moviegoer.
How to Tell if Existing Segments Need Adjusting

There are at least two tests to determine if your audience segments are close-to-right.

Describe the segments to someone and ask them which group they fall into. Do this six or seven times, after which you’ll be able to tell whether your groups are appropriate.

Check to see if you’ve mistakenly named the groups after actions rather than performers. If your names are closer to “Chopper,” “Stirrer,” and “Plate Arranger” for people who work in a commercial kitchen, you might want to re-assess. In this case, the traditional difference between the things a chef de cuisine must accomplish versus what a sous chef or a pastry chef does is probably closer to what you want. The latter two chop and stir and cook, but the chef de cuisine has the responsibility for day-to-day operations in the kitchen, including calling out orders to the sous chef, the pastry chef, and anyone who is a chef of the line so that they can put out the food on time.*

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* Thanks to Ryan Freitas for a peek into the “back of the house,” meaning the kitchen side of a restaurant. See his writing at www.secondverse.wordpress.com

So I started looking at the root tasks for our descriptions and realized something. There are three core attributes that define differences in people’s behavior with respect to movies:
their interest in the *story*, their appreciation of the *craft* of moviemaking, and what kind of *companionship* they choose when seeing movies. Each of these three attributes is represented by a continuum of intensity, from low to high. Of the three, a person’s position on the continuum of Story tends to vary depending on the film, but the others remain somewhat constant. All seem to shift with maturity, though.

I came up with the following drawings, using a lot of the material I had already gleaned from the brainstorming exercise with my team (Figures 4.6 through 4.8). It turned out that three of my original segments emphasized Story, one of them was an instance of Craft, and two focused on Companionship. I have added six additional descriptions where there were gaps in the continuum for each.

Given these three scales, my informal tests proved people could more easily pinpoint where they would position themselves. What remained was choosing which combinations we were interested in for our research.
Mental Models by Indi Young
Rosenfeld Media, 2008; version 1.0

This person chooses the film that is most likely to entertain her from a given set of films. Most likely the fact she is going to see a movie is pre-determined, and she merely selects from the stories available.

This person has probably heard of the film, decided a while ago to see it, looks forward to the experience, and feels pleased with her choice. The film successfully entertains her. She may talk about the film with friends afterwards to compare notes about the story and characters.

(Film Purist) This person carefully chooses films that will educate her, show her a different perspective, explore unfamiliar cultures, show far-away places, certain emotions, etc. She is after an intellectual or perception-changing experience, and usually this is not mainstream films. She may look up additional information at home afterwards. She wants to get the full experience the director wanted the audience to have. She avoids crowds. She will not react out loud in the theater. She will try to let the feeling linger.

(Big Fan) This person will make a sacrifice to get tickets and a good seat. She is likely to see films on opening night because the crowd is more energetic. When watching the film, she wants total audio/visual immersion. She feels a strong connection to the story. Afterwards, she is likely to quote from the movie, sing songs from the movie, and listen to the soundtrack. She will buy memorabilia of the film, such as posters, action figures, and props. She will buy a copy of the film for repeat viewing.

(Make Believe Artist) Wants to be a part of the world illustrated in the movie. She is likely to wear a costume like those worn in the movie, or speak and behave like her favorite character(s). Back home, she may re-enact scenes from the film or pull elements from that world into her own. She may read the book to experience the film’s world in more depth. She is likely to choose films with familiar characters.

**FIGURE 4.6.** http://flickr.com/photos/rosenfeldmedia/2125814800
Continuum for Story.
Mental Models by Indi Young
Rosenfeld Media, 2008; version 1.0

**Low Awareness**

This person suspends disbelief and accepts all that is shown on the screen without thinking about how it was made. The actors are the real characters.

**Appreciation**

This person is aware of the choices made behind the scenes to present the film, such as choreography, the score, cinematography, costumes, special effects, acting, directing, etc., and appreciates seeing the beauty that was created. This person is likely to talk with friends after the movie to explore suggestions how the film could have been different.

**Aficionado**

This person has an interest in an actor, director, or another figure creating the film. Certain star actors may attract her attention, since she would want to see all of their work. She may be interested in what the director has to say and the reason he created the film, and she will sit and respectfully observe the artists’ work. She will look for in-jokes. She will attend Film Festivals.

**Technical Knowledge**

(Movie Buff) This person has knowledge of how films are created. This person studies films. She may have taken formal classes about film making and most likely tracks what’s being developed, release dates, critics reviews, and box office success. She observes different directing styles and understands how the screenplay was written. She may write film reviews for her friends.

Continuum for Craft.

101
Chapter 11
Adjust the Audience Segments
This person avoids crowds. She prefers to see a film without distraction from others, and will not react out loud in the theater.

(Social Movie-goer) This person enjoys being with friends at films. She will pick (or agree to) whichever film appeals to everyone. She usually goes to a theater she knows, has easy parking, no crowds, no waiting, and no lines for tickets. She likes to watch her companions’ reactions during the film. She will interact with her friends during the movie with eye contact or comments. She will spend a few hours with her friends right before or after the movie, and usually dinner or a cafe is involved. She likes to talk about the films afterwards with friends to find out what interests they have in common or what she liked or not.

(Enabler) This person is going to the movie purely to make someone else happy. Perhaps she is taking a dependent who has chosen the film, or perhaps she is there at the bequest of someone else, to make them happy or avoid friction. Perhaps she is there to make an impression on another person. This person is likely to leave the theater at the end of the film, before the credits roll, as well as leave temporarily during the film, to use the restroom or get refreshments. Most likely this person is more focused on the other(s) she is with than on the film itself.

**FIGURE 4.8.** [http://flickr.com/photos/rosenfeldmedia/2125038629](http://flickr.com/photos/rosenfeldmedia/2125038629)
Continuum for Companionship.
Set Research Scope
At this point you know all the possibilities you can recruit for your research. You may wish to examine whether all of these segments are important to your business. Lou Rosenfeld says, “This is one of those murky areas where information architecture and management responsibilities blur. Decision-makers might already have clear metrics in place for guiding such decisions. Conversely, the business may not have a good set of metrics and goals in place, complicating the definition of importance. In these situations, information architects and other UX people are playing a greater role in driving this discussion forward. We have no choice here, because we need the answers to do our work.”6 Selecting the top few segments to study from the entire set helps you scope your work. Paring down the number of segments also greatly reduces the cost and time required to create a mental model.

In the moviegoer example, there are 60 permutations to choose from. Furthermore, the imaginary film-distribution company I was doing the research for, JMS Entertainment, did not believe all aspects of Story-Craft-Companionship were big contributors to its bottom line. In a real scenario, I would sit down with the stakeholders and review each potential group, setting out the importance of that group to the business and weighing the importance of including them in the research. With my make-believe client, we selected the following circled areas in each spectrum that influenced the business strategy (Figures 4.9 and 4.10).
FIGURE 4.9. [Image link: http://flickr.com/photos/rosenfeldmedia/2125107181]
Work with stakeholders to determine a subset of the audience segments to study immediately, based on their importance to the business.
A lot of people fit into this category, but because it represents lack of awareness, it might be difficult to craft a strategy around it. Ignore.

The majority of people fit into this category. The sheer number affects income and therefore business strategy.

There are fewer of these people, so they do not impact the bottom line as much. However, they influence the choices of other movie-goers to a great extent.

There are few of these people, so they do not impact the bottom line as much. Ignore.


Work with stakeholders to determine a subset of the audience segments to study immediately, based on their importance to the business.
There are fewer of these people, so they do not impact the bottom line as much. Ignore.

The majority of people fall into this category, affecting the bottom line and thus the business strategy.

This group is not often in charge of viewing decisions. Ignore.

**FIGURE 4.10.** [http://flickr.com/photos/rosenfeldmedia/2125038189](http://flickr.com/photos/rosenfeldmedia/2125038189)
Work with stakeholders to determine a subset of the audience segments to study immediately, based on their importance to the business.
With two segments of interest from Story, two from Craft, and one from Companionship, I now have four permutations from which to recruit. I created new segment names corresponding to these four combinations.

1. Story Enjoyment + Craft Appreciation + Social Companionship = Typical Moviegoer
2. Story Enjoyment + Craft Aficionado + Social Companionship = Craft Aficionado
3. Story Excitement + Craft Appreciation + Social Companionship = Story Fanatic
4. Story Excitement + Craft Aficionado + Social Companionship = Total Film Buff

Remember that these are working names for your segments. After you conduct the interviews and create the mental model, you will revisit these segments and adjust them based on your research. These task-based segments can be developed into personas, famously introduced by Alan Cooper in his

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7 Also see the note in Chapter 10 for more information on personas.
book, *The Inmates Are Running the Asylum*.

For now, we will leave the other 56 permutations out of our research. As time passes and more opportunities to do research present themselves, we can choose to explore other appropriate segments.

The next chapter outlines how to communicate to recruiters the number of people, with detailed selection criteria, you wish to interview.
CHAPTER 5

Specify Recruiting Details

Estimate the Tally 111
Write the Screener 117
Coordinate Schedules 127
Recruit Participants 135
You know which audience segments you are interested in, but who should these people be, exactly, and how many of them? In this chapter you will start a new file, called the recruiting spreadsheet, which will specify the following details:

- How many of each audience segment to select
- Demographics to select, if applicable
- A qualification questionnaire for recruiters to use
- Questions to make certain that the candidate is able to carry on an hour-long conversation
- A schedule with available interview appointments
- A list of qualifying candidates

I will also outline a few recruiting approaches that I have had success with.

**Estimate the Tally**

Based on experience interviewing people over the past decade, I have concluded that you will hear the same sorts of tasks and philosophies after interviewing the
fourth person from a particular segment. So, obviously, I recommend interviewing at least four people from each segment. During consecutive interviews, I pay attention to whether I am hearing the same things from each new person; if I’m not, I ask for one or two additional recruits from a particular group.

For the moviegoer research, to continue with our example, I needed a minimum of 16 participants, four from each group.

<table>
<thead>
<tr>
<th>When One Person Represents Multiple Audience Segments</th>
</tr>
</thead>
<tbody>
<tr>
<td>In some rare cases in which one person can actually be a member of two audience segments, you can interview one person about both aspects and count it as two audience segment interviews. While rare, this situation occurred with the information management and mobility company Sybase. We had three audience segments: Evaluator, Implementer, and Maintainer. Any one person at a company using Sybase products could play one or two roles. There were people who were Evaluator/Implementers, people who were Implementer/Maintainers, and people who were Evaluator/Maintainers. There were even two people who played all three roles. When counting up whom we interviewed, we counted by role rather than by person.</td>
</tr>
</tbody>
</table>
Before I recruited the moviegoer participants, though, I checked in with the JMS Entertainment stakeholders about other characteristics that were important to the business. Does gender, age, geographic location, income level, a college degree, or any of the typical demographic information make a difference whom we recruit? For instance, maybe there is a skew towards a male audience in most of the films they distribute, in which case it may help us to understand males more than females. It would certainly help to talk to people who see movies frequently—as opposed to accidentally recruiting someone who sees a movie only once or twice a year. The stakeholders also wanted to be sure there were no differences between geographic locations. They distribute movies in the United States and Canada, so an even distribution of participants would answer the question as to whether there were regional differences. To summarize the participants we were looking for, I set up the matrix shown in Figure 5.1 in a new
file that I called the recruiting spreadsheet. This recruiting spreadsheet is available in the Resources section of the book site www.rosenfeldmedia.com/books/mental-models/content/resources

<table>
<thead>
<tr>
<th>Audience Segments</th>
<th>Recommended</th>
<th>Total</th>
</tr>
</thead>
<tbody>
<tr>
<td>Typical Moviegoer (story enjoyment, craft appreciation)</td>
<td>4</td>
<td>16</td>
</tr>
<tr>
<td>Craft Aficionado (story enjoyment, craft aficionado)</td>
<td>4</td>
<td></td>
</tr>
<tr>
<td>Story Fanatic (story excitement, craft appreciation)</td>
<td>4</td>
<td></td>
</tr>
<tr>
<td>Total Film Buff (story excitement, craft aficionado)</td>
<td>4</td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>How many movies per month?</th>
<th>Recommended</th>
<th>Total</th>
</tr>
</thead>
<tbody>
<tr>
<td>Three or more movies</td>
<td>16</td>
<td></td>
</tr>
<tr>
<td>Less than three movies</td>
<td>0</td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Region</th>
<th>Recommended</th>
</tr>
</thead>
<tbody>
<tr>
<td>West, Northwest, Southwest US</td>
<td>2</td>
</tr>
<tr>
<td>Central US</td>
<td>2</td>
</tr>
<tr>
<td>Northeastern US</td>
<td>2</td>
</tr>
<tr>
<td>Southeast US</td>
<td>2</td>
</tr>
<tr>
<td>Western Canada</td>
<td>2</td>
</tr>
<tr>
<td>Central Canada</td>
<td>2</td>
</tr>
<tr>
<td>Atlantic Seaboard Canada</td>
<td>2</td>
</tr>
<tr>
<td>French-Speaking Canada</td>
<td>2</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Gender</th>
<th>Recommended</th>
</tr>
</thead>
<tbody>
<tr>
<td>Female</td>
<td>5</td>
</tr>
<tr>
<td>Male</td>
<td>11</td>
</tr>
</tbody>
</table>

FIGURE 5.1. http://flickr.com/photos/rosenfeldmedia/2125038151
Audience segment and demographic goals for moviegoer recruiting.
In another example, I set up the demographic goals for the matchmaking company (Figure 5.2). In this case, there were more demographics that were important to the stakeholders. In addition to gender and a relatively even geographic distribution, stakeholders wanted me to interview people who have a college education, who have been out of college in the real world experiencing dating for a few years, and who have a mature dating goal. Moreover, they wanted me to interview people who were already taken (in a relationship), as well as those still looking.
### Desired Number of Recruits by:

<table>
<thead>
<tr>
<th>Audience Segment</th>
<th>3</th>
<th>2</th>
</tr>
</thead>
<tbody>
<tr>
<td>The Good Samaritan</td>
<td>3</td>
<td></td>
</tr>
<tr>
<td>Will Participate If Asked</td>
<td>2</td>
<td></td>
</tr>
<tr>
<td>Social Connector</td>
<td>3</td>
<td>14</td>
</tr>
<tr>
<td>Self Conscious</td>
<td>3</td>
<td></td>
</tr>
<tr>
<td>Expand the Possibilities</td>
<td>3</td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Location</th>
<th>2</th>
<th>3</th>
</tr>
</thead>
<tbody>
<tr>
<td>Northwest Urban Area (Seattle)</td>
<td>2</td>
<td></td>
</tr>
<tr>
<td>Southwest Urban Area (San Francisco Bay Area)</td>
<td>3</td>
<td></td>
</tr>
<tr>
<td>North Central Urban Area (Chicago)</td>
<td>2</td>
<td>14</td>
</tr>
<tr>
<td>South Central Urban Area (Dallas)</td>
<td>2</td>
<td></td>
</tr>
<tr>
<td>Northeast Urban Area (NYC)</td>
<td>3</td>
<td></td>
</tr>
<tr>
<td>Southeast Urban Area (Atlanta)</td>
<td>2</td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Gender</th>
<th>9</th>
<th>5</th>
</tr>
</thead>
<tbody>
<tr>
<td>Female</td>
<td>9</td>
<td></td>
</tr>
<tr>
<td>Male</td>
<td>5</td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Age</th>
<th>14</th>
<th>14</th>
</tr>
</thead>
<tbody>
<tr>
<td>Out of College</td>
<td>14</td>
<td></td>
</tr>
<tr>
<td>In High School or College</td>
<td>0</td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Dating Experience</th>
<th>5</th>
<th>14</th>
</tr>
</thead>
<tbody>
<tr>
<td>Two to Five Years After College</td>
<td>5</td>
<td>14</td>
</tr>
<tr>
<td>Five to Ten Years After College</td>
<td>5</td>
<td></td>
</tr>
<tr>
<td>Ten Years or More After College</td>
<td>4</td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Status</th>
<th>10</th>
<th>14</th>
</tr>
</thead>
<tbody>
<tr>
<td>Dating</td>
<td>10</td>
<td></td>
</tr>
<tr>
<td>Taken</td>
<td>4</td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>(If Single) Dating Goal</th>
<th>7</th>
<th>10</th>
</tr>
</thead>
<tbody>
<tr>
<td>Marriage Soon</td>
<td>7</td>
<td>10</td>
</tr>
<tr>
<td>Marriage Probably Down the Road</td>
<td>3</td>
<td></td>
</tr>
<tr>
<td>Casual Dating</td>
<td>0</td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Education</th>
<th>0</th>
<th>14</th>
</tr>
</thead>
<tbody>
<tr>
<td>No College Education</td>
<td>0</td>
<td>14</td>
</tr>
<tr>
<td>College Degree or Above</td>
<td>14</td>
<td></td>
</tr>
</tbody>
</table>

**FIGURE 5.2.** [http://flickr.com/photos/rosenfeldmedia/2125038095](http://flickr.com/photos/rosenfeldmedia/2125038095)
Be careful not to over-specify your demographic requirements. Only select what you suspect will make a difference in behavior—in addition to what behavior your audience segments define. Try to rely on your audience segments themselves for the greatest distinctions. For example, a company I worked with was sure there was a difference in the way people interacted with Human Resources based on their level of experience with the web. I pointed out that web experience had nothing to do with finding out your vacation balance, so we dropped the demographic.

**Write the Screener**

The next step for the moviegoer research was to design a screener for recruiting candidates. A screener is a list of questions the potential interviewee answers that will either qualify or disqualify her from participating in the research. I usually put the screener on a different tab in the same spreadsheet that contains the goals from Figure 5.1. If I am writing a screener for use by a recruiting service, I write it with the junior intern in
mind—the person with the least experience who might be asked to phone potential participants. If I am writing a screener for use as a pop-up on a web site, I write it with the end-user in mind, naturally. In either case, I write the screener in survey format.

For the moviegoer research, I wrote the screener for a recruiting agency. I began the screener with a paragraph the recruiter could recite into the phone upon contacting someone (Figure 5.3).

Hello, I represent a research firm that will give you a $50 gift card to participate in a study about movie-going. We are recruiting people to participate in one hour telephone interviews. If this interests you, I have a few qualifying questions to ask. The following questions help us find participants that match profiles we are interested in.

FIGURE 5.3. http://flickr.com/photos/rosenfeldmedia/2158699875
Beginning of the moviegoer screener, written for a recruiting agency

Then I set up a series of screening questions with a column per candidate for their answers (as shown in Figure 5.4). I write all the
questions to ask, one per row, in the first column. The subsequent 16 columns, each labeled with the participant identification numbers, contain the answers for each candidate. The recruiter can select the first unfilled column and move down the rows, asking questions of the potential recruit on the phone, and then marking answers in the column. I use 1’s in the spreadsheet so that I can total them in the rightmost columns. You can also write a “count” formula to sum the number of x’s in the cells, if you prefer to use x’s instead of 1’s.
<table>
<thead>
<tr>
<th>Participant</th>
<th>101</th>
<th>102</th>
<th>103</th>
<th>104</th>
<th>105</th>
<th>106</th>
<th>107</th>
<th>108</th>
<th>109</th>
<th>110</th>
<th>111</th>
<th>112</th>
<th>113</th>
<th>114</th>
<th>115</th>
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**FIGURE 5.4.**  http://flickr.com/photos/rosenfeldmedia/2125037995
Recruiters mark a “1” in the appropriate rows for each candidate they call. This example shows the completed form for all 16 candidates.
Because our moviegoer segments are not obvious, I needed to help the recruiters determine to which of the four segments a person belonged (Figure 5.5). For each of the three aspects, Story, Craft, and Companionship, I list a few defining details for each possible answer. The recruiter can read these aloud to the candidate, or ask the candidate to describe herself and choose the most closely related option.

If a tally for a particular row grows too large, the spreadsheet is coded so that it will appear in a red font in the far right column. The recruiter will know that this candidate does not fit our needs, and can thank them and hang up. If you have the correct number of recruits for each audience segment, the right column numbers show up in black font, as shown in Figure 5.6. Additionally, a tally at the bottom helps the recruiter track how many of each audience segment has been recruited. Because the audience segments are composites of certain parts of the three aspects, Story, Craft, and Companionship,
**How do you typically approach the story and characters of a movie?**

Choose the film that is most likely to distract me. (Passing Interest)

Look forward to seeing it; believe I will enjoy it. (Enjoyment)

Looking for an intellectual or perception-changing experience; may look up additional information at home. (Edification)

Prepare for the experience; make a sacrifice to get ticket or a good seat; go on opening night; likely to see the film multiple times. (Excitement)

Wear a costume like those in movie; speak and behave like favorite character. (Make Believe)

**In general, how much do you notice the craft of how a movie is made?**

Accept all that is shown on the screen without thinking about how it was made; actors are the real characters. (Low Awareness)

Aware of the choices made behind the scenes; appreciate seeing the beauty that was created. (Appreciation)

Have interest in an actor, director, what the director has to say; look for in-jokes; attend film festivals. (Aficionado)

Knowledge of how films are created; study films; track what’s being developed, release dates, critics reviews, and box office success; observe different directing styles; understand screenplays. (Technical Knowledge)

**Do you ordinarily attend movies with a companion?**

Avoid crowds; prefer to see a film without distraction from others. ( Mostly/Prefer Alone)

Like to watch companions’ reactions during the film; interact with friends during the movie with eye contact or comments; spend a few hours with friends before or after the movie; usually dinner or a cafe is involved. (Social)

Take dependents who chose the film, or there at the request of someone else; focused on the other(s) rather than on the film itself. (Facilitator)
I include a sum at the bottom that indicates which of our four segments the candidate falls into.

Finally, I need to ensure that each candidate is easily going to keep up her end of the conversation for an hour. I want to hold a natural conversation with each candidate. So I add an “essay” question to each screener—something that requires an inventive answer and requires the candidate to talk for a few sentences. For example, I have used the question, “If you won $1,000, what would you do with it and why?” If the candidate has trouble answering, or uses a short retort, then I don’t believe an hour-long interview will go smoothly (Figure 5.7). I ask the recruiters to dismiss this candidate. Another characteristic I ask the recruiters to gauge is how clearly the candidate speaks. In the past, I have had participants with such strong accents that I cannot understand them.

Ordinarily, I will hire a translator in advance and ask participants to speak in their native
language. However, if I don’t know whether a translator will be required, it is difficult to conduct the interview. If I’m interviewing internationally, I change this question to whether or not the person prefers a translator. I add a note to the recruiter asking if he agrees that the participant can speak clearly enough for the interview.
(Check if we have required number for each segment. Check which segments are under represented.)

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<thead>
<tr>
<th>Participant</th>
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<th>103</th>
<th>104</th>
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**FIGURE 5.6.** [http://flickr.com/photos/sony硯zme/2125813508](http://flickr.com/photos/sony硯zme/2125813508)

The “3” at bottom of each column identifies which of the four audience segments a candidate belongs to. Think of the “3” as a check mark. We want four from each audience segment.
If you won $1000, what would you do with it, and why? *(Judge whether they are articulate or not.)*

<table>
<thead>
<tr>
<th>Articulate interlocutor</th>
<th>Short answer, not articulate</th>
</tr>
</thead>
</table>

*(Does the participant speak clearly?)*

<table>
<thead>
<tr>
<th>Speaks clearly</th>
<th>Hesitates, doesn't understand, garbled, cagey</th>
</tr>
</thead>
</table>

The interview will be confidential & anonymous, but we will record it for transcription purposes. Is this okay with you?

<table>
<thead>
<tr>
<th>Yes, recording is okay</th>
<th>No, please do not record me</th>
</tr>
</thead>
</table>

Can you arrange a time in your schedule the week of September 13th for an hour phone interview?

<table>
<thead>
<tr>
<th>Yes, arrange a time</th>
<th>No, cannot find time</th>
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</table>

**FIGURE 5.7.** [http://flickr.com/photos/rosenfeldmedia/2125813478](http://flickr.com/photos/rosenfeldmedia/2125813478)

Extra questions ensure you will be able to hold an hour-long conversation with this candidate.

Two logistical questions finish the screener. Because we want transcripts of what is said during the interview, we need to ask in advance if the candidate will permit recording the conversation. Then the recruiter asks if the candidate has an hour in her schedule during the week(s) of the interviews.

If the candidate meets our needs and has the time available, the recruiter can then set an appointment.
**Coordinate Schedules**

On a third tab in the same spreadsheet, I have prepared a daily schedule for the week(s) that my team and I will be conducting the research. Ahead of time, we each indicate our availability in the spreadsheet. Then the recruiter can set up appointments with the candidate on the phone by matching our availability with the candidate’s availability. The recruiter simply adds the candidate’s identification number in the date and time slot selected (as shown in Figure 5.8). The recruiter can also highlight what time zone the candidate is in, for our convenience when calling the participant.
### Time Available

<table>
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<th>PDT</th>
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<th>CDT</th>
<th>EDT</th>
<th>Interviewers</th>
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#### Wed 15-Sep

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**FIGURE 5.8.** [http://flickr.com/photos/rosenfeldmedia/2125813302](http://flickr.com/photos/rosenfeldmedia/2125813302)

The recruiter assigns the ID number to an available interview slot, assigns the interviewer, and highlights the time zone of the participant.
Note that Figure 5.8 shows two appointments scheduled for the same time on Tuesday at 3PM PDT. There are two interviewers available at that time, so these twin appointments can be accommodated. In the spreadsheet I just ask the recruiter to put a slash mark between the ID numbers. This circumstance does not occur very often, so I feel that keeping the spreadsheet simple is the best solution.

Also of note: I verbally request that the recruiters give me an hour between each interview. This gives me extra time if an interview goes longer than an hour or if we are late getting started. If you are driving between appointments, ask for the appropriate amount of travel time.
World Time Clocks and International Dialing

When you deal with time zones that are more than four hours distant, it starts to get difficult keeping track of what time it is in both locations. You need to be sure you call the participant at the time they are expecting. While there are universal time clocks (e.g. UT, GMT, or Swatch’s Internet Time), most people still use the time zones set up in the 19th century. There are several sites you can use to calculate what time it is in two locations. One of them is the World Clock Meeting Planner at www.timeanddate.com/worldclock/meeting.html

Another part of the puzzle is international dialing. Again, there are many sites that can help you with this. One that is related to the site above is www.timeanddate.com/worldclock/dialing.html

(Nitpick: Hopefully they’ll modernize the interface some day.)

In Figure 5.9, you can see to the right of the ID# a column that lists the “Stipend Selected” by the participant, and the status of whether that stipend was sent. If we are giving out gift cards at the end of each interview, we give the participant a choice of several merchants. For the moviegoers, of course, we offered movie gift-certificates, in this case from Fandango.
We also offered gift cards from Home Depot, Starbucks, and Target. After the interviews, someone else on the team looked at this spreadsheet, referred to the addresses recorded on the Recruits tab (see Figure 5.10), handed off, emailed or mailed the gift card, and marked the status on the Schedule tab.
### Time Available

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### Interviews

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### Stipend

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</table>

**Figure 5.9.** [Link to Flickr photo](http://flickr.com/photos/rosenfeldmedia/2125037431)  
Tracking the stipend requested by the participant, and whether or not it has been sent.

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**Chapter 5**  
Specify Recruiting Details
The Recruits tab is where the recruiter lists the participant information. It is the *only place* the participant’s name and contact information appears (Figure 5.10). Everywhere else, including the transcripts, the participant is referred to by ID number. This practice helps ensure confidentiality. However because ID numbers are so unmemorable, my team and I usually make up nicknames for each participant so we can refer to them more easily. Under no circumstances do you want to propagate their true names.
<table>
<thead>
<tr>
<th>ID #</th>
<th>Name</th>
<th>Audience Segment</th>
<th>Notes</th>
</tr>
</thead>
<tbody>
<tr>
<td>101</td>
<td>Kat</td>
<td>Craft Aficionado</td>
<td>Lives alone near downtown art theater</td>
</tr>
<tr>
<td>102</td>
<td>Jerry</td>
<td>Story Fanatic</td>
<td>New college graduate, lives in city</td>
</tr>
<tr>
<td>103</td>
<td>Marie</td>
<td>Story Fanatic</td>
<td>Urban, mom of toddler, likes to watch DVDs at home</td>
</tr>
<tr>
<td>104</td>
<td>Larry</td>
<td>Total Film Buff</td>
<td>Former film student, wants to write movie</td>
</tr>
<tr>
<td>105</td>
<td>James</td>
<td>Craft Aficionado</td>
<td>Goes to movies with wife every Friday night</td>
</tr>
<tr>
<td>106</td>
<td>Joseph</td>
<td>Total Film Buff</td>
<td>Sees all movies on opening night</td>
</tr>
<tr>
<td>107</td>
<td>Jeffrey</td>
<td>Craft Aficionado</td>
<td>Lives alone, no TV, works for special effects company</td>
</tr>
<tr>
<td>108</td>
<td>Daniel</td>
<td>Story Fanatic</td>
<td>Single dad, works a lot</td>
</tr>
<tr>
<td>109</td>
<td>Gregory</td>
<td>Typical Moviegoer</td>
<td>Probably pretty average movie-goer</td>
</tr>
<tr>
<td>110</td>
<td>Juan</td>
<td>Total Film Buff</td>
<td>Actually making his own copy of original Star Wars</td>
</tr>
<tr>
<td>111</td>
<td>Jennie</td>
<td>Typical Moviegoer</td>
<td>Newlywed, go to movies every Sunday with mother-in-law</td>
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<tr>
<td>112</td>
<td>David</td>
<td>Craft Aficionado</td>
<td>Lives alone, sees movies with friends</td>
</tr>
<tr>
<td>113</td>
<td>Rich</td>
<td>Total Film Buff</td>
<td>Has home theater, organizes outings to movies w/ friends</td>
</tr>
<tr>
<td>114</td>
<td>Carol</td>
<td>Typical Moviegoer</td>
<td>Mother of three, husband orders movies on Netflix</td>
</tr>
<tr>
<td>115</td>
<td>Lowell</td>
<td>Story Fanatic</td>
<td>Creates CDs based on soundtracks his 2-year-old likes</td>
</tr>
<tr>
<td>116</td>
<td>Jeanne</td>
<td>Typical Moviegoer</td>
<td>Retired, watches movie channel with retired husband</td>
</tr>
</tbody>
</table>

**FIGURE 5.10.** [http://flickr.com/photos/rosenfeldmedia/2125037255](http://flickr.com/photos/rosenfeldmedia/2125037255)
The Recruits tab of the spreadsheet is the only place where confidential participant information, including their names, resides. (Note: I changed the data in this image to protect the participants’ identities.)
On the Schedule tab of the spreadsheet, there are columns that represent each interviewer. If you would also like to schedule translators, add columns for each of them and have them mark their availability. This method ensures a translator will be available for each interview. If you would like to invite stakeholders or possibly the participant’s sales representative to be present for the interviews, show them the schedule and let them select the interviews they can attend.

Recruit Participants
As I mentioned earlier, there are a few methods of recruiting. You can use a pop-up on a web site to attract participants. You can get a database of phone numbers and call each candidate. You can ask sales reps to find people. You can pick on friends of friends, using your personal network. There are various reasons to use each method, as detailed in Chapter Six of Observing the User Experience: A Practitioner’s Guide to

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1 Read more about “ghosting” in an interview in the Chapter 7 section, “Ghosts and Ownership.”
User Research by Mike Kuniavsky. Mainly, I encourage you to hire a recruiter when you want to recruit people you don’t already know. Even if you have a huge database of names, but you don’t have a dedicated internal person who can phone them all and ask them screening questions, hire a recruiter. A dose of reality: Recruiting could take someone eight hours a day for eight days for a pool of 16 people.

Recruiting Gave Me Gray Hair

“This takes ABSOLUTELY ALL MY TIME. It’s more than phone calls. It’s massaging the reps, establishing relationships, chit chat, scheduling. I have gray hair now!”
—Andrea Villa, Senior Project Analyst, Qualcomm

It’s not easy. Recruiting agencies do require daily management by someone on your team, but it’s closer to one hour a day for eight days. Managing data from a pop-up and contacting candidates for verification of qualifications and setting up appointments will take a person three hours a day for eight days.
That said, it is difficult to find a good recruiting agency. No matter how well the project manager on the agency’s side understands that you want to hold in-depth conversations, this understanding sometimes doesn’t trickle down to the people making the phone calls. During every project I find at least one recruit who doesn’t quite fit the criteria. I point this out to the agency, and they replace that recruit with someone better. A good agency won’t charge for replacing a poor fit. Sometimes, though, you will not know the recruit is a bad fit until you’re 10 minutes into the interview. When you decide to cut the interview short and ask for a replacement recruit, know that you will be charged\(^2\) for the replacement, as it was impossible to tell the original person was a bad fit just from the screener. You may even feel obliged to give the participant the stipend, even though you aren’t going to use their transcript.

\(^2\) I hesitate to write down the average cost for recruiting because you may be reading this many years in the future. But for ballpark purposes, in 2007 it costs between $100 and $150 per participant.
If you use the pop-up method to recruit candidates, lots of your work is done for you. However the basic premise that you will need a site or two (for audience variety) to base your pop-up on may not be easy to achieve. Perhaps you don’t have—or shouldn’t use—your own site to find recruits. In that case you will have to negotiate to use another site or two as a base. Moreover, there is the problem that candidates will self-select with extraordinary fervor if your stipend is attractive—that is, people will gladly lie about their answers on the screener to get on your list. You may have to create a secondary screener to ask these candidates over the phone, crafted to tease out the truth. It’s difficult to do. In the case where I wanted people who were two to five years out of college, I got at least four participants who had just graduated. The truth comes out during the interviews when participants are less guarded about what they say.
Once I was interviewing people who ran small businesses. The recruiting agency was tasked with finding as much variety as possible. The stipend was high, since we needed to distract these business owners these business owners from their businesses for a few hours. My conversations with people were pretty interesting. Then this big guy with glasses and a long ponytail walked in. I opened up the conversation, asking him about his business. “I’m a human skull collector,” he said. “Excuse me?” I asked, figuring that my hearing was off after so many interviews that day. “Human skulls. Genuine human skulls. I collect them.” Good lord! Tentatively I asked, “And how have you made this into a business?” He quirked a smile and said, “Oh it’s not a business. It’s a collection.” I went on to ask him about what business he was in, and it turned out he wasn’t in any business at all. So with much relief, I thanked him, gave him his stipend, and sent him on his way. I definitely didn’t want to ask him how he collected the skulls—eBay or something. I hope.

In another instance, I was showing some prototypes to people for some evaluative research. Again, we were recruiting small business owners and the stipend was high. One fellow came in and I showed him the screen and asked him a few questions, telling him to point where he was looking so I could see what he was talking about. Right off the bat, he wouldn’t point, and he couldn’t say what he’d use the application for. I tried a different

(Continued on next page)
screen, and again, no pointing. I began to suspect the fellow couldn’t make out what was on the screen. I tried enlarging the display and asked again. The fellow still couldn’t tell me what he’d do with such a screen. I pointed to a heading and asked him what he thought that area was for. He shrugged. I suddenly realized that the poor guy probably couldn’t read very well and was too embarrassed to admit it. “Ohmigod,” I thought to myself, “Do I have to put ‘literate’ on these screeners as well?” Then again, how would you know, if you’re recruiting someone by phone, that the candidate couldn’t read? So, I thanked the guy, gave him his stipend, and showed him out.

In any case, the pop-up can act as your screener. Leave off the extra questions shown in Figure 5.7. If a potential candidate’s answers indicate he is not a good fit, show a screen thanking him for his time and telling him you already have enough people matching his criteria. If he is a good fit, get his contact information and call him to validate his answers, ask him the essay question, check his communication skills, and schedule the interview. Do your best to let them know what to expect. In many
cultures, candidates want an official letter\textsuperscript{3} describing your organization and the extent of the interview. Your goal is to make people feel comfortable with the information they will give you during the upcoming interview.

If you have a set of audience segments that are rare or difficult to find, and you have internal customer or sales lists that fit the requirements, you may want to recruit from these lists. Ordinarily, a recruiting agency has developed their own database of names, and they recruit from this database when you hire them. Therefore, if you’re going to use your internal lists, you’ll either have to find someone internally to do the recruiting, or you’ll want to negotiate with the recruiting agency to use your lists for a reduction in their overall fee. When using a database of names, the “hit rate” (number of candidates who fit your criteria and want to participate in an interview) can be as low as 2%. Therefore,

\textsuperscript{3} See “Introduction Letter to the Interview Participant” in the Resources section of the book site. \url{www.rosenfeldmedia.com/books/mental-models/content/resources/}

if you are looking for 16 recruits, you might need to start with a list of 800 names. Many large companies keep track of how many times each customer is contacted each year, and mete out lists of people you can phone in sets of 100. Be prepared to work with the gatekeepers of that database to get a better pre-filtered list, so they don’t have to mark a big swath of 800 people as “already contacted” for the year.

While recruiting is going on, you can use the time to explore the scope of what you want to cover in the interviews and craft some guiding prompts. The next chapter will guide you through this process.
Set Scope for the Interviews

Set Research Goals 144
List Interview Prompts 148
You might have a week, you might have an hour. What will you talk about?

A technique that I frequently use is a short, non-directed interview. I have included this technique in the next two chapters of this book. This first chapter outlines how to scope your research and get into the right frame of mind. The second chapter shows you how to conduct the interview itself.

You will want to ensure that you cover topics that are of concern to your team. You also will want to keep the conversation during your interviews from straying into areas that aren’t of particular interest or relevance. Use your time wisely.

**Set Research Goals**

Try to understand what the organization is trying to get out of the solution you’ll be designing. You will find yourself scoping and re-scoping your research so you know you’re really pinpointing what stakeholders are interested in. You need to know what you want to study before you go out and start
listening to customers. Start by reviewing the goals of the solution you are developing:

- What is its intended purpose?
- What do the leaders of your organization want out of the product?
- What advantages and difficulties does your team see?

The project leader should also interview stakeholders about the organization’s mission, long-term strategies, objectives, predictions, perceived challenges, places where things didn’t go well in the past, strengths and weaknesses of the internal structure, and who the decision-makers are. Record the interviews. Look for patterns in what various business stakeholders say, and reflect those patterns back at them to validate that you understand. Sometimes the patterns you find will contradict each other. Be sure to follow up on incongruities and ask the stakeholders for a consistent direction—or at least make them aware there are incongruities. Remember these patterns will define the scope of your project.
After you have interviewed all the stakeholders of the project, group their goals together into overarching themes. Then review the research scope that you set when doing the audience segmentation. Cut any stakeholder themes that fall outside the scope you defined. If a theme seems too important to cut, examine whether it is worth extending the scope, and possibly adding a different audience segment (Figure 6.1).

Next, you will want to look at user research reports from prior efforts, from within your own department and from other divisions as well. These reports will give you a greater depth of understanding about where the organization has explored the whole user experience in the past. Look for usability reports, focus group findings, customer satisfaction surveys, problem reports, web traffic analysis, and so on. Any prior knowledge, even if it seems a little tangential, will give you a broader awareness.
<table>
<thead>
<tr>
<th>GOAL</th>
<th>PRIORITIZED KEY BUSINESS OBJECTIVES</th>
</tr>
</thead>
</table>
2. Have One Site  
3. Make Things Consistent  
4. Base Navigation on Audience Needs  
5. Improve Look & Feel  
6. Resolve Access to Large Information Stores |
| Support Decision Makers         | 1. Support International Customers & Sales  
2. Understand Users’ Needs  
3. Improve Depth of Technical Material  
4. Tag/Purge Old Information  
5. Support All Stages of the Buying Process  
6. Expose More Good Internal Material  
7. Give In-Depth Explanations/Transcripts for Presentations  
8. Expose Governance Material |
| with Better Information         |                                                                                                       |
| Save Company Resources          | 1. Allow Customers to Answer Questions Themselves  
2. Allow Customers to Track Inventory, Backlog & Orders  
3. Streamline Web Content Creation & Maintenance  
4. Eliminate Printed Sales & Marketing Materials  
5. Allow Customers to See Their Satisfaction Data  
6. Attract Qualified Staff |

**FIGURE 6.1.** [http://flickr.com/photos/rosenfeldmedia/2195858796](http://flickr.com/photos/rosenfeldmedia/2195858796)
Stakeholder goals for a multi-national organization, where goals applicable to the customer web site redesign are highlighted with bold font. Those items not in bold font are ignored for the scope of this project.

Mental models can depict different levels of the same thing, and these levels are slippery to define. Don’t try capturing two levels in
one model. Enunciate which level you’re after up front. Often I will start with one scope, say “remodeling,” and revise it as I start to interview people to something more specific, like “touch points remodelers have with people, locations, and information.” I am sure up front, though, that I am not exploring the lower level: “steps to remodel a kitchen.” (Also see “What Level of Granularity Should I Go For?” in Chapter 7.)

After I have conducted an interview or two, sometimes I feel the need to adjust the scope of the conversation. Maybe I’ve heard about a topic I wasn’t expecting, or maybe I realized that one of the topics I wanted to cover makes no sense in context. Since this is qualitative research, don’t worry about changing the conversation of subsequent interviews a little. It won’t affect the outcome of your research.

**List Interview Prompts**

At this point, remind yourself and your team that mental model research is qualitative, not quantitative. The questions you will create
are not asked the same way to each person. If you can’t compare answers for each question from each person, you can’t derive any statistical significance from your data. Rather, each conversation is unique and follows its own path. In this way, you can truly hear what each person says rather than coax their conversation to fit a pattern you, consciously or subconsciously, have in your head. What you are doing explores systematically “the why and how of decision making.”\(^1\) When performing qualitative research, it is important that you approach your participants with as little personal baggage as possible.

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\(^1\) Wikipedia’s definition for “qualitative research,” whereas quantitative research is defined as “the what, where, and when.”
In Dan Saffer’s* book, Designing for Interaction: Creating Smart Applications and Clever Devices, he interviews well-known researcher and speaker Brenda Laurel, PhD.** He asked her what designers should look for when doing research. Her answer emphasizes the importance of shedding assumptions and precepts before asking research questions.

“The first step is to deliberately identify one’s own biases and beliefs about the subject of study and to ‘hang them at the door’ so as to avoid self-fulfilling prophecies. One must then frame the research question and carefully identify the audiences, contexts, and research methods that are most likely to yield actionable results. Those last two words are the most important: actionable results. Often, the success of a research program hangs upon how the question is framed: ‘why don’t girls play computer games?’ vs. ‘how does play vary by gender?’”

* Read more of Dan’s writing at www.odannyboy.com

Non-leading interviews allow you to capture what a person is thinking in their terms, with their structure and vocabulary intact. When you craft the list of topics you will cover during your conversation, you should be as nonspecific as possible. I deliberately write
prompts instead of interview questions. I write them in a terse phrase format without a question mark at the end. I do this purposely so that I will not be inclined, during the pressure of a real interview, to retreat to rote—that is, to read vocabulary that I may not have heard from the interviewee, or to recite pre-specifed questions. These prompts force me to keep up with the conversation—to stay engaged and actively thinking about what I want to explore further. (For an example of prompts, see Figure 6.6. In the next chapter, I will help you practice non-leading interview techniques.)

Another advantage of having a list of prompts during an interview is that they are easier to parse quickly. Your eyes can sweep down the list. If you are at the end of one topic of conversation, and you need to direct the next step, a certain noun or phrase will automatically jump out at you from the prompts. During the hectic pace of an interview, any sort of mental crutch is welcome.
Assemble Topics

When you have your list of product themes from stakeholders, brainstorm keywords that have to do with each theme. Use phrases or nouns. In Figure 6.2, I show examples under four moviegoer themes.

<table>
<thead>
<tr>
<th>Choose the Movie</th>
<th>Choose the Theater</th>
<th>At the Theater</th>
</tr>
</thead>
<tbody>
<tr>
<td>- find out</td>
<td>- playing times</td>
<td>- tickets</td>
</tr>
<tr>
<td>- reviews/opinions</td>
<td>- locations</td>
<td>- concessions</td>
</tr>
<tr>
<td>- plot</td>
<td>- parking/transportation</td>
<td>- seat</td>
</tr>
<tr>
<td>- director/actors</td>
<td></td>
<td>- experience while watching</td>
</tr>
<tr>
<td>- read the book</td>
<td></td>
<td>- companions</td>
</tr>
<tr>
<td></td>
<td></td>
<td>- habits</td>
</tr>
</tbody>
</table>

After the Movie

- reviews/opinions
- companions
- habits
- food
- unique relationship to movie

**FIGURE 6.2.** http://flickr.com/photos/rosenfeldmedia/2125812880

Associate keywords and phrases with each theme.

Next, list your audience segments. Ask yourself what keywords are specific to each group, as in Figure 6.3.
Typical Moviegoer
- someone else chooses
- react out loud
- discuss whether I like it or not

Craft Aficionado
- opening night
- discuss craft of film
- leave film early
- variety of films
- watch others for their reactions
- good audience makes the film

Story Fanatic
- opening night
- craft of film making
- genre
- write review
- follow film industry

Total Film Buff
- observe craft of film making
- never leave film early
- variety of films
- see what’s playing when I want to go
- refuse to stand in line
- follow film industry
- prefer theaters with character
- attend films alone

List keywords and phrases with each audience segment.

Look at all your phrases, both for the themes and the audience segments, and determine whether certain sets apply to different types of people you will interview, or if you could ask about most of the topics to each of the interviewees. Organize the prompts accordingly. I often write the prompts into a deliverable that also describes the types of people I will be interviewing. I send this deliverable to the stakeholders to make sure that the scope I have defined with the topics...
matches what they expect from the research. For my own use, I jot the prompts in little notes to have available during the interviews, as you will see later in this chapter.

**Prepare Reminders**

Because I do a lot of my interviews by phone, I like to jot down the number to dial, any pass codes I need, and the instructions for turning on and off the recording. I write a reminder to myself to check if anyone else has dialed into the line to listen to the conversation (Figure 6.4). Once I get the participant on the line, I like to give them an explanation of what kind of research we’re doing and why we’re having a conversation. I reassure them that the interview is confidential and that no one else will be reading the transcript but my team. I make sure that they’re comfortable with an hour long conversation. Moreover, I remind them they will be getting paid for their time. Then I ask permission to record the interview. If I receive permission, I turn on the recording and ask for permission again, so that I have their response in the audio file.
Greeting
-------
Dial the conference facility toll free number

- Make sure the recording is off (*2)
- Find out if any ghost participants are on the line
- Dial out (*1) and then the participants phone number
- Dial back in (*2) to the main conference line

- I am with______________, a research firm.
- Our goal is to learn how you ___________________.
- This is a confidential conversation.
- (If ghosts) There is a person listening in for research purposes.
- The interview will last one hour.
- We will send you a $____gift card after the interview.
- Are you in a comfortable place to speak for an hour?
- Do we have your permission to record this conversation for transcription purposes?
  (If so, turn on recording (*2) and ask for the record.)

**FIGURE 6.4.** http://flickr.com/photos/rosenfeldmedia/2160073000
List reminders for the initial greeting for interviews, as well as dialing information.

Recording a phone conversation is simple if you use a conference call service. Usually there is a built-in recording capability that you switch on and off with commands on your telephone’s keypad. These recordings are usually high quality. Sometimes there is a time lag before you can access the
file containing the recording, but usually the files are immediately downloadable from the service provider’s site. If you are dialing someone directly instead of using a conference service, you can connect a recording device to your phone. I have seen such devices at Radio Shack for a reasonable price, and doubtless you can order them from other vendors online. You use them with recording software (try one of the free MP3 recording suites) that will save the file on your hard drive. For convenience, I recommend recording to a digital file rather than to some other media, like audio tape. A file is a lot easier to store and distribute. If needed, it’s relatively easy to convert the file format to a version your transcriber can listen to. If you are interviewing the participant in person, bring the recording device with you, but test it first to be sure that the volume is set

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2 For the convenience of immediately downloadable audio files, I use the AccuConference service. www.accuconference.com There are many other services similar to this provider. Be sure to choose one that allows you to dial out to bring the interviewee onto the line with the rest of your team.

3 www.radioshack.com
correctly. Nothing is worse than conducting a really good interview, then finding out later that you had the recording device on mute or turned down too low.

I begin the interview with a softball question—a question that is simple to answer and puts the participant at ease. I jot down ideas as reminders for myself during the conversation (as shown in Figure 6.5).

Softball
----------
* (If single) Please tell me a little about what you’ve been doing with your dating life this month.
* (If taken) So you’re in a relationship. How did you two meet?
* (If taken) Please tell me a little about how you’ve been involved this month with your friends who are dating.

**FIGURE 6.5.** [http://flickr.com/photos/rosenfeldmedia/2159272235](http://flickr.com/photos/rosenfeldmedia/2159272235)
Softball questions get the conversation rolling during interviews about dating and matchmaking for [http://Engage.com](http://Engage.com).

After the participant has started the conversation, I just follow it from there. I will refer to my prompts list from time to time, but
it is not where I focus (Figure 6.6). (If you really want to know, I look out the window so I can concentrate on what the person is saying.) Occasionally I will jot a word down as a reminder to follow up on a certain branch of the conversation. When a topic peters out, I will just move on.

I recommend going over this list of prompts with the team who will do the interviews to make sure everyone understands the intent behind each topic. Differences between things like “debrief with friends” (assess the date) and “discussion with friends” (talk about relationships) might not be obvious based on the way the prompts are worded. Review the list with the team and edit as necessary until each line is crystal clear, yet still succinct.
Prompts
----------
If Single

- Advertise/Hide the fact you are available
- Initial attraction (criteria), beyond looks, time constraints, humor
- See no one compatible
- Let someone know you’re interested/not
- Find out more about a person before a date
- Prepare for a date (mentally)
- Go on a date (discussion) (internal dialog) (friends involved) (let know interested/not)
- Etiquette/manners
- Debrief with friends after a date (male/female)
- Discussion with friends/others, emotional expressions
- Advice, advise, reaction, change
- Put in a word on friend’s behalf
- Point out someone to a friend
- Who to hook up together (why)
- Introduce someone
- Change over the years
- Stop dating for a while

If Taken

- Picking someone out for a friend (criteria)
- Find out more about a person for your friend
- Putting in a good word on friend’s behalf
- Debrief with friends after their date (male/female)
- Discussion with friends/others
- Advice, advise, reaction, change
- Other taken friends of yours (bring them in)
- Point someone out to a friend
- Who to hook up together
- Introduce someone
- Change over the years

**FIGURE 6.6.** [http://flickr.com/photos/rosenfeldmedia/2159271857](http://flickr.com/photos/rosenfeldmedia/2159271857)

Jot down prompts for reference during interviews.
At the end of the conversation, I write a reminder to myself in big bold letters to turn off the recording, because I don’t want to capture the contact and stipend information in the file (Figure 6.7). I conclude with thanks and the details of how the participant will receive the stipend. I often double-check the participant’s contact information at this point and tell them whom to contact if they don’t receive their stipend after two weeks.

**Conclusion**

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- TURN OFF recording. (*2)
- $___ gift card
- Check address
- If you do not receive this within two weeks, please email the project manager at ______@___________

**FIGURE 6.7.** ![Image](http://flickr.com/photos/rosenfeldmedia/2160071044)

Remind yourself to shut off the recording before discussing stipend and contact information.

If having these little notes around while conducting the interview might distract you, then don’t do it. If the notes provide too much of a crutch by indulging your tendency to recite what you’ve written, then don’t do
it. The idea is to help you concentrate on the conversation.

**Easily Flustered?**

It’s easy to let your nerves get the better of you when setting up for an interview. I confess to several mistakes, like dialing the interviewee but asking for the wrong person—I was looking at the name on the next line of the spreadsheet—or asking a trucking dispatcher to tell me how the day starts as a mechanic in the garage. I have also made the costly mistake of dialing out to a participant (hitting *1 on the telephone keypad, as shown in Figure 6.4), but forgetting to join back into the main conference line (by hitting *2). I conducted the entire interview while ignoring the incoming calls on my mobile phone from teammates desperate to know why I had left the conference line dead. It was a good interview, and none of it was recorded.

Indeed, the conversation is everything. The next chapter should address your worries about directing a non-leading interview.
CHAPTER 7

Interview Participants

Chat by Telephone or Face-to-Face  163
Do Not Lead  166
Plan Your International Interviews  196
Many people have written\(^1\) about how to conduct a non-leading interview. The skill is required of so many disciplines: ethnography, market research, management. You need to think hard while listening to the interviewee, recognizing when the conversation is non-productive, and then nudging it back on track. You need good social skills, so you can make the interviewee feel comfortable speaking to you. You need to be aware when you hit sensitive ground in the conversation. Above all, you need to be able to get the information you need out of the discussion.

**Chat by Telephone or Face-to-Face**

First of all, I’m going to tackle the question of whether to interview someone in-person or remotely. I take the following approach: If there is a *unique* artifact a person uses, a context in which she acts, or group feedback she gets that *influences* the kinds of things

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she does, then I want to see her in person. Otherwise, I conduct interviews by telephone. Because I am not conducting evaluative research, I don’t need to see how people behave when interacting with their tools. That kind of detail is too specific for a mental model and would get grouped in with a higher-level concept. I just need to know the general steps people take. For that, a verbal description is fine.

There are many advantages to site visits and direct observation, and there are just as many advantages to remote research. Most obviously, it costs less because no travel is involved. You also reap savings by bracketing your research into hour-long time periods, rather than day-long site visits. In this way, you gather just as much data as you need, then move on. If the process you are exploring for the mental model spans months, the participant can summarize the parts that are important to her in a matter of minutes. Additionally, getting a global understanding of potential customers for a
product is important. Conducting interviews by telephone allows you to interview in every location you can conceive of people using your product. This advantage alone is of immense power for many products.

Building a mental model is generative research. It is an exploration of information, as the participant knows it. You are allowed to ask participants to tell you about it rather than strictly observe them.

### In-Person Interviews of Media Buyers

In 1998 I conducted a set of interviews for a dot-com startup interested in providing an online solution for media buyers. Media buyers are professionals who determine where to place what kinds of advertising for a particular client/event. For example, the media buyer for the San Francisco Giants might place season-oriented ads on bus shelters and specific game-related ads on the radio the week before the game. Each media buyer that I was to interview had a different way of tracking ads and data and making decisions based on that data. Some used complex Excel spreadsheets. Others used a set of folders with ad copy and printouts. Each of them approached the problem with a slightly different set of steps. I needed to see my interviewees in person in order to know to ask about the unique tasks they were doing.
Do Not Lead

If you’re not going to lead, you still need to stay on your toes. I am not a dancer, but perhaps this rule applies to the ballroom floor as well. You need to stay focused on where your conversation partner is moving.

Think of your interview as dinner party conversation. You have been seated next to someone you do not know. You don’t have a list of questions scribbled on the napkin on your lap to peek at, so you start out with some typical topics. “How do you know our hostess?” “What do you do for a living?” “What kinds of pastimes interest you?” “What is your favorite movie, book, music, etc.?” These are the socially acceptable “prompts” that we’ve all learned from experiences talking with strangers at parties. You don’t have any expectations of the person’s responses. You ask for more detail about things the person says as the conversation progresses. You follow the tangents when the person switches topics. You act interested. If the person starts talking
about a topic you don’t want to pursue, you change the subject. Your goal is to get to know that person, pass the time at the party enjoyably, and possibly make a new friend.

The fact that you have no expectations about the person’s responses is important to how you should approach a non-directed interview. For illustration, I want to talk about two examples of the opposite technique—when the person wants the conversation to fit into some structure or belief they have already formed. You probably have experienced the interlocutor who forces the conversation back to his own points again and again. This person is insisting that you shift your worldview to match his own. As you know, these are uncomfortable conversations. (Don’t confuse this example with a person who plays devil’s advocate so that the two of you can both explore different perspectives together and enjoy learning new points of view.) A second example is a TV or radio personality who conducts interviews. This person has the explicit goal of entertaining his audience.
by drawing out the interviewee, trying to get them to reveal something new, talk about something controversial, or tell a titillating story. In both of the above examples, the interviewer directs the conversation to the topics he wants to talk about and asks questions about things that have not been mentioned yet by the interviewee. You want to do the opposite.

Of course, if the conversations starts heading in a direction that is out of scope for your research, you will want to redirect it. Keep your ears open for this. Above all, though, you want to feel confident and relaxed. Don’t expect too much of yourself. Running a non-directed interview is difficult at first, so you have permission to make a few false starts in each conversation.

**Six Rules for Mental Model Interviews**

There are six rules for mental model interviews that I’ve collected over the years

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2 Terry Gross’s interviews on National Public Radio’s “Fresh Air from WHYY” ([www.whyy.org/freshair/](http://www.whyy.org/freshair/)) are examples of interviewing with the goal of entertainment in mind.
that help when learning the art of non-leading conversations. I introduce them here and explain each in detail.
1. Behaviors and philosophies, not product preferences
2. Open questions only
3. No words of your own
4. Follow the conversation
5. Not about tools
6. Immediate experience

1. Behaviors and Philosophies, not Product Preferences
From the beginning, the main mistake I wanted to avoid was following what most software companies’ marketing departments were doing in the 1980s and early 1990s. The company would have a product under development, and marketing would be partially in charge of figuring out the next feature set. To do this, they would ask current customers what they liked and hated about the product they were using. They would ask what new functionality the customer would like to see in the product. Then they would report their
findings to the engineering department. It was a very narcissistic way to develop a product. So, I resolved not to ask customers about the product at all. I wanted to find out, instead, what customers were trying to achieve. I even talked to people who weren’t customers, to see if people who weren’t early adopters had different goals in mind. So my first rule about interviewing was to concentrate on what the person is trying to do and not on the product itself. Avoid the words “love,” “hate,” and “wish.” This rule moves you from the old type of evaluative research done by marketing groups to the generative research category.

I used to refer to this rule as “Do, Not Feel,” but people confused feelings with philosophies in their interviews, thereby missing out on the latter. By “feel” I meant “love it,” “hate it,” or “wish it did this.” I changed the rule to “Tasks and Philosophies, not Product Preferences” to be clearer... not to mention the fact that people could misinterpret the previous wording as a demand: “Do not feel.” Or something that
Yoda would say, “Do not; feel.”

2. Open Questions Only
Remember your junior high school journalism class? The six journalist questions were drilled into your head: who, what, when, where, why, and how. There is a good reason for this: These are open questions. A good reporter won’t let her own opinion prejudice a report she is writing. By asking “Were you at the Ivory Tower Nightclub last Saturday night?” she indicates she believes you were there, and she is missing the opportunity to find out where you were if you answer, “No.” By asking “What did you do last Saturday night?” she will get a more frank answer, and not let her interviewee know what she has pre-decided in her mind. Begin your questions with these six words and you can’t go wrong. Begin with “Did,” “Have,” “Are,” “Were,” or “Will” and you are leading the participant down the path of your assumptions.
Ask Open-Ended Questions

In the book *Difficult Conversations* by Douglas Stone, Bruce Patton, and Sheila Heen of the Harvard Negotiation Project, there is a chapter called “Listen from the Inside Out.” One of the paragraphs on page 174 of the Penguin edition makes this point:

“Open-ended questions are questions that give the other person broad latitude in how to answer. They elicit more information than yes/no questions or offering menus, such as, ‘Were you trying to do A or B?’ Instead ask ‘What were you trying to do?’ This way you don’t bias the answer or distract the other person’s thinking by the need to process your ideas. It lets them direct their response towards what is important to them. Typical open-ended questions are variations on ‘Tell me more’ and ‘Help me understand better...’”

3. No Words of Your Own
This is the rule that raises the most eyebrows. How on earth can you interview someone if you can’t use any vocabulary that she hasn’t already uttered? Well, it’s possible. Of course I don’t mean common words that we speak all the time. When I say “no words of your own,” I mean vocabulary that is specific to a topic or industry or circumstances of your product. Don’t ask the media buyer “How
do you determine your strategic market?” if he hasn’t mentioned “strategic market” yet. Maybe he calls it something else, or maybe he thinks of it as two distinct sub-components that he refers to in a different way. If you start throwing “strategic market” around in the conversation, he is liable to just shrug and go with what you understand, rather then explain his own perspective.

There is an oh-so-human tendency for participants to agree with you even though the structure you’re voicing isn’t necessarily their structure. This behavior is probably an attempt make sure the connection happens on the part of the participant. The person nods her head and thinks, “Yeah, yeah, that’s close enough, so yeah, I agree.” Avoiding vocabulary that hasn’t yet been introduced by the participant will solve this tendency.

4. Follow the Conversation
This is the “dinner-party conversation” rule. Don’t conduct the interview as a series of question-and-answer, call-and-response
snippets. Don’t act like an automaton reciting survey questions. Allow your participant to direct the conversation most of the time. If you must segue into a new subject, do it with a reference to what has been said so far. Have a conversation. Make sure your participant does most of the talking.

Since you are holding a conversation with the participant, you can adjust the flow of the conversation based on what the participant says. There is no need to cover your topics in any specific order, so don’t worry if the participant brings up something that you had planned to talk about later. Dive into it when the topic is brought up. It results in unbiased data when you let the participant lead the conversation this way.

5. Not About Tools
Don’t get into particulars about how the person operates each tool they use. This tendency is hard to overcome for those of us who have conducted a lot of usability research. Ahem. Find out what they are using
the tools to accomplish—what’s going on in their minds. What were they thinking when they were walking down the hallway to use this tool? (That’s the “Hallway Test,” found in Chapter 8.) Rather than dwelling on how a person looks up a phone number to make a call, explore what the call is meant to achieve. “Check in with a subordinate for status on a project?” “Place a re-order for a particular component?” Your conversation is not about the tool; it’s about the course someone is following to get something done.

6. Immediate Experience
In Chapter 5, when I talked about recruiting, I mentioned the need to ask for people who have recently done the thing you are researching. During the conversation, you need to keep this in mind. Ask about “the last time you did this.” It’s easy to follow the conversation into the deep past, or into an area your participant does not have much experience with. Be aware of this when it happens and wander back to areas where the participant’s intentions are strong and
easily explained. I should mention here that ethnographers find that details are often misreported. They believe that site visits and observation are the best way to avoid getting fiction mixed in with your facts. However, at the high level that you’re interviewing, there are few of these kinds of details in the first place. You’re not interested in whether the person smiles before or after saying “thank you” to the cashier in the grocery store. You’re interested in whether checking out is actually something that registers in the person’s mind, or if “getting a good deal on each item” is something he concentrates on more.
What Level of Granularity Should I Go For?

Take the Goldilocks approach: not too much and not too little. You want the “just-right” level of granularity. I realize that is a vague description, so here is an example. If you are interviewing someone about what they do when they get up in the morning, that person might “mentally review the points I want to make in the meeting at 9AM” and “brush my teeth” and “get dressed.” That person might also mention “ensure Johnny gets to his 8:30AM dentist appointment.” You will want to focus on the major goals, not the minor ones. Getting dressed does not count as a major accomplishment for most people. Then again, for a particularly fashion-aware person, choosing just the right ensemble and checking the look in the mirror would count as a valid set of tasks. In either case, “Buckle my shoes” does not count.

Usually the focus is on the more important goals: the 9AM meeting or the 8:30AM dentist appointment. For the latter, if you dive in, you might discover goals like “Map out route to dentist with least traffic” or “Remember to bring signed release form.” But don’t ever go to the lowest level of granularity. You don’t need to explore “Find pen to sign release form” or “Type URL for the traffic site.” That kind of detail is not needed.

(Continued on next page...)
What Level of Granularity Should I Go For? (Continued)

The mental model will be used to compare existing design features to what the user is doing, in order to decide if you are supporting people correctly. It will also be used to synthesize new design features. So the level of detail in the mental model doesn’t need to touch on details, but it does need to encompass the spectrum of people’s behavior and go into depth about the reasoning behind the actions.

Bolster Your Confidence

These six rules are what keep me confident and organized going into an interview. But rules are not everything. Experience is most of the equation. Before conducting this kind of interview for the first time, test it with a friend—say your running partner. Next time you’re both out running together ask her what she uses her sports watch for. See if you can ask open questions and avoid introducing ideas or vocabulary that she hasn’t mentioned yet. Try to get at the root reasons why she does things like “time my run.” Let her lead the conversation. If the conversation veers into how little control she has over the time
meetings take at work, gently shift it back to the scope of the sports watch. Press her for
details about how she learned that “slowing
the tempo of a run burns more fat” and why
it is important to her. This trial interview
will help you get the feel for the kind of
conversation you want to have. ³

I want to emphasize that you should
follow each topic through to its task-related
conclusion. For example, in one project
we ended up with the phrases “manage
employees” and “hold meetings.” These are
not tasks. Why are you holding meetings?
What are you trying to get done? What,
extactly, does it mean to manage an employee?
“Set assignments” and “Encourage skill
growth” are more like it. Just because you
have assumptions about what it means, don’t
move on when you hear “manage employees.”
If it’s within the project’s scope, pursue it.

³ By the way, I’d love to help someone design a better trail running watch. There
are some behaviors that are, as of yet, unsupported, like, “Decide Whether to
Turn Off Stopwatch During Breaks” and “Check to See If I Turned Stopwatch
Back On.”
Be Considerate of Your Participant

Another thing to mention is sensitivity. You will be interviewing strangers, and sometimes the topic of conversation will touch on something they hesitate to discuss. Please be attuned to this and offer reassurance that you’re not interested in their trade secrets, or simply apologize and move on to a different subject.

Sometimes a participant will wonder why this interview is so different than what he was expecting. A couple of times, participants have stopped me and asked, “Why are we talking about this? Don’t you want to know how I use the ___?” I stop and explain to them the nature of this research, that I am interested in the environment in which they are working, the philosophies they follow, and the motivations that cause them to do things a certain way. I explain that I’m interested in all the tools they use. Sometimes there is a history between the participant and the group conducting the research, possibly resulting in a rocky relationship. In these cases, I do my best to make a good impression, honestly
telling them everything we hope to do with the research. In one case, I excused the participant from the interview because he was just too uncomfortable with it. Do what makes sense in the situation, bearing in mind the lasting impact it will have on all those involved.

It’s encouraging to know that most people love to talk about themselves and what they do. Usually the challenge is to rein them in, rather then draw them out. Even when speaking to participants from other cultures, I have found this to be true. Just make people feel comfortable, and they will tell you all sorts of things.

**What Goes Through My Head While Conducting an Interview**

I believe an example will be helpful at this juncture. Here’s a transcript from an interview I conducted in June 2004, followed by a rundown of the steps I took in response to what the participant was saying.
Your Inner Three-Year-Old

What is it about that age when toddlers start to ask, “Why?” It is both engaging and frustrating. Toddlers are at a stage where they are figuring out how things work. If an obliging adult is within earshot, they will pepper her with “Why?” questions.

**Adult:** If you’re not going to finish your milk, please put your sippy cup in the refrigerator.

**Toddler:** Why?

**Adult:** That’s what we do. We put it there so it won’t go bad.

**Toddler:** Why?

**Adult:** Milk goes bad if you don’t keep it cold.

**Toddler:** Why?

**Adult:** Well, it will start to smell bad and eventually grow mold.

**Toddler:** What’s mold?

**Adult:** It’s slimy black stuff that will grow in your sippy cup if you leave it out on the counter.

**Toddler:** Why?

**Adult:** Because I said so.

At this point, the adult reaches the edge of their field of knowledge and yearns to get out of the question game. But you can see how the toddler managed to get a lot of helpful explanations out of the adult before frustration set in. Your job is to play the toddler without treading on someone’s sense of propriety.
Sample Moviegoer Interview

Here is a sample moviegoer interview. (Lane Becker is my former co-founder at Adaptive Path who went on to start Satisfaction Unlimited.)

**Indi:** Tell me about the movies you see.

**Lane:** I’ll go see anything. That’s not totally true. I won’t go see anything. I have preferences, but they’re all over the map. I like independent movies and the cheesy teen movies, and I always wanted to write a screen play. It would be a teen movie based on Moby Dick. I’m very excited about it. That would be hilarious. I’ll go see summer blockbusters. Going to see movies is very much about setting expectations ahead of time before you see it.

**Indi:** How?

**Lane:** Going into a movie, you set the bar for what you think it will be. It puts me in contrast to Peter who decides whether the movie lives up to the high bar he set. As a result he never sees cheesy teen cheerleader movies. I will go see them and not expect anything, and some of them are brilliantly structured or well written. I don’t enjoy being constantly disappointed.

**Indi:** What do you mean by structure?

**Lane:** I was a film student in college and studied screen writing. There is a standard way to roll out a Hollywood movie. It’s a baseline for what a movie can be. A summer blockbuster is like paint by numbers. You know what’s going to happen in the first 30 minutes and the next 60

(Continued on next page...)

183
Chapter 7
Interview Participants
minutes. You know how the movie is going to be. To me, it is creative when they turn it on its head and have unexpected moments, good writing, good character development, things that aren’t obvious. Summer blockbusters are obvious. There is an old joke by William Goldman (who was a famous screenwriter in early 80’s); the problem with Hollywood was that they always want to explain everything. He’d be sitting in a meeting after seeing the dailies and it would be a western with all these buffalo going over this big cliff, with big noise and thundering feet and some manager will say, “Hey can we add a voice-over that says, ‘Here come the buffalo?’” I prefer when they don’t do that, but that’s okay. I get ideas out of a bad experience.

**Indi:** What do you get?

**Lane:** Ideas about what not to do. Part of the fun of watching movies is thinking about construction, creative process, how people are engaged.

**Indi:** What else can you tell me about going to movies?

**Lane:** I go with Courtney; usually it’s a last minute decision. We’ll see a hole in our schedule. It’s really rare that I will say, “Let’s go see a movie next Tuesday.” I’m all, “Hey, we have a hole in our schedule. Let’s go see a movie!” Or two! Sometimes we have the whole afternoon and we see a couple of movies. I’ll see anything. That’s not true. I don’t like the ridiculous romances. Some of them are so cheesy and over the top.

**Indi:** In what way?

(Continued on next page...)
Sample Moviegoer Interview (Continued)

**Lane:** Oh, “she finds love in a villa in Tuscany.” I’m not going to see bad kids’ movies. I have to think about that—the quality. It’s what I’m interested in.

**Indi:** How, quality?

**Lane:** It’s what’s new. I subscribe to different mailing lists where they talk about what’s coming out, and I read reviews on Fridays. There are independent reviewers that send out reviews and I pretty much know where I agree and disagree with them. So, I subscribe to mailing lists and on Friday read whole litany of reviews. Metacritic and Rotten Tomatoes. I will sit there and read the reviewers that I respect. That will effect whether or not I go see a movie. If a reviewer I respect doesn’t like it, it will disincline me from going to see the movie. If they have bad reasoning or bad taste then I won’t pay attention to them. The Stepford Wives—I really enjoyed the first one and the actors are ones that I really enjoy, but a bunch of reviewers said the studio trashed it and rewrote the third ending after extensive testing so I was disinclined to see it.

Right off the bat, Lane’s response to my introductory question hits on several points that I jot down: What’s his philosophy for choosing movies, what’s the story behind the screenplay, and what’s this about setting...
expectations? I ask about the latter first. His answer includes a reference to structure, so I ask about that, figuring that it’s connected to the screenplay reference. He was a film student—how unexpected! I get a little excited that I have such a knowledgeable moviegoer here, and I immediately check myself to be sure I am not going down a path that’s out of scope. Helpfully, Lane describes what he’s looking for while watching a movie in terms of screenwriting and character development. I jot those down for later. Then he tells a joke, but gets right back to what he gets out of the movie experience: ideas. I ask him more about it by repeating a phrase he said. His answer touches upon two new topics: The creative process and how people are engaged. For some reason, though, I jump back to the general question. Maybe I have a gut feeling that there’s more to tell me here. Indeed, Lane’s answer refers to his wife and the logistics they use when deciding to see a movie. Then he jumps back to his philosophy for choosing a movie. I ask him to explain,
and he replies that he’s looking for quality. I ask him to explain his philosophy on quality. What comes next is an explanation of how he uses reviews to help him decide on a movie.

At this point, we are only five or 10 minutes into the interview, but I have a list of additional references to explore:

- Story w/screenplay—more about film student, ideas?
- Screen writing, character development—more?
- Creative process
- How people are engaged

Thus the conversation grows on its own. All I have to do is pay attention, make sure we stay in scope, and dig down to the root reason why Lane is doing something.

When the interview is finished, you should upload the recording to a central file repository as soon as possible. Label the file using the ID number associated with the interviewee (never their name). Let the stakeholders know when a particularly good interview has been
posted and refer to its ID number as the file to download if they wish to listen to it.

**Ghosts and Ownership**

I used to insist that a project guide join me as a silent listener on the phone for as many interviews as possible. I call this “ghosting” a call. I would actually type the transcript as the conversation unfolded, and then I would keep the project guide on the line after the interview and read through the fresh transcript. This approach offered the opportunity for me to learn a little back story from the project guide and to ask about certain industry-specific terms. By including her, I felt that the project guide would be more invested in the process and feel more like an owner of the resulting mental model diagram. If the project guide collaborated on the transcript, she would be able to explain the mental model to others in the organization. Moreover, I wanted those transcripts to be complete and correct. Reading them again immediately after the interview while the details were still fresh was
the most effective way to get the transcripts in perfect shape. (I have often experienced the work of bad transcribers, who take a perfectly good recording and reduce it to a series of x’s and blanks for the parts of the conversation they just don’t understand. A good transcriber would never do this.)

These days I realize ghosting a live call is a tall order. Project guides and other stakeholders prefer to listen to the recordings of one or two interviews on their own time, say after the business day has drawn to a close, rather than during the middle of their busy schedule. Also, typing the transcript as the participant was speaking made paying attention to the conversation a hair more difficult. Most people don’t have this skill, and hiring a real-time transcriber can be expensive. And finally, reading back through the interview right after it took place was boring to a lot of people. The value was not great enough.
In the future I will still insist that project guides ghost the calls when the topic is about an industry that might require some explanation. I can just spend five minutes on the phone with the project guide after the interview and discuss the aspects that I missed or the points that I misinterpreted.

**Aliant’s Basement Rooter**

There was one interview I recall where the client was laughing after the participant hung up. We were talking to telecommunications consumers, and the topic was the internet service subscription they had. I was exploring how the participant went through the process of setting up the equipment. They had a basement, and placed the equipment down there. Then they kept referring to something as a “rooter.” I, from California and not the northeast of Canada, thought they were talking about plumbing. I kept trying to change the subject, back to the internet equipment. My clients had been dying to tell me that “rooter” was the way they pronounced “router!”

The most common reaction I get from project guides after they ghost an interview is, “You didn’t talk about our service/product/web site!” No matter how much you explain the difference between generative and evaluative
research up front, it seems to take one interview for the significance of what you’re doing to sink in for the project guides. Be patient; they always “get it” by the time they see the mental model.

**Popular Tricks for Getting Through an Interview**

I mentioned in the last chapter that I keep little notes around me to jot down a few phrases during the interview. (I would use a little piece of paper and scrawl handwritten notes—but I have difficulty reading my own grocery list, so this technique works best if you have decent handwriting skills.)

Another trick is described in *User and Task Analysis for Interaction Design* by JoAnn Hackos and Janice Redish. Indeed, they have a whole chapter on interviewing techniques, “Conducting the Site Visit—Honing Your Interviewing Skills.” But on page 286 they talk about “active listening.” This technique is the practice of repeating back to the interviewee what she just said as a way of asking her to explain herself in more detail.
Permission to Let Problem Participants Go

Even the best recruiters sometimes let a bad apple into the list of participants. This bad apple might be terse, difficult to draw into conversation, not interested in talking, or just plain impossible to understand. After a few exchanges where you ask a question and he answers with a single word or with streams of gibberish, you have permission to give up. Tell the person you have collected enough data, thank the person for their time, promise them the stipend, and hang up. Then go back to your recruiter and find a replacement.

I’ve seen people have trouble with the level of depth they should explore. It takes practice to get the right level of granularity. Most beginners skip over important details. I remember one of my first interviews where the participant mentioned that she held weekly team meetings. I thought, “Great, I know what a team meeting is,” and went on to the next topic. However, when I was looking at her statement later, I realized that I didn’t really know what was going on at the meeting. Were they reviewing work, stating progress, giving assignments, or maybe a few of these? I wished I had asked, “Why?”
And finally, yes, it is difficult to get the hang of asking open questions. No matter how hard you try, you will find yourself asking a leading question or two every interview. I still do this. Don’t be too hard on yourself. Here is a complete list of questions that I asked during one interview, with the leading questions highlighted in red. I asked two leading questions in this interview.
Actual Interview Questions—The Good and the Bad

In your role as a consultant, what services do you provide?

Do you ever play a role in recommending enterprise software systems for your clients? *(This question is okay; he had mentioned his role already. I wanted to find out if he did this so I could ask more about it.)*

The gap you just mentioned between the business goals. Please go back and tell me what you’re actually doing.

Were you involved in the definition of those business rules? *(He mentioned the definition of business rules, and I wanted to find out if he was involved and ask more about it.)*

Can you tell me where you started? What did you do when you began your first engagement?

How did you find out that they were wrong? *Were you* reading things? Talking to people? *(I should have stopped after the first part of this question.)*

How did you triage? What was that process like? What steps did you take?

How did you actually telegraph that?

What did the picture look like?

And then you said you presented that? *(Repeating what he said to encourage him to tell me more about it.)*

(Continued on next page...)
Actual Interview Questions—The Good and the Bad (Continued)

What were those presentations to the working folks and executives...how did they go?

So those recommendations were coming from the executives during those sessions? (Verification of what he said.)

What’s your next step?

And were you involved in setting up the metrics? (He mentioned setting up metrics, and I wanted to find out if he did this.)

How did you do that?

How did you measure them?

How did you actually get that data?

So that’s one of the things you’re involved in now? (Encouraging him to tell me more.)

So you’re getting some of this data out of the system and then you mention you’re reporting to the executive team. (Repeating what he said.) How does that happen?

Let me back up a little bit. This is all about cleaning up issues from the first implementation. (Repeating what he said.) Is there anything else to describe what’s going on?

Is this what you’ve been engaged in for the last 10 months? (Verification of what he said.)

How do you know these techniques? How do you know what will work best?

(Continued on next page...)
Actual Interview Questions—The Good and the Bad (Continued)

How do you keep up to date on the latest?

Can you mention a couple of examples?

Can you tell me...what are your steps in processing this information?

At what point do you refer back to them? *(Digging a little deeper.)*

It sounds like you remember all the topics you filed away.

What are some of those topic areas you have set up?

*Do you* help choose software? Can you go through that? *(He had mentioned choosing software, but I could have skipped this first question.)*

Who were you working for at that time?

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Plan Your International Interviews

Take advantage of telephone interviews to talk to people in distant locations and in other countries. If the organization you’re doing research for is a multi-national company, this should be pretty easy to arrange. Recruiting can be done with the help of local employees, such as sales reps or customer service reps. International calls are not hard
to arrange. Translators are available. Time zone differences are the biggest hurdle, really. It may mean early mornings or late evenings for you, the interviewer, depending on which continent you’re on.

I have conducted international interviews at both ends of the formality spectrum. Some were laid back “call this person at their desk” contacts. Others were conducted in partnership with a local recruiting firm who also hosted the interviewee in their market research lab and provided an interview “interpreter,” who did more than just translate. In the latter situation, the interviewee would arrive at an office address at the specified time, be introduced to the research offline by the interpreter, and then they would bring me into the conversation. After I rang off, they continued the conversation a few moments to tie up loose ends and took care of the stipend. Then the participant was free to be on his way. (Oddly enough, both the informal and the formal experiences were with people in Japan, where you would expect things
to conform to a more formal arrangement.) I recommend following the suggestion of the local contacts you have as to the level of formality. If you have no local contacts, network with your peers to see who does. In countries where you are likely to conduct research there are usually market research firms and often usability labs and the like.

No matter which country you are dealing with, it is smart to write up two introductory documents: one for the participant and one for the interpreter. These can be sent as an informal email or through other channels. They serve to make the parties involved feel more comfortable with the interview format. I have heard that some cultures regard an interview as a test. An introductory letter will help alleviate any misunderstanding or anxiety on the participant’s part. With the interpreter, I will try to get in touch with her before the interviews to get familiar with the

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4 Examples of each letter, for the participant and the interpreter, exist in the Resources section of the book site www.rosenfeldmedia.com/books/mental-models/content/resources
service she offers, and to familiarize her with the non-directed interview technique. So far I have encountered fabulous professionals in this vein who have had no trouble with the interview style.

Sometimes the participant wishes to speak my native language, English, in the interview. I am happy to oblige, but I still arrange for a person who could translate to be involved in the call just in case words fail us. I usually don’t let the participant know that this is my safety plan, in case I injure his sense of pride. About 50% of my interviews where the participant spoke in English have been just fine. Often these participants have attended college in an English-speaking country, or they have studied English since youth. However, there are those other 50% of interviews where we fell back upon the translator for help, often for the rest of the interview. I feel bad for the people who wanted to exercise their speaking skills, so I do my best to make them feel respected and appreciated.
The University Effect

All my international research projects to date have studied corporate topics, such as “how do people purchase and maintain enterprise software” or “how do people in R&D, production, or material supply choose which chemicals to use?” In all of these projects, we have not found any part of the mental model that is regionally distinct. People in all countries we have studied exhibit the same mental model. I believe this is because the process they follow—the science or the best practice—was taught at the university level. Everyone employed in this manner has the same fundamental understanding of the practice. I call this “the university effect.” I suspect that if I study something that is more cultural, I would find differences from country to country.

Make Transcripts

Transcripts are important. I could just leave it at that and end the chapter here, but let me explain. If you are a visual person, your work will be a hundred times easier with a transcript. If you are an aural person, you could listen to each recording and write down tasks as you hear them. Sorting out implied tasks and philosophies might not be hard for someone who is skilled, but writing or typing fast enough to keep up with the recording, or
stopping it and starting it repeatedly, might become annoying to an aural person. No matter what, skipping the transcript does not make things go faster. It does not make analysis a suddenly speedier exercise. You still have the same amount of intellectual processing to do over each and every sentence.

So, make things easy on yourself and hire a transcriber. I have seen costs in the range of $100–$150 per 60-minute interview. I mentioned before that there are transcribers who are not as skilled as others. Judge the level of quality by the number of blanks in the transcript. If there are only a few, and they are labeled “garbled recording” or “two people talking at once,” that is acceptable. If there are more than a few blanks because the transcriber simply doesn’t understand the vocabulary, then hire someone else. Grammar, spelling, and punctuation in the transcript count for quality too. You’re not the only one who will read that transcript. It might end up in the hands of an executive well after
your part in the project is over. The transcript should follow standard spelling, grammar, and punctuation practices. Make sure it looks publishable.

If your transcriber is not a professional transcriber, sit down with her and go over what you need from her work. Ask her not to add words or skip words, but to type up the conversation exactly as it was recorded. Tell her that if she can’t hear some part of the dialogue that is ancillary to the topic, such as the two of you commenting about a funny situation, it’s not important to capture, or just ask her to capture it in brackets as [joking] or [laughter] in the transcript. (If you go over the transcript later, and you happen to add something, be sure to demarcate it with brackets, as well.) Ask her to identify the speaker, in the same manner a play is formatted. If there is a part of the recording that just doesn’t make sense, ask her to mark down the time stamp, and listen to it yourself to determine the wording.
The Marlboro Man

I remember one recording where we were interviewing a man in China whose English was very good, but who had an accent. He was an engineer who designed printed circuit boards. There was one point in the conversation where he referred to the “marlboro.” I thought, certainly he can’t be talking about cigarettes! So I asked him more about the topic and every time he said “marlboro” I was no closer to understanding what it was. I finally gave up and moved on to another topic. The transcriber had the same problem with the recording. “Marlboro? He isn’t talking about cigarettes, is he?” So we asked someone else on the team to listen to the recording. She had worked in the same general region as this man, and she unlocked the mystery. “He’s saying ‘motherboard.’”

With experience, conducting the interviews will become the most enjoyable part of the mental model process. It is the analysis of the transcripts that will be the greater challenge. But, as the next chapter points out, analysis can be tamed.
CHAPTER 8

Analyze the Transcripts

Comb for Tasks 206
Get Some Practice 241
Answers 250
Analyzing the transcripts has been described as both “powerful” and “painful.” The powerful part is the sheer amount of knowledge you process and represent in the resulting diagram. The painful part comes in the hours spent pulling behaviors out of the transcripts and finding patterns.

This step in the process is where you focus on the detail. It is an intense period of work, and I describe several approaches to making it achievable in the “Plan Your Logistics” section at the end of Chapter 9. You begin by reading through the transcripts line-by-line, looking for phrases that represent “tasks.” I call that “combing.” After you comb the tasks out of the first couple of transcripts, you look at them to see if they form any groups. For each additional transcript, you add tasks to existing groups or form new groups. When the grouping is complete, you create the diagram.

The process is pretty simple. The resulting

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1 I got in the habit of using the word “task” years ago because I derived this approach from task-analysis.
diagram is powerful. The determination to plow through all the transcripts can be painful to summon, but thankfully there are personality types out there who like to do this sort of thing.

**Comb for Tasks**
You would think that tasks are pretty easy to spot. You studied grammar in school. You know what a verb is. A task is just what someone is doing—the verb in every sentence. Right?

Nope. First of all, we don’t tend to be specific in conversation. We rely on context and generalizations. We use tone of voice, popular culture references, gestures, etc., to convey our meaning. Second, as a part of human nature, we tend to speak in terms of our intentions, reasons, opinions, and desires rather than simply what we are doing. This makes it a little more difficult to recognize a task in a transcript of someone’s conversation.
What Do You Mean by “Task?”

I use the word “task” loosely. When I use the word “task,” many of you in the research field might think of “mouse clicks” and “steps to completion.” Others might think strictly in terms of “tasks and goals.” Because I want just one word to use in sentences when I’m describing this process, I use “task” to mean actions, thoughts, feelings, philosophies, and motivations—everything that comes up when a person accomplishes something, sets something in motion, or achieves a certain state. With this definition, more intangible aspects of the person’s experience will make it into the mental model and will influence you to craft a better product. Tasks can be defined in many ways. There is a movement afoot to encourage designers to expand beyond strictly “tasks and goals.”

If I say, “My colleague gave me directions. She told me to turn right, then turn left into the driveway and park,” the turning and the parking are not the tasks. “I” was a tool in the hands of that colleague. She was doing the thinking and I was just pressing pedals and turning wheels, so to speak. My task was “follow my colleague’s directions.” Sure, you could argue that pressing pedals is a task, but it is so insignificant in the scope of the
research that it should not be included.

So how do you identify a task? For the purposes of this research, you are interested in what people are doing, thinking, and feeling—at a level sufficiently detailed to describe intentions and approaches, but not so detailed as to focus too narrowly and forget the overall goal of the research. As I mention in Chapter 7 about interviewing, you are not interested in what the person might do or hopes to do. You can identify a task as one of the following.

- **Task**: a phrase stating an action or step to accomplish something
  (I walk the dogs every afternoon.)

- **Implied Task**: a not-so-clear phrase implying an action
  (Every afternoon the dogs need to go for a walk.)

- **Third-Party Task**: a phrase that mentions a task someone else does
  (My daughter walks the dogs every afternoon.)
• **Philosophy**: a phrase stating a belief or why tasks are done a certain way
  (Dogs should be walked twice a day.)
• **Feeling**: a phrase describing a person’s feelings
  (Walking the dogs is my way of relaxing.)

Better yet, there are a few tests that you can use to identify something that is *not what you’re interested in*. Here are some things that sound like behaviors but don’t directly reveal how someone does something.

• **Preference**: a phrase stating a person’s likes or dislikes
  (I don’t like walking the dogs in the rain.)
• **Desire**: a phrase stating what the person wants
  (I am hoping to take the dogs to the new dog park when it opens.)
• **Expectation**: a belief that something will happen
  (I think everyone will clean up after their dogs at the park.)

Here are indicators that tasks, thoughts, or
feelings are probably *about to be* expressed, but this phrase itself is not the task.

- **Medium**: the tool being used to do something
  (I use biodegradable plastic baggies.)
- **Statement of Fact**: a phrase describing a circumstance
  (My dog sheds a lot.)
- **Explanation**: a phrase describing how something works
  (The retractable leash has a locking mechanism.)
- **Circumstance**: a phrase describing a situation or occurrence
  (One of the dogs ran into me while playing.)
- **Complaint**: (you ought to be able to recognize this)
  (The snap on the leash keeps pinching my finger.)

And finally, there are a couple of ways to determine whether your task is at the *incorrect level of granularity*—that is, not too specific and not too general.
• **Particular Task**: a very specific phrase explaining the little details of a task, or a task that is industry specific, where the people you are interviewing come from different industries (I open the snap at the end of the leash, and I put it through the D-ring on the dog’s collar. Then I release the snap to close it.)

• **High-Level Task**: a general task statement with no detail, or detail that appears later in the conversation (I am responsible for taking care of my dogs.)

It is important to really understand this granularity issue. Go back to the defined scope of your research project. “How do prospective customers make a purchase decision?” “How do employees maintain their contractual relationship with the company?” “How do patients deal with a disease they have just been diagnosed with?” If your scope is closer to “How successfully do our users interact with our online product,” you should be conducting usability tests, not making a mental model.
The Hallway Test

If I’m in doubt about whether something is the right level of granularity, I ask myself, “Would this be on someone’s mind as she walks down the hall?” For example, Sylvia might be walking down the hall to her office thinking, “Shoot, I need to hurry up and write Bill a summary of my work to include in his presentation this afternoon.” She would probably not be thinking “I need to open a new document on my computer.” In the former sentence, you see a rich range of concepts, such as the need to hurry, the idea of supporting Bill with information, interest in the work she is summarizing, and the idea of an afternoon presentation.

Another thing to mention is the frequency or recurrence of tasks. You don’t need to record the rate at which a task occurs. For purposes of the mental model, we are only interested if it occurs, not in the cycles of the task. A mental model diagram may run in somewhat chronological order, but there will be places where people will skip back or forth in the diagram, or repeat a certain task. The mental model diagram is not designed to represent these directional changes. You may safely ignore them.
Tracking Desires and Complaints

In addition to tasks, sometimes I capture desires, expectations, or complaints in a second document. Humans can’t help but explain these things in conversation. As Todd Wilkens of Adaptive Path says, “There’s a treasure trove of data in an interview.” Sales, marketing, and research and development may learn something from reading this list. You also may want to review these lists when designing your solution to stay true to the spirit of your users.

I want to emphasize that mental model diagrams don’t represent the tools or media a person is using. You’re not interested in separating a task about “Tell my boss I finished the project” into “by telephone,” “by email,” or “in person.” You only need to record the root task. Try to be tool agnostic.

Good Examples of Tasks

The following examples are a great way to illustrate the distinctions between a task and something else. You will note that I use a verb+noun format. I keep the verb+noun phrase succinct. And, I copy the quote from the transcript that shows the task in the
first person. I keep these quotes as short as possible; otherwise, I’d end up with the whole transcript copied into my tasks. Not everyone copies quotes from the transcript; it is extra work. Folks working by hand with sticky notes may find this burdensome.

**Trace a Quote Back to the Transcript**

The handy thing about the quotes is that they illustrate the task more clearly than a short noun+verb phrase. When you share your work with others, or when you read the task later, you may think, “Now, what does that mean?” Feeling certain that you can figure it out, you read the quotes associated with the tasks. At this point your glee turns to frustration. “I still can’t remember what was going on here.”

If the quote doesn’t tickle your memory, copy some of the words in the quote, open the appropriate transcript, and paste the words into the Find field. Magically you’ll be whisked to the exact context of the quote and be able to read the whole conversation before and after it.

Note: If there are ellipses (...) in the quote, don’t copy them. It means the quote to the left of the ellipses comes from a different place in the transcript than the quote to the right.
The verb+noun phrases all need to be in present tense. No gerunds—they just complicate things. “Targeting” should be “target.” “Convincing” should be “convince.” Also, use the first person, to preserve the immediacy of the tasks.
<table>
<thead>
<tr>
<th>QUOTE</th>
<th>TASK</th>
<th>TYPE OF TASK</th>
</tr>
</thead>
<tbody>
<tr>
<td>“The most important thing it does is help us to...to be more organized or better organized.”</td>
<td>Look for Technologies to Help Company Be More Organized</td>
<td>Implied Task</td>
</tr>
<tr>
<td>“We are very interested in following developments in this work. It came to the attention of several of us in the department way before the business office would even consider it.”</td>
<td>Follow Developments in My Industry</td>
<td>Task</td>
</tr>
<tr>
<td>“I think the first impressions do mean a lot... if you walk in the door and you’re not exactly the image the person’s looking for or something, you don’t have a shot...”</td>
<td>Believe First Impressions Decide a Lot</td>
<td>Philosophy</td>
</tr>
<tr>
<td>“I did for my car. I have a Prius, and the navigation system and all of that.... Actually, I’m raving. I love the car. I absolutely love the car.”</td>
<td>Rave About Hybrid Car in Online Forum</td>
<td>Task</td>
</tr>
<tr>
<td>“We have physical paperwork the customer is required to turn in with signature... We’re depending on the customer to either get the paperwork in to us or fax or email.”</td>
<td>Collect Signed Paperwork from Customer</td>
<td>Implied Task</td>
</tr>
<tr>
<td>“It must have been my first real full-paying job. First time I’d got paid. There’s a certain novelty. I went to the bank to see that it had gone in.”</td>
<td>Verify My Auto-Deposit</td>
<td>Implied Task</td>
</tr>
<tr>
<td>“My closer friends are married, so I think I open up to them a little bit more than my girlfriends...”</td>
<td>Feel More Open with Close Friends</td>
<td>Feeling</td>
</tr>
<tr>
<td>QUOTE</td>
<td>TASK</td>
<td>TYPE OF TASK</td>
</tr>
<tr>
<td>----------------------------------------------------------------------</td>
<td>-------------------------------------------</td>
<td>-------------------------</td>
</tr>
<tr>
<td>“Being a gadget guy, I went with the camera phone...It was only another $29. Spread that out over 36 months, that’s not much.”</td>
<td>Justify Cost of Camera Phone</td>
<td>Implied Task</td>
</tr>
<tr>
<td>“Spend time in the field getting raw data. Walking off poles, measuring, getting heights of where fiber is going up.”</td>
<td>Collect Data in the Field</td>
<td>Task</td>
</tr>
<tr>
<td>“We ask them what they’re trying to accomplish...have in their mind what they’re trying to accomplish.”</td>
<td>Ask About Design Goal</td>
<td>Task</td>
</tr>
<tr>
<td>“I don’t think it’s a very comfortable experience for either person. I mean actually trying to hook up two people who are single...”</td>
<td>Feel Hooking Up Two People Would be Uncomfortable for Both</td>
<td>Philosophy</td>
</tr>
<tr>
<td>“We have...people who are able to find out interactions between different products.”</td>
<td>Explore How Product Interacts Among Different Products</td>
<td>Third-Party Task</td>
</tr>
<tr>
<td>“They decide what the table looks like, where the data gets sent.”</td>
<td>Decide What the Table Looks Like</td>
<td>Third-Party Task</td>
</tr>
<tr>
<td>“I would be comfortable meeting somebody from the Internet in a group setting...for safety reasons... me it’s trying to go out in groups, not one-on-one...”</td>
<td>Feel More Secure with Friends in Group Environment</td>
<td>Feeling</td>
</tr>
<tr>
<td>“Father told me, pay yourself first. Take money off the top and set it aside ...My father is very smart when it comes to investments. He’s helped me set things on the right course.”</td>
<td>Learn Financial Behavior from My Family</td>
<td>Implied Task</td>
</tr>
</tbody>
</table>
As you can see, with the implied tasks you are required to interpret a little. This is the “art” of the process. You will find it easier if you ask yourself, “What is this person really trying to do?” Get at the root task. Apply the hallway test. Here’s an example from the transcript of an interview with a woman in Japan.

“Because of the corporate security policy, I cannot use my Palm at work. I have the Outlook schedule synchronized to my Palm as I put my Palm into the cradle at home, although I don’t update it so often... because [I have a] paper-based organizer, the notebook, schedule book.”

Is there a task here? Why is she using a paper-based organizer in addition to the PDA? I looked back at the transcript and read that she uses paper in the work meetings she attends because it’s frowned upon to use the PDA. The root task she’s really talking about is “Synchronize Paper Notes with Electronic Schedule.”

**Task Examples That Need Work**

When you first start out, it’s really difficult to sift tasks out of a transcript. Most often you will see tasks in every sentence. Chiara Fox,
an Information Architect at Adaptive Path, says, “Determining what is fact and what is a task is harder than it seems.”

The following examples illustrate tasks that someone pulled from a transcript, with my explanation of why they are not tasks and, if possible, where the analyst could find a task in each quote. These examples were pulled from hundreds of email conversations I have had with people over the years. (My thanks to those who contributed so generously!)

<table>
<thead>
<tr>
<th>QUOTE</th>
<th>TASK</th>
<th>TYPE OF TASK</th>
</tr>
</thead>
<tbody>
<tr>
<td>“That’s why we made the decision to purchase this product to provide the framework to build our data warehouse.”</td>
<td>Provide a Framework</td>
<td>High-Level Task</td>
</tr>
</tbody>
</table>

This phrase is a goal, but not quite a task. The interviewer (yours truly) didn’t drill down into the detail yet. This happens a lot in conversation. The first question I ask elicits a murky response, so I delve deeper to get to the more detailed tasks. If you notice this, don’t bother pulling tasks from the first
answer because they’ll be repeated in much more depth in the follow-up questions. You can skip this one entirely.

<table>
<thead>
<tr>
<th>QUOTE</th>
<th>TASK</th>
<th>TYPE OF TASK</th>
</tr>
</thead>
<tbody>
<tr>
<td>“The marketing dept has to come up with new ways of persuading advertisers to place ads with us.”</td>
<td>Persuade Advertisers to Place Ads</td>
<td>Particular Task</td>
</tr>
</tbody>
</table>

This task is very industry-specific within the scope of the research. We didn’t interview any other newspaper folks. If we record it, it will fall in a tower and mental space all by itself. Concentrate instead on the scope of the research. In this case, the scope was “How do people purchase, install, and maintain our products?” In addition, this is a third-party task. It is the folks in the marketing department who are creating packages to sell to advertisers, targeted to certain audiences. This guy, himself, is just describing what these other folks are doing. I would ignore this task.
Here the noun, “information,” is kind of vague. Ask yourself if there is anything in context that would allow you to clarify it. Here is a larger snippet from the transcript: “Yeah, I think it’s important also for marketing to be able to correlate Herald data with external data of some kind...One example is a company called InfoUSA that markets telephone numbers and addresses across the US. I would take a sample size...” When I read the context of the quote, I came up with this task instead: “Correlate Data among Internal & External Sources.” I discovered the root task and changed the verb, too. This is a third-party task.
The topic at this point in the transcript was about a team of folks figuring out the answers to questions the hard, old-fashioned way, rather than just making queries to a database. The root task here is that they got annoyed enough with the hard labor that they decided to buy a data warehouse. “Decide to Warehouse Data to Avoid Laborious Number Crunching” is a better way to portray it.

It’s okay to replace the word “people” with the word “vendors” so that it has a little more meaning. This participant does use the word “vendor” later.
The quote goes on to describe the various ways they achieved this goal. We can ignore the “bringing the information together” part because it’s described in more detail as the interviewer elicited more elaboration.

The essence of what he is saying is that he and his team became aware of a technology before the rest of their company, and therefore had to evangelize, persuade, and educate the business office as to the benefits. He follows developments in the IT world through these magazines. This task can be more powerful if worded like this: “Pursue Concepts from
Industry Magazines.” He does more than just read.

<table>
<thead>
<tr>
<th>QUOTE</th>
<th>TASK</th>
<th>TYPE OF TASK</th>
</tr>
</thead>
<tbody>
<tr>
<td>“We got the marketing department’s main person to see the demo. She instantly saw the power. It didn’t take her long to catch on to what this could do for her.”</td>
<td>Demo Possible Solutions</td>
<td>Vague Verb</td>
</tr>
</tbody>
</table>

This task doesn’t seem to match the quote. It’s a well-formed task, but the quote says that the person brought in the director of the marketing department to “Explain the Power of a Solution to Peer.”

<table>
<thead>
<tr>
<th>QUOTE</th>
<th>TASK</th>
<th>TYPE OF TASK</th>
</tr>
</thead>
<tbody>
<tr>
<td>“More recently we’re turning our attention to the AJAX aspect of it as well.”</td>
<td>Turn Attention to AJAX</td>
<td>High-Level Task</td>
</tr>
</tbody>
</table>

Here he is speaking at a high level about his job responsibilities in the first minute of the interview. This is a high-level task. Often, high-level tasks appear in the first paragraph of the transcript, and concrete detail appears later. You can ignore this task.
<table>
<thead>
<tr>
<th>QUOTE</th>
<th>TASK</th>
<th>TYPE OF TASK</th>
</tr>
</thead>
<tbody>
<tr>
<td>“Many years ago we decided we don’t want reporting on our mainframe every night because this reduces our CPU usage.”</td>
<td>Optimize System Usage</td>
<td>Wrong Verb</td>
</tr>
</tbody>
</table>

This is a very nicely worded task. However, the quote does not talk about optimizing. It talks about reducing. I’d label this one “Reduce CPU Usage.”

<table>
<thead>
<tr>
<th>QUOTE</th>
<th>TASK</th>
<th>TYPE OF TASK</th>
</tr>
</thead>
<tbody>
<tr>
<td>“We look at size of the databases and see which ones need more space. We monitor what space they take up on our limited resources.”</td>
<td>Continuously Monitor Systems</td>
<td>Extra Adverb, Vague Noun</td>
</tr>
</tbody>
</table>

This phrase could be shortened to “Monitor” without losing anything. Instead of “systems” you could say “Available Disk Space” to be clearer about the root task.

<table>
<thead>
<tr>
<th>QUOTE</th>
<th>TASK</th>
<th>TYPE OF TASK</th>
</tr>
</thead>
<tbody>
<tr>
<td>“We can tell what percentage is filled with data and indices and such and what percentage is free. We get those reports every week and see how it’s growing and anticipate.”</td>
<td>Anticipate Expansion Needs</td>
<td>Vague Verb</td>
</tr>
</tbody>
</table>
This phrase has a bit of a weak verb. “Anticipate” is used correctly here, but it does not connote a particular activity. “Plan for Data Storage Expansion Needs” would be better, since he uses the word “plan” somewhere else in context.

<table>
<thead>
<tr>
<th>QUOTE</th>
<th>TASK</th>
<th>TYPE OF TASK</th>
</tr>
</thead>
<tbody>
<tr>
<td>“We plan months in advance.”</td>
<td>Plan for Software Upgrades in Advance</td>
<td>Extra Words</td>
</tr>
</tbody>
</table>

This task could do without “in Advance” because it’s implied by “Plan.”

<table>
<thead>
<tr>
<th>QUOTE</th>
<th>TASK</th>
<th>TYPE OF TASK</th>
</tr>
</thead>
<tbody>
<tr>
<td>“We have various people who design the data warehouse. I’m not the only one who keeps track of it; we have a little committee.”</td>
<td>Implement DW Directions</td>
<td>High-Level Task</td>
</tr>
</tbody>
</table>

This task goes a bit beyond what he is saying in the quote. He’s just saying that he and the committee both track the data table design, so “Track Table Design” could be one task. You could add a third-party task saying, “Design the Data Warehouse.”
Red-Flag Vague Verbs

There are verbs which are too vague to help define a task. Here is a list I have collected over the years. Avoid using these verbs if you can. There is always a better alternative when you think about the root task under the surface statement.

**Consider**  “Consider file size when emailing files”  →  “Reduce file size when emailing files”

**Deal With**  “Deal with problems as they come up”  →  “Understand an error” and “Research a solution” and “Fix a problem”

**Find**  “Find it difficult to use at work”  →  “experience difficulty using product”

**Get**  “Get an email”  →  “Check my inbox for email”

**Have**  “Have problem uploading file”  →  “Ask friend for help uploading file”

**Let**  “Let employee give presentation”  →  “Approve employee request to give presentation”

**Manage**  “Manage my contact list”  →  “Add new contacts to my list” and “Edit contact information that has changed”

**Plan**  “Plan my project”  →  “List elements that I want to include in my project” and “Schedule my project on a timeline”

**Read**  “Read the report”  →  “Study the report for possible improvements”

**Receive**  “Receive directive from management”  →  “Learn about a directive from management”

**Use**  “Use dial-up before high speed” is a statement of fact, not a task.

**Want**  “Want to learn” is a desire, not a task
**Compound Tasks**

When I help folks who are starting out with combing, I see a tendency to either go too detailed or too complex with tasks. The latter tends to show up as compound noun phrases or tasks with the word “and” in them. You want your tasks to be as atomic as possible. If you find a complex task, break it up. Consider the following example.

<table>
<thead>
<tr>
<th>QUOTE</th>
<th>TASK</th>
<th>TYPE OF TASK</th>
</tr>
</thead>
<tbody>
<tr>
<td>“The OEM application was attractive in terms of its design-capability. It doesn’t require a database administrator to use. If a client has a problem they can ship us the database and we can examine it and find what went wrong.”</td>
<td>Consider OEM Application to Be Able to Ship and Examine Database</td>
<td>Compound Task</td>
</tr>
</tbody>
</table>
This makes three tasks:

<table>
<thead>
<tr>
<th>QUOTE</th>
<th>TASK</th>
<th>TYPE OF TASK</th>
</tr>
</thead>
<tbody>
<tr>
<td>“The OEM application was attractive in terms of its design-capability. It doesn’t require a database administrator to use.”</td>
<td>Decide on OEM Application for Ease of Use</td>
<td>Implied Task</td>
</tr>
<tr>
<td>“If a client has a problem they can ship us the database...”</td>
<td>Ask Client to Ship Us the Database</td>
<td>Implied Task</td>
</tr>
<tr>
<td>“...we can examine it and find what went wrong.”</td>
<td>Examine Client Database for Problem</td>
<td>Task</td>
</tr>
</tbody>
</table>

The idea is to simplify to the root tasks. Another example, “Run and Maintain Servers” could just be “Run Servers,” or “Maintain Servers,” or “Keep Servers Running,” which is the most powerful way to convey the meaning. If you find that you are using “and” between verbs, it’s a flag that you should re-examine the task description. Split the quote into component parts and make two tasks, each with one verb. Or, as is the case here, double-check the transcript. Here the speaker is really just repeating himself. You could argue that “maintain” is slightly different than “run.” However, later in the transcript he speaks more
specifically about updating the servers as a part of maintenance. So we can just use the “keep ‘em running” interpretation here.

In another example task, “Decide to Get External CD Drive to Replace Broken Drive versus Buying New Computer” expresses several things to me, for example: decide to get CD drive; replace broken CD drive; compare replacing drive to cost of new computer. And then I read the quote and she’s only planning to get an external CD drive. It’s not even something she’s done yet. So, after much study, I came to the conclusion that her task was “Compare Replacing Drive to Cost of New Computer,” because that’s something she has actually done. It was not a compound task after all.

In the task, “Keep Up to Date on Software,” the quote from the transcript is “We’ll watch the emergency bug reports...and we’ll pick out patches.” This task is really two root tasks: “Watch Bug Reports” and “Pick Patches from Bug Reports.”
A final example is “Watch For and Select Software Patches.” The keyword “and” appears here. This phrase breaks into two discrete tasks: “Read Emergency Bug Reports” and “Select Patches.”

**Formatting Tasks**
You can capture the tasks in any way you want, using, for example, Excel, Word, a database, or a wall of sticky notes. Some teams will work well rubbing elbows in the conference room, reading aloud and furiously scribbling on bits of paper. Other teams work remotely, passing files around. Some teams have both active and passive members, so working on an electronic document projected on a screen in a conference room works well. Choose a mode that suits your team, and don’t be afraid to switch modes midstream.

For teams that use electronic files, I have a few suggestions about file format. In an ideal world, you will copy a quote from the transcript that supports each task you write, as well as some data about the participant.
who was speaking. Strictly speaking, it isn’t necessary to write down anything other than the task, but the extra data helps with later analysis. I use either a spreadsheet or a word processor to store my tasks. I have heard of people using database files, as well. In my spreadsheets and documents, I list one task per line, with the associated quote and data on that same line (see example in Figure 8.1).

For teams that use sticky notes, you might consider trying to capture data about the participants behind a task with some sort of notation on each sticky note. For example, note the participant ID number on the sticky note, and maybe other things you think might delineate differences in behavior, such as geographic location or role.
Happily we live in an age where we can work with geographically separated team members. With email, instant messages, conference calls, real-time internet file sharing, and document repositories, we can interact freely with remote peers. Time zones, language, and cultural differences remain a problem to be solved, though. Multi-national corporations have each developed a method to work with teams in different countries that include ideas like cycling the meeting time so that it occurs at a different hour each session, so one party does not always suffer the early-morning or late-night conference call.

It’s nice to meet your co-workers face-to-face to establish a relationship, but it’s not necessary. If you can get together in one location at least once, I highly recommend it. But if that is impossible because of budget constraints, the environmental cost of flying, or politics, then develop connections and trust via phone and other communication media. There are a few people I have worked with in the past who I never met face to face, and the projects were a great success.

In this spreadsheet example, the Atomic Task column contains the task names that you write, based on the quotes you paste into the Quote column. The ID# identifies which participant said this, without propagating their names throughout the document.
This protects their privacy. The Audience Segment is represented by an abbreviation. The Location depends upon the scope of your research. In this example, NA stands for North America, and EU stands for Europe.
<table>
<thead>
<tr>
<th>Atomic Task</th>
<th>ID#</th>
<th>Aud Seg</th>
<th>Loc</th>
<th>Quote</th>
</tr>
</thead>
<tbody>
<tr>
<td>Pursue BI Concepts from Industry Magazines</td>
<td>101A</td>
<td>PSN</td>
<td>NA</td>
<td>Because I read industry magazines. IT magazines have been mentioning business intelligence.</td>
</tr>
<tr>
<td>Read industry magazines, trade press</td>
<td>104</td>
<td>PrSOE M T</td>
<td>NA</td>
<td>I have lots of biz magazines... industry, trade press.</td>
</tr>
<tr>
<td>Subscribe to and read vertical industry publications</td>
<td>112</td>
<td>PRESO T</td>
<td>NA</td>
<td>Day to day through either weekly or daily newsletters, which are either business journals or industry tracking... as well as a couple of specific telecom</td>
</tr>
<tr>
<td>Read neutral trade newsletter vendor comparison reports</td>
<td>104</td>
<td>PrSOE M T</td>
<td>NA</td>
<td>The trade newsletters would also do comparisons so I had an idea of what box compares with that box. I used neutral sorts of sources</td>
</tr>
<tr>
<td>Use industry research newsletters to learn</td>
<td>115</td>
<td>PRENB EU</td>
<td></td>
<td>[Are these research things Forrester and Gartner?] Yes. Newsletters.</td>
</tr>
<tr>
<td>Follow developments in DW industry</td>
<td>101A</td>
<td>PSN</td>
<td>NA</td>
<td>very interested in and following developments in [data warehousing] work. Came to attention to several of us in the IT dept way before the business</td>
</tr>
<tr>
<td>Actively survey and consider new technology from business and tech side</td>
<td>104</td>
<td>PrSOE M T</td>
<td>NA</td>
<td>I survey technology and have an opinion about it, both from a technological side and from a business side</td>
</tr>
<tr>
<td>Research technologies and products to use</td>
<td>115</td>
<td>PRENB EU</td>
<td></td>
<td>dealing with research to find exactly what technologies and products we need</td>
</tr>
<tr>
<td>Keep up with the IT industry to survive in IT</td>
<td>101A</td>
<td>PSN</td>
<td>NA</td>
<td>There is no way to survive in the IT world without reading something</td>
</tr>
<tr>
<td>Subscribe to and read vertical industry publications</td>
<td>112</td>
<td>PRESO T</td>
<td>NA</td>
<td>General IT industry</td>
</tr>
<tr>
<td>Learn from tech team’s expertise for latest industry developments</td>
<td>105</td>
<td>PrSOE M B</td>
<td>NA</td>
<td>our technical people, their trade magazines, internet searches or reviews... industry group meetings... One of the tech people might say, “This</td>
</tr>
</tbody>
</table>

**FIGURE 8.1** http://flickr.com/photos/rosenfeldmedia/2125812722
Tasks recorded in spreadsheet format. (Ignore any grammatical errors in this raw data. They are a result of transcribing spoken conversation.)
In the second row, you see that the quote has ellipses (... in the middle of it. I use this to string together a few parts of the transcript into one statement that supports the task. The ellipses signify that the words “magazines” and “industry” are not contiguous in the transcript. If I want to find this quote in the transcript file, I can do a search on any phrase except one containing the ellipses. You see that I use ellipses in rows three and eleven, as well.

It is important to have only one line per voice per task. You don’t want two rows representing one task when both rows are the same person talking. If the person repeats himself later in the transcript again and again, you can copy all the different quotes and put them in one cell, with ellipses between the quotes to indicate that the quotes were taken from separate areas of the transcript.

In this example (as shown in table in Figure 8.2), you can see several different voices supporting the same task. “Get New Product Concept from Marketing” has two voices,
both from audience segment S, and both from Japan. These two voices represent two different people. (Note that I did not put a column for ID# in this project, to suit the client’s privacy requirements. I kept track of the IDs in my head.) For “Collect New Product Needs from Customers,” there are five supporting voices, two from Japan, one from Spain, one from Great Britain, and one from Germany. Five people spoke about how they collect product ideas from customers. Note that I do not rewrite the name of the task on each of these supporting lines, but you certainly can. Alternately, you can put a “ditto” mark (―) in the empty cells to indicate that they are the same as the cell above.

On the last line, you also see the use of an asterisk (*) in the Audience Segment column. This asterisk is my way of noting that the speaker, although he belongs to the BC audience segment, was speaking about someone else who belongs to the S audience segment. This notation is a good way to denote third-party tasks.
<table>
<thead>
<tr>
<th>Atomic Tasks</th>
<th>A</th>
<th>Ctry</th>
<th>Supporting Quotes</th>
</tr>
</thead>
<tbody>
<tr>
<td>Get New Product Concept from</td>
<td>S</td>
<td>JPN</td>
<td>Every day the research lab receives people from marketing and sales. Depends on the topic, he spends 30 minutes to 2 hours a day with the marketing and sales.</td>
</tr>
<tr>
<td>Marketing</td>
<td></td>
<td></td>
<td>Marketing colleagues announce to my development people that this concept is highly evaluated by the consumer... This is a typical starting point of a new product, of a local product.</td>
</tr>
<tr>
<td>Collect New Product Needs from</td>
<td>S</td>
<td>JPN</td>
<td>I meet customers, collect the needs from the customers... talk with their purchasing department people or technical people... After 5pm, we have more social occasions, to collect the needs, while drinking.</td>
</tr>
<tr>
<td>Customers</td>
<td></td>
<td></td>
<td>If one particular market segment has more than 10 customers asking for the same product we don’t have, and it looks to be a product we can make, we need to get in there.</td>
</tr>
<tr>
<td></td>
<td>S</td>
<td>JPN</td>
<td>Also have to cover other themes that come from customers... Customer’s first contact actually is Lintec, to tell the company what the new needs are. They come to our company: “Can you solve this?”... As for spot-problem solving for the customer, they receive 300 requests per month.</td>
</tr>
<tr>
<td></td>
<td>S</td>
<td>GBR</td>
<td>We’re the central development work. If a customer has an application.</td>
</tr>
<tr>
<td></td>
<td>S</td>
<td>DEU</td>
<td>One aspect is what the customer of our company requires, in some cases the customer tells us this is what we need... sales force direct contact with our customers, in constant dialog... getting constant feedback about new product development and what the customer requires.</td>
</tr>
<tr>
<td>Get Specification from Government</td>
<td>BC*</td>
<td>CHN</td>
<td>The government they say, “We want ABC” and we put ABC together.</td>
</tr>
</tbody>
</table>

**FIGURE 8.2.** [Image URL]  
Tasks recorded in word processor format, as a table.  
(Ignore any grammatical errors in this raw data. They are a result of transcribing spoken conversation.)
One thing to mention is that a quote should support one task. If it seems to support multiple tasks, rip it apart so the sections of the quote each support a different task. If you find yourself wanting to use the same quote for two tasks, that’s an indication that the root task is unclear. Try to split the quote so that each phrase supports a distinct task. If that really makes the task context unclear, try using the same quote for two tasks, but style the different part of the quote you mean for each task as bold.

Try not to add any words to the quote. You want the quote to *literally* match the transcript. When reviewing this with a person unfamiliar with the research, you will want to highlight phrases and do a search in the transcript to show the person the context of the conversation. If there’s something added to the quote in the file, you will not be able to find it in the transcript.
The Powerful Verb
As I mention in Chapter 1, when I first meet a team that I’m going to work with, I ask them, “What benefit will this project have for your users?” I get answers such as, “It will increase our customer satisfaction scores,” or “This will allow us to publish more.” It has been drilled into our heads to think of the customer first, but evidently lots of people have a hard time articulating the customer’s perspective, as indicated by these kinds of answers.

You already have noticed that I use verbs as the tool to expand the team’s perspective. When forced away from nouns, team members are required to come up with descriptive words that illuminate what the user is doing. Often these verbs are the user’s own vocabulary. Ferreting out the right verb to describe a task exercises a new cerebral muscle. You think harder about how the user sees it. Over time, you become more adept at thinking in verbs. By default, you also have switched to a deeper understanding of what the customer is trying to do.
I ask the team to stick with verbs until they are ready to start labeling sections of the navigation. At that point, it’s safe to return to “Noun Land.” Until then, there is great benefit in thinking exactly like a user.

**Scholarly Phrases**

I’ve noticed a funny thing: we “information workers” tend to translate things into scholarly phrases. I’ll write “Inform Manager of Incident” when I mean “Tell My Boss I Spilled Coffee on My Keyboard,” or “Implement Instructional Strategy” when I mean “Teach Class the Way I Planned.” I catch myself doing this all the time. Keep your eye open for translations like these and try to return the phrase to its native, colloquial language.

**Get Some Practice**

In the following list, are these tasks or not? Your job is to identify the imposters. Check box per statement; if you’re really good, you’ll be able to say which type of non-task the imposters are.
1. Make sure customs allows equipment to be brought in

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2. Be familiar with moving

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### 3. Know process from past experience

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### 4. Get health coverage quickly because of cost

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5. Put money away

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6. Experience difficulty following training

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## 7. Want to get stock options

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## 8. Get boss involved to make decisions

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## 9. Have lean global team for efficiency

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## 10. Go to court

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### 11. Distrust sales reps

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### 12. Avoid viruses

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### 13. Help people get information

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### 14. Pick a free time to respond to email

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## 15. Save my work file

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## 16. See Ideas in magazines

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Answers
1. Make sure customs allows equipment to be brought in = task
2. Be familiar with moving = statement of fact
3. Know process from past experience = explanation
4. Get health coverage quickly because of cost = philosophy
5. Put money away = task
6. Experience difficulty following training = statement of fact
7. Want to get stock options = desire
8. Get boss involved to make the decision = task
9. Have lean global team for efficiency = philosophy
10. Go to court = high-level task
11. Distrust sales reps = emotion
12. Avoid viruses = high-level task
13. Help people get information = high-level task
14. Pick a free time to respond to email = task
15. Save my work file = particular task
16. See ideas in magazines = medium
CHAPTER 9

Look for Patterns

Group Tasks into Patterns  252
Plan Your Logistics  286
Congratulate Yourself  298
The second half of the analysis process involves grouping tasks by affinity. As you add more tasks, you build the groups into ever-larger sets. It is a simple process, but it will take days to complete. (If it’s any help, repeat the athlete’s mantra, “The pain you feel is weakness leaving your body.”)

**Group Tasks into Patterns**

Work from the bottom up. In other words, let the tasks find their own patterns, rather than try to force them into a pre-existing set of groups that you have in mind. Start at the smallest level of granularity and let things build from there. Seriously, try not to impose a structure of your own, accidentally or on purpose. Let the tasks speak for themselves. The opportunity to create a new structure based on the smallest building blocks allows you to capture a more honest reading of your user’s tasks.

Here’s a picture of what not to do (Figure 9.1). You have a bunch of tasks, but you’ve already created some empty boxes to put them
in. Where would you put “Decide When to Hold Meetings in Each City” or “Figure Out which City to Spend the Night In?” Forcing these tasks into existing boxes breaks the integrity of the model.

The Order of Steps
Once you have two or more transcripts, begin combining the tasks you have discovered. What tasks are similar to each other? When the tasks are truly root tasks, it’s fairly easy to determine which ones are alike. Those who watched Sesame Street on television learned how to do this at a tender age. Remember the game “Which of these things is not like the other?”
Give myself time to get to the airport

Figure out which city to spend the night in

Look up weather forecast to determine if a connection in a certain city might delay me

Decide when to hold meetings in each city

Find out transit time

Read reviews on nearby restaurants

Find out if my favorite hotel is close enough to be worth extra drive time

Choose rental company unlikely to have a long line of customers from my flight

Look up traffic delay risks

Choose hotel closest to meeting location

Look up weather forecast to determine if a connection in a certain city might delay me

Pick nearby restaurant for client dinner

I still love this game. It shows that things aren’t always black and white. There can be many answers, and one of the answers is the best answer. For instance, if you follow the link in the caption (as shown in Figure 9.2, if it’s still valid) and keep playing the game,
you’ll come across a set of four images that looks like this:

![Which of these things is not like the others?](http://flickr.com/photos/rosenfeldmedia/2125134241)

**FIGURE 9.2.** [Sesame Street affinity game](http://www.tinyurl.com/2cnhah).

What thought process did you go through when you saw the pictures? Your thinking might have been similar to mine. The sailboat and the balloon both have cloth. Many small aircraft are covered in cloth then painted, so the helicopter could be the answer. But the aircraft shown here looks like a fighter jet, which has metal skin. The boat, helicopter, and balloon are all colorful in the pictures, so that could mean the jet could be the answer.
The boat, the jet, and the helicopter all could be piloted by someone named the captain, so the balloon could be the answer. But since the balloon is technically a vessel, you also could call the person controlling it a captain. I could compare them by the noise they make, by the way they use the wind to travel, or by the way they move vertically through the air. However, the right answer, according to Sesame Street, is that the jet, helicopter, and balloon all travel through the air, and the boat travels on water. There are a lot of answers, but this is the best answer.

This is the same process you will go through when comparing tasks and then grouping them. You’ll see similarities between tasks and start to pile them together. There will be some tasks that are so similar that they really mean the same thing, like in the following quotes from three different transcripts:
These quotes combine to form one atomic task called “Discuss Film Directly After Viewing.” You saw another example of combining voices in Figure 8.3.

Frequently, many atomic tasks combine to form a new layer, which is the task level. In this example I combine our first atomic task with another atomic task called “Discuss Films with Friends Later” to make a task called “Discuss Film Afterwards.” Discussing a film
later, in the scope of this particular research, is similar enough to discussing films directly after viewing to combine them. Both the atomic tasks illustrate roughly the same process.

Discuss Film Afterwards

Discuss Film Directly After Viewing

“My friend really likes talking about the movie, so we’ll end up talking.”

“…talk with afterwards… What we like or dislike… Whether it was good”

“I’m interested in hearing it after.”

Discuss Films with Friends Later

“…over lunch. We talk about movies we’ve seen over the weekend.”

When you combine “Discuss Film Afterwards” with other tasks like “Go Somewhere to Sit and Discuss Film,” “Learn Craft from Discussion of Unusual Points,” “Discuss Interpretation of Book,” and “Ask Strangers Their Opinion After a Film,” then you have a tower. Each of these tasks is a different process. Discussing the interpretation
of a book into film is different than asking strangers their opinion of a film. A tower is the next level of granularity up. Towers contain tasks that are conceptually related in nature, but are not the same. The tower itself represents a more general level of thinking. In the example, the tasks I list combine to form a tower called (can you guess?) “Discuss the Film.”
| Discuss the Film |
| Go Somewhere to Sit and Discuss Film |
| Go Somewhere to Sit and Discuss Film |
| "...sit down and have that experience of ...talking about the movie." |
| Discuss Film Afterwards |
| Discuss Film Directly After Viewing |
| "My friend really likes talking about the movie, so we'll end up talking..." |
| "...talk with afterwards... What we like or dislike... Whether it was good..." |
| "I'm interested in hearing it after." |
| Discuss Films with Friends Later |
| "...over lunch. We talk about movies we've seen over the weekend." |
| Learn Craft from Discussion of Unusual Points |
| Discuss Bad Points of Film Afterwards |
| "We'll usually trash it afterwards. I get ideas out of a bad experience..." |
| "If the movie fell short, we talk about things they could have done..." |
| Discuss the Quality Screenplay |
| "I like to say, 'This director is good!' or 'This writer sucks!'" |
| Discuss Unusual Points of the Film Afterwards |
| "Talk about thinks I notice that were unusual." |
| "If the subject matter is thought provoking or interesting..." |
| Discuss Good Points of the Film |
| "Talk about the movie... we analyze what we thought worked." |
| Discuss Interpretation of Book |
| Discuss Interpretation of Book Afterwards |
| "We commented on it after... we debated..." |
| Ask Strangers Their Opinion After the Film |
| Ask Strangers Their Opinion After the Film |
| "I walked outside and there were some Russians, so I thought I'd..." |

http://flickr.com/photos/rosenfeldmedia/2125810282
You can see how this tower represents a less-granular concept than the tasks themselves. You will want to pull vocabulary from the task labels to come up with a name for the tower, “Discuss the Film.”

Look at the table again and notice how the tasks are the main element. Some tasks are made up of just one atomic building block. Others are made up of a few atomic tasks. And some atomic tasks represent several voices. If you were building this table from the top down, this structure would be too random and chaotic to handle. But since you build the table from the bottom up, the structure is a natural byproduct of the data you are working with. There is nothing strange or random about it. If you go out and interview additional people, you might find more quotes to support the singletons like “Discuss Interpretation of Book.” For example, you might hear about expressing dismay over missing scenes, feeling upset that the message was warped, or praising devices by which the director inferred parts of
the book. These atomic tasks all roll up into “Discuss Interpretation of Book.”

When you start seeing bigger divisions in the tasks and towers, then you can start dividing them into mental spaces. Look for divisions in the towers that mark a transition from one frame of mind to another. These clusters of towers that make a mental space all have to do with the same goal or something that might happen around the same time.
Interact with People About the Film

Discuss the Film

Go Someplace to Sit and Discuss Film

Discuss Film Afterwards

Discuss Film Directly After Viewing
Discuss Films with Friends Later

Learn Craft from Discussion of Unusual Points

Discuss Bad Points of Film Afterwards
Discuss the Quality Screenplay
Discuss Unusual Points of the Film Afterwards
Discuss Good Points of the Film

Discuss Interpretation of Book

Discuss Interpretation of Book Afterwards

Ask Strangers Their Opinion After the Film

Ask Strangers Their Opinion After the Film

Recommend a Film

Write a Review

Write a Review
Decide Writing Reviews is a Waste of Time

Recommend a Film When Asked

Recommend a Film When Asked

http://flickr.com/photos/rosenfeldmedia/2125810158

Chapter 9
Look for Patterns
You can separate two mental spaces by thinking of it as the pause between the main steps people are using to accomplish their goals. Imagine you are deeply absorbed in watching your favorite television program and your significant other or roommate comes in and asks, “Did you take out the garbage?” Your mind pauses a little while it switches gears from watching the program to understanding what you were asked and formulating an answer. This is similar to how mental spaces differ from one another. The person doing the tasks has paused and is now on to something else. Here are some other mental spaces in the example I’ve been showing:

- **Watch the Film**
- **Identify with the Film**
- **Interact with People About the Film**
- **Follow the Industry**

You can see how there is a pause between these steps. There is also a chronological order to these tasks, but that is happenstance. The diagram that results from this process is
not designed to depict directional movement or cycling. Go ahead and put your mental spaces in a likely order, but don’t pull your hair out about chicken-and-egg situations where one mental space could come before and after another.

What If a Task Belongs in Many Places?

Don’t copy and paste one task into different groups. If it seems like a task really belongs in many places, this indicates the task is compound. The task signifies a few meanings and needs to be broken down into root tasks. Break it down and then sort the resulting root tasks into groups. You will probably encounter this situation a lot. I do. Just keep refining your thinking until you really hit the root task.

Shifting Patterns

Have you ever played with the computer game, Conway’s Game of Life? It is a game where “cells” in a grid live or die depending on how many of their neighbors are alive or

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1 Wikipedia definition: “The universe of the game of Life is an infinite two-dimensional grid of cells, each of which is either alive or dead. Cells interact with their eight neighbours, which are the cells that are directly horizontally, vertically, or diagonally adjacent.” (www.tinyurl.com/4ubdr)
dead, thus “giv[ing] rise to...structures.” The patterns displayed on the grid shift and evolve over time based on the execution of the rules (Figure 9.3).

![Gosper's Glider Gun creating "gliders".](http://flickr.com/photos/rosenfeldmedia/2125036281)

**FIGURE 9.3.** Image from Wikipedia Game of Life page.

Your tasks, groups, and mental spaces will also shift and evolve over time based on the decisions you make about similarities and root meanings during analysis. Often one mental space or tower will get too big and you’ll notice sub-groups in it and parse them out. Sometimes one of these sub-groups gets added to an existing group somewhere else. What

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2 [www.tinyurl.com/2bt5ke](http://www.tinyurl.com/2bt5ke)
happens to me a lot is that I initially sort things into two piles (among all the other piles in the mental model) and eventually I realize the piles belong together. So I merge them.

Can I Hurry It Up?

Q: Can I finish one part of the diagram before the others?

A: No, it’s like being pregnant. You can’t give birth to an arm first ... okay, maybe I shouldn’t use that analogy. Since the patterns keep shifting as new tasks are mixed in, you don’t have a fully baked diagram until you have finished incorporating all the tasks.

To illustrate what I mean about shifting patterns, I have a series of snapshots of the moviegoer mental model. In these images, you can see a certain set of tasks and groups morphing over time as I have added data. I was using a word processing document to track the tasks. I put placeholder headers in the document to act as parking lots for tasks I knew weren’t in the groups I had already defined. These parking lot headers were “Tower” and “Mental Space.” There was also
a parking lot of orphan tasks, called “Task—Still Needs Processing!” (See Figure 9.4.)

Mental Space

Tower
Discuss Film Afterwards
Let the Movie Linger
Write a Review
Track Production Studio/Box Office News
Get Toys, DVDs, Books, Soundtracks
Wish that a Film Could Change How You Act
Investigate Story from a Film Afterwards

Tower
Have a Date Night
Watch Films Regularly
Organize a Group
Attend Films with Others
Attend Films Alone
Read the Book
Listen to Soundtrack
Study Film
Write Entertainment

Task – Still Needs Processing!

Parking lot headers “Tower” and “Mental Space.”

If I added a task to a parking lot where there was another similar task, I pulled the two out and started a new group. You can see the same document a few days later (Figure 9.5), after I had added the tasks from a few more transcripts. Note that some of the same tasks exist, but have been re-arranged in different
groups, and some of the towers have been re-named. A new mental space has appeared named “Get Reviewers’ Opinion of Films.”

<table>
<thead>
<tr>
<th>Mental Space</th>
</tr>
</thead>
<tbody>
<tr>
<td>Tower</td>
</tr>
<tr>
<td>Discuss Film Afterwards</td>
</tr>
<tr>
<td>Let the Movie Linger</td>
</tr>
<tr>
<td>Write a Review</td>
</tr>
<tr>
<td>Track Production Studio/Box Office News</td>
</tr>
<tr>
<td>Get Toys, DVDs, Books, Soundtracks</td>
</tr>
<tr>
<td>Wish that a Film Could Change How You Act</td>
</tr>
<tr>
<td>Investigate Story from a Film Afterwards</td>
</tr>
<tr>
<td>Dress in Costume</td>
</tr>
<tr>
<td>Dress in Costume</td>
</tr>
<tr>
<td>Tower</td>
</tr>
<tr>
<td>Have a Date Night</td>
</tr>
<tr>
<td>Watch Films Regularly</td>
</tr>
<tr>
<td>Organize a Group</td>
</tr>
<tr>
<td>Attend Films with Others</td>
</tr>
<tr>
<td>Read the Book</td>
</tr>
<tr>
<td>Listen to Soundtrack</td>
</tr>
<tr>
<td>Study Film</td>
</tr>
<tr>
<td>Write Entertainment</td>
</tr>
<tr>
<td>Watch Film Alone</td>
</tr>
<tr>
<td>Watch Certain DVDs Alone</td>
</tr>
<tr>
<td>Attend Films Alone</td>
</tr>
</tbody>
</table>

**Get Reviewers’ Opinion of Films**

Get Reviewers’ Opinion of a Film

Read the Reviewers You Respect

Read Compiled Reviews

Read Many Reviews to Get a Consensus

Read Newspaper Reviews

Read Film Festival Reviews

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**FIGURE 9.5.** [http://flickr.com/photos/rosenfeldmedia/2125036191](http://flickr.com/photos/rosenfeldmedia/2125036191)

A few days and tasks later...

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269

Chapter 9

Look for Patterns
Next, in Figure 9.6, you can see something closer to the finished product. “Get Reviewers’ Opinion of Films” has expanded to include other ways people learn about a film. Hence, that mental space was renamed “Learn More About a Film.” Other towers such as “Have a Date Night” have moved to new groups that formed. Note that Figure 9.6 does not show the tail end of the mental model, so tasks such as “Discuss Film Afterwards” did not disappear. They merely appear further down, out of range for this image.

**Formatting Towers and Mental Spaces**

So, how do you keep track of all these piles? There get to be a lot of them. I have had an average of 21 mental spaces in the models I’ve created in the past five years. If, on average, each mental space has 5 towers and each tower has 5 tasks, that’s 525 tasks to put into piles. An average transcript from an hour-long interview contains between 60 and 120 tasks. Brace yourself! You’ll have to keep track of where each of those tasks went.
If you are using sticky notes, a couple of conference tables pulled together provide enough workspace, or you can use a whole wall. I have seen people use big pieces of poster board so their work is semi-portable. You can cluster sticky notes on top of each other, which saves space. You’ll just have to un-stick them when you want to examine whether a particular pile needs to be pulled apart or merged with another pile. You can use different colored sticky notes to indicate the title of a pile (a tower) and the name of a set of piles (a mental space). The sticky-note approach to grouping is particularly good for co-located teams who want to spend a week or two in the same room building the model. Of course, co-located teams also can use the electronic approach with great success.
<table>
<thead>
<tr>
<th>Decide to Watch a Film</th>
<th>Encounter a Film You Haven’t Heard Of</th>
</tr>
</thead>
<tbody>
<tr>
<td>Watch a Film for Pleasure</td>
<td>Encounter a Film You Haven’t Heard Of</td>
</tr>
<tr>
<td>Watch a Film to Avoid Something</td>
<td></td>
</tr>
<tr>
<td>Watch a Film to Achieve a Mood</td>
<td></td>
</tr>
<tr>
<td>Have a Date Night</td>
<td></td>
</tr>
<tr>
<td>Take Family Dependents to a Film</td>
<td></td>
</tr>
<tr>
<td>Share a Film with Friends</td>
<td></td>
</tr>
<tr>
<td>Watch a Film to Learn</td>
<td></td>
</tr>
<tr>
<td>Watch a Film in Theater for the Experience</td>
<td></td>
</tr>
<tr>
<td>Watch Films Regularly</td>
<td></td>
</tr>
<tr>
<td>Watch a Film Spontaneously</td>
<td></td>
</tr>
<tr>
<td>Attend Films with a Group</td>
<td></td>
</tr>
<tr>
<td>Watch Your Film Expenses</td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Choose Films</th>
<th>Learn More about a Film</th>
</tr>
</thead>
<tbody>
<tr>
<td>Look for Certain Qualities</td>
<td>Read Review to Get an Idea of the Film</td>
</tr>
<tr>
<td>Choose Films because of Familiarity</td>
<td>Talk About Films You Want to See</td>
</tr>
<tr>
<td>Watch a Certain Genre During Winter</td>
<td>Look for Trailers Online</td>
</tr>
<tr>
<td>Include Random Film Choices</td>
<td></td>
</tr>
<tr>
<td>Inherit Interest in a Genre from Family</td>
<td></td>
</tr>
<tr>
<td>Choose Films Together with Companions</td>
<td></td>
</tr>
<tr>
<td>Avoid Certain Films</td>
<td></td>
</tr>
<tr>
<td>Decide on Film Based on Reviewer’s Opinion</td>
<td></td>
</tr>
<tr>
<td>Postpone a Film</td>
<td></td>
</tr>
</tbody>
</table>

**FIGURE 9.6.** [http://flickr.com/photos/rosenfeldmedia/2125036075](http://flickr.com/photos/rosenfeldmedia/2125036075)
Part of the nearly finished mental model.
Here are three examples of how practitioners have used sticky notes to look for patterns and group concepts. In Figure 9.7, the practitioners arranged sticky notes on tall, portable poster boards. The format uses vertical towers of tasks just as in the mental model diagram. Tower names were assigned with blue sticky notes.

![Image of sticky notes on a wall]

**FIGURE 9.7.** [http://flickr.com/photos/rosenfeldmedia/2125811898](http://flickr.com/photos/rosenfeldmedia/2125811898)

Photo courtesy of Mary Piontkowski while at Macy’s.

In Figure 9.8, the practitioners literally cut quotes from a Word document with a pair of scissors and piled the slips of paper by affinity. The practitioners found it easy to
move tasks from one pile to another quickly. Once they finished sorting the quotes, they labeled them as tasks with small sticky notes, then took each pile and looked for subdivisions to make towers or looked for similarities to merge piles. This research was gathered and analyzed in French in Montréal.

Photo courtesy of Isabelle Peyrichoux and Vanessa Joanes, User Experience Group, Bell Web Solutions.

In Figure 9.9, Sarah Landelle of the United Nations writes potential tower names on
erasable sheets of electrostatic plastic\textsuperscript{3} on the wall. Sticky notes are grouped on the sheets.

If you are taking the electronic approach, you will want to use the outline feature of a word processor or spreadsheet. An outline allows you to collapse many lines in a section into a single line. You can later expand that single line into the whole set by clicking an icon in the left margin. Collapsing data like this allows you to see the whole structure that is forming without too much scrolling. It makes it easier to answer the question, “Where did I put those tasks like this? I know I have them in here somewhere!”

In your electronic document, you will want to have columns (reading from the right) for the quote, the participant data, and the atomic task. If you are using a spreadsheet, you also will want a column for the task, for the tower, and for the mental space. If you are using a word processor, you can use heading level three for the task names, heading level

\textsuperscript{3} Purchase the sheets at www.tinyurl.com/2d6uuw and read more about a similar product in a blog entry by Kate Rutter of Adaptive Path: www.tinyurl.com/2ffftg
two for the towers, and heading level one for the mental spaces. In a word processor, outlining depends upon having headings. If there are no headings, then your lines won’t collapse into anything. In a spreadsheet, you can collapse any set of rows. No headings are necessary in a spreadsheet.

![Image of people working on a whiteboard](http://flickr.com/photos/rosenfeldmedia/2125035293)

**Figure 9.9.** Photo courtesy of Craig Duncan, United Nations.

In a word processor, there is usually a menu item for selecting how you want to view the document. In the 2003 version of Microsoft Word, this menu is called the View menu, and it contains selections like Normal, Print Layout,
and Outline. To view documents in Outline view properly, every single line in the document needs to be assigned either a heading style or a normal paragraph or table style. This is the way in which the word processor keeps track of the hierarchy of information to display.\(^4\) In the following example, Figure 9.10, you see a document in Outline view with three levels of headings displayed.

\(^4\) For more information about creating and applying heading styles, see the Microsoft site.
Learn More about a Film

- Read Review to Get an Idea of the Film
- Read Review to Get an Idea of the Film
- Talk About Films You Want to See
- Talk About Films You Want to See
- Look for Trailers Online
- Look for Trailers Online
- Set Expectations
- Set Expectations
- Read Reviews Regularly
  - Read the Reviewers You Respect
  - Read Compiled Reviews
  - Read Many Reviews to Get a Consensus
  - Read Newspaper Reviews
  - Read Film Festival Reviews
  - Read Reviews Out of Curiosity

Choose a Theater

- Choose a Good Theater
  - Choose Clean Theater
  - Choose Theater with Good Sound
  - Choose Theater with Good Projection
  - Choose Theater with Comfortable Seating
  - Choose Theater with Good Eats

FIGURE 9.10. ![Image](http://flickr.com/photos/rosenfeldmedia/2125811004)
Microsoft Word document with three levels of headings in Outline view.

If you double-click on the plus icons to the left of the task “Set Expectations” (not the tower), you will expand that section to see the task table, as shown in Figure 9.11.
Learn More about a Film

- Read Review to Get an Idea of the Film
- Talk About Films You Want to See
- Look for Trailers Online
- Set Expectations

**Atomic Tasks**

<table>
<thead>
<tr>
<th>Atomic Tasks</th>
<th>A</th>
<th>R</th>
<th>Supporting Quote</th>
</tr>
</thead>
<tbody>
<tr>
<td>Set Expectations Low to Avoid Being Disappointed</td>
<td>C</td>
<td>S</td>
<td>Going to see movies is very much about setting expectations ahead of time before you see it... I don’t enjoy being constantly disappointed</td>
</tr>
<tr>
<td>Set No Expectations</td>
<td>F</td>
<td>S</td>
<td>I might have expectations and be disappointed</td>
</tr>
<tr>
<td>Know What Kind of Film You’re Spending Money On</td>
<td>F</td>
<td>P</td>
<td>you ought to know what you’re spending money on</td>
</tr>
</tbody>
</table>

**FIGURE 9.11.** http://flickr.com/photos/rosenfeldmedia/2195007381
Outline view with a section expanded to see the task table.

You can expand more than one area at a time (see Figure 9.12).

In Word, you double-click the plus icon once again to collapse the section. There is a set of controls that usually appear in the Word toolbar when you are using Outline view (Figure 9.13). These include a series of icons
for increasing or decreasing the heading level of a selected line, as well as a droplist that contains the phrases “Show Level 1,” “Show Level 2,” through “Show All Levels.” It is the droplist that you will use; you can safely ignore the other controls.

The examples I show in Figures 9.11 and 9.12 are set to Show Level 3. This setting lets me scroll quickly through the structure of the document. All the tasks fit within four pages instead of 45 pages.

Figure 9.13 shows what a spreadsheet in Outline view looks like, with the same two sections expanded as in the Word example in Figure 9.12.
### Learn More about a Film

- Read Review to Get an Idea of the Film
- Read Review to Get an Idea of the Film
- Talk About Films You Want to See
- Talk About Films I Want to See
- Look for Trailers Online
- Look for Trailers Online
- Set Expectations

#### Atomic Tasks

<table>
<thead>
<tr>
<th>Atomic Tasks</th>
<th>A</th>
<th>R</th>
<th>Supporting Quotes</th>
</tr>
</thead>
<tbody>
<tr>
<td>Set Expectations Low to Avoid Being Disappointed</td>
<td>C</td>
<td>S</td>
<td>Going to see movies is very much about setting expectations ahead of time before you see it... I don’t enjoy being constantly disappointed</td>
</tr>
<tr>
<td>Set No Expectations</td>
<td>F</td>
<td>S</td>
<td>I might have expectations and be disappointed</td>
</tr>
<tr>
<td>Know What Kind of Film You’re Spending Money On</td>
<td>F</td>
<td>P</td>
<td>you ought to know what you’re spending money on</td>
</tr>
</tbody>
</table>

### Read Reviews Regularly

- Read the Reviewers You Respect
- Read Compiled Reviews

#### Atomic Tasks

<table>
<thead>
<tr>
<th>Atomic Tasks</th>
<th>A</th>
<th>R</th>
<th>Supporting Quotes</th>
</tr>
</thead>
<tbody>
<tr>
<td>Read Compiled Reviews</td>
<td>F</td>
<td>S</td>
<td>go look at a website called Metacritic which compiles movie reviews... Rather than reading reviews in local papers, we cast a broader net</td>
</tr>
<tr>
<td>Avoid Reading Individual Reviews</td>
<td>F</td>
<td>S</td>
<td>don’t read the individual reviews</td>
</tr>
<tr>
<td></td>
<td>F</td>
<td>S</td>
<td>if the critical consensus is really high, I’ll forgo reading the review</td>
</tr>
</tbody>
</table>


Two task tables expanded at the same time.
Quick Answers about the Examples

The AS in the table stands for Audience Segment. The R stands for Region. You might have noticed, too, that the first four towers (heading level two) have the same name as the task (heading level three). You want to propagate the vocabulary from the lowest levels up to the highest levels. If there are several tasks in one tower, I make up a title that incorporates words from all the tasks. If there is only one task in the tower, I usually copy the title exactly.

Here you see that the task, tower, and mental space each have columns, instead of being represented by headings. In the left margin, a series of plus and minus signs appear, along with long vertical bars. The plus sign signifies that there are rows collapsed and hidden beneath this row. Clicking the plus sign expands those rows. The minus sign and vertical bar signify that the rows encompassed by the vertical bar are expanded and belong to the line with the minus sign on it. If you click the minus sign, those rows will collapse and hide, and the minus will change to a plus.
Collapsing to the row below a selected group of rows is the default for most spreadsheets, since it assumes you are calculating a sum of numbers and only want to display the total at the bottom of the column. You will have to change this to collapse a group to the row above. In the 2003 version of Microsoft Excel, you do this by selecting “Settings” from the Group and Outline choice in the Data menu. In the window that appears, simply un-check the two settings. The first setting, “Summary rows below detail,” is the \textit{totals} row into which a group of rows will collapse in the outline. Un-check the second setting as well, “Summary columns to right of detail,” although it does not really make a difference for your purposes.

I don’t ordinarily group the atomic tasks under each task, nor do I always group the tasks under each tower. It is often sufficient to group all the rows under each mental space. When there are a lot of towers, I will group the Tasks under them to keep from scrolling too much. So, the fact that there are three
levels of plusses in Figure 9.14 is rare. Usually there are one or two levels. (Now that I’ve said all this about outlines in Excel, I have to admit that sometimes I skip them entirely. Sometimes it’s less awkward to just scroll or use search to find what I want.)

Decide If You Need More

By now you should have a good feel for your data. You know what patterns keep repeating themselves. The data has grouped itself into towers and mental spaces. But what happens if you have some leftover tasks that just don’t go with anything else? You’ve made sure these extraneous tasks are root tasks, but there just doesn’t seem to be any other data that matches each of them. If the topic is important and within your scope of work, this set of single-task towers is an indication that you might want to conduct another interview or two in the topic area.
<table>
<thead>
<tr>
<th>Task Tower</th>
<th>Task</th>
<th>Mental Space</th>
<th>Atomic Task</th>
<th>Act</th>
<th>Seg</th>
<th>Loc</th>
<th>Quote</th>
</tr>
</thead>
<tbody>
<tr>
<td>2</td>
<td>Decide to Watch a Film</td>
<td>Mental Space</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>92</td>
<td>Encounters a Film I Have Not Heard Of</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>105</td>
<td>Choose Films</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>201</td>
<td>Learn More about a Film</td>
<td>Mental Space</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>202</td>
<td>Read Review to Get an Idea of the Film</td>
<td>Task</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>205</td>
<td>Talk About Films I Want to See</td>
<td>Task</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>208</td>
<td>Look for Trailers Online</td>
<td>Task</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>211</td>
<td>Set Expectations</td>
<td>Mental Space</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>212</td>
<td>Set Expectations</td>
<td>Task</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>213</td>
<td>Low to Avoid Being</td>
<td>Mental Space</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>214</td>
<td>Set No Expectations</td>
<td>Task</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>215</td>
<td>Know What Kind of Film I Am Spending Money On</td>
<td>Task</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>216</td>
<td>Read Reviews Regularly</td>
<td>Task</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>217</td>
<td>Read the Reviewers I Respect</td>
<td>Task</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>219</td>
<td>Read Compiled Reviews</td>
<td>Task</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>220</td>
<td>Read Compiled Reviews</td>
<td>Mental Space</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>221</td>
<td>Avoid Reading Individual Reviews</td>
<td>Task</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>222</td>
<td>Read Many Reviews to Get a Consensus</td>
<td>Task</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>


Microsoft Excel example of outline view.
In general, once your patterns have settled down, you can be reassured you have captured all of the mental spaces. Any amount of additional interviewing will not add another mental space. Additional interviews might add more tasks to existing towers, and there is a chance you’ll discover a new tower or two, but you can rely upon the mental spaces that have been defined.

**Plan Your Logistics**

You *can* create a mental model by yourself, but sometimes it takes a village. There are different roles that team members can play, and I have a few tips on how to make the process run smoothly.
I was contacted by a team in 2003 that had put all the tasks they had combed into a database. I thought that was great because I am tool agnostic: use a text document, a spreadsheet, sticky notes, a database...sure! But then I realized the reason they had entered all the tasks in a database was to automate the grouping process. Their first pass was to alphabetize the entries by verb. This attempt at grouping failed because there were different verbs that meant the same thing. The alphabetical order of the verbs had no bearing on the relationship between the entries, nor did sets of the same verb represent only one concept. I advised the team that grouping can’t be automated. You have to think hard about each task and look for affinities to other tasks.

Later, another group, lead by my collaborator Mary Pi-ontkowski, had a little more success. While combing the first few transcripts, they assigned a tag to each atomic task. These tags were things like “decide,” “plan,” re- search,” and “compare.” The team extrapolated upon the tags, “plan x,” “plan y,” “plan z” and made up an official list that they used to tag all the rest of the atomic tasks they combed out of subsequent transcripts. If an atomic task didn’t match one of the tags, they added a new tag to the list and let everyone know. After combing, the atomic tasks were already somewhat sorted into concep-tual groups. They still had to step through each task, assess its meaning, and assign it to a group, but they were able to split the work among three people because they could assign related tag sets to each person. It made grouping feel less complicated.
There are three main roles: interviewer, comber, and grouper. (These sound like types of fish you want to avoid ordering at a restaurant...) Depending on time available, schedule, and personality, one person can play any number of the roles. For example, Anne and Barbara can conduct interviews, Eric can start combing Anne’s transcripts as they become available, and after she’s finished with interviews, Anne can comb Barbara’s transcripts. Meanwhile, after completing the interviews, Barbara can get started grouping the information already combed out of the transcripts by Eric. Here’s a sketch of how their tasks would fall in relation to one another (Figure 9.14).
You can divide up the work in many ways. You could have the same two people tackle each task, like Carol and Fran in Figure 9.15. You could have one person interview and group, while a second person combs all the transcripts, like Kate and Gina in Figure 9.15. In another scenario, David and Lisa do all the interviewing and combing, but Lisa completes the grouping alone. Or you could do the opposite, where Heather does all the interviewing alone, but has help from Amanda for combing and grouping. You could have one person, Mimi, in charge of interviewing and grouping, while others do the combing, as in the sixth row of Figure 9.15. You could
have a pair doing interviews, Aaron and Catherine, one of those people plus a new member combing, Catherine and Donna, and all three grouping. Or, more difficult to pull off from a continuity perspective, you could have different people involved in each stage, as in the last row of Figure 9.15.

Often one person is in charge of the grouping, since you must keep track of where you’ve put every task. If multiple people do the grouping, each must still keep track of every task. “Divide and conquer” among groupers does not work well. If you do divide sets of tasks and assign them to different people for grouping, you will lose the chance to combine tasks among different individuals’ piles. Unless you have a telepathy server installed, it will become much more difficult to let the patterns morph and grow naturally. Putting one person in charge of reviewing all the groups being created by others, and pulling things out of their groups when necessary, alleviates this problem.
<table>
<thead>
<tr>
<th>INTERVIEWER</th>
<th>COMBER</th>
<th>GROUPER</th>
</tr>
</thead>
<tbody>
<tr>
<td>Anne Barbara</td>
<td>Anne Eric</td>
<td>Barbara</td>
</tr>
<tr>
<td>Carol Fran</td>
<td>Carol Fran</td>
<td>Carol Fran</td>
</tr>
<tr>
<td>Kate</td>
<td>Gina</td>
<td>Kate</td>
</tr>
<tr>
<td>David Lisa</td>
<td>David Lisa</td>
<td>Lisa</td>
</tr>
<tr>
<td>Heather</td>
<td>Amanda Heather</td>
<td>Amanda Heather</td>
</tr>
<tr>
<td>Mimi</td>
<td>Ingrid Jay Charles</td>
<td>Mimi</td>
</tr>
<tr>
<td>Aaron Catherine</td>
<td>Catherine Donna</td>
<td>Aaron Catherine Donna</td>
</tr>
<tr>
<td>Amy Bob</td>
<td>Carrie Denise Eleanor</td>
<td>Francisco Glenn</td>
</tr>
</tbody>
</table>

**FIGURE 9.15.** [http://flickr.com/photos/rosenfeldmedia/2159289869](http://flickr.com/photos/rosenfeldmedia/2159289869)  
Role combination examples.

Another possible workaround is to try dividing the day into parts where each person completely owns the document during her part of the day, then passes it on to the next person. I have seen this work reasonably well
when each person highlights their new entries with a certain color and colors big shifts in the patterns with another color. This way the next person can easily see what has changed in the document. A little extra time should be allowed for each person to get familiar with the changes from the previous person.

**Comb Early and Often**
If possible, begin combing some transcripts before you complete all the interviews. I say this mostly because it helps maintain momentum. The interviewing might exhaust you, and if you also play the role of a comber, you will be tempted to take an ever-lengthening break between interviewing and combing.

It’s not a good idea to start grouping, however, until you have conducted all the interviews. You run the risk of letting the structures and patterns you see in grouping influence the way to ask questions in an interview. Of course, if you are in the rare situation where the people grouping are not conducting interviews, then this warning does not apply.
There are several ways to approach combing. The first three that I describe assume that combers are working individually. The simplest approach is to give one transcript to each comber and ask each to pull the tasks into a separate document. When finished, each comber then hands their document over to the person in charge of the grouping. When you give a comber a new transcript, she then pulls the tasks into another new document. If you conducted 24 interviews, there will be 24 transcripts and 24 separate task documents that the grouper will pull together.

Another approach, which is more instructive, allows the combers to comb all of their transcripts into one document per person. This allows a comber to combine new tasks with the tasks she has previously recorded from other transcripts.

An even more collaborative way is to give each comber a version of the master document that the grouper is creating to comb tasks into. Before beginning to comb a new transcript,
the comber asks for a copy of the grouper’s document, and combs into that. This approach requires that the grouper be a separate person from the combers, and also requires that the grouper be working in parallel.
Instructions to Individual Combers

When combing into a document:

1. Everyone combing a transcript uses a different font or highlight color. You can choose whatever color you want, so long as it’s unique to you, and you can read the text easily.

2. Go through the transcript line by line and highlight phrases that you think represent a task. Change the color of these highlighted phrases to “your” color.

3. For each phrase you highlight and color, copy it to a document where its color will be preserved. In the document, label it with the transcript number, the audience segment, and the location. Then, if possible, label the phrase with a verb+noun phrase to describe the task. Try to use words from the quote.

When combing with sticky notes:

1. Everyone combing a transcript uses a different color pen.

2. Go through the transcript line by line and circle phrases with your colored pen that you think represent a task.

3. For each phrase you circle, write a verb+noun phrase that describes the task on a sticky note. Annotate the sticky note with the transcript number, the audience segment, and the location. Try to use words from the phrase you circled.
Taking It All In

If your interviewers are also your combers, I have experimented with swapping transcripts with other interviewers. We each comb an interview we did not conduct. This swap allows us to read what happened in the other interviews.

If your combers want to work as a group, there are two approaches to combing. The first approach is simple: Sit down together with one transcript, read it aloud, agree on the tasks you find, and record them in a document. Get the next transcript, read it out loud, and add these tasks to a different new document. The second approach is a variation on the first, where the group adds tasks to the same document, noting where tasks are the same and placing them next to each other. After all the transcripts are combed, the grouper(s) then take over. If the combers are also the groupers, then they just move into the next stage.

Note that in all the above situations, you can replace the word “document” with “sticky
note.” If all that writing by hand alarms you, you can print to sticky notes. Recently, 3M has put their Post-it™ notes on a page that can fit in a printer. Packages are sold in sheets of 10, with six notes per page.\(^5\) If you search for “3M Printscape Personalized Note Kit” you should find some sources to purchase from.

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**All At Once**

Years ago, I used to comb for tasks and group all at the same time. This is feasible when you are the only one doing the whole process. Yet, it was inexplicably overwhelming. Among other frustrations, it was hard to feel a sense of accomplishment, of moving towards the goal. By breaking the process into two steps, combing and grouping, I was able to see progress more clearly; moreover, I was able to make better estimates of how long the process would take.

You will find details about how long it might take to complete combing and grouping in Appendix A, “How Much Time and Money?” available under Resources on the

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\(^5\) Mary Piontkowski’s Word template is available under Resources on the book site. It will help you format what you want to print into 3x4-inch rectangles.

[www.rosenfeldmedia.com/books/mental-models/content/resources](http://www.rosenfeldmedia.com/books/mental-models/content/resources)
book site at www.rosenfeldmedia.com/books/mental-models/content/resources

Congratulate Yourself
The mental model combing and grouping process can feel overwhelming when you’re in the middle of it. I always feel like it will go on forever, and at some point I start to panic. You’ll probably feel these emotions, too. But it’s a finite set of data, and you will eventually get through it. Once you’re through, you can breathe a sigh of relief. The hardest work is behind you. Next, you will render your tasks, groups, and mental spaces in diagram format.
CHAPTER 10

Create the Mental Model

Build the Model Automatically 301
Build the Model Block-by-Block 304
Review the Diagram with Project Guides 326
What Did You Learn? 330
Decorate the Diagram 331
Ask for Feedback 338
After combing and grouping, building the mental model is almost a relief. The structure for the diagram already exists in your grouped document. All you need to do is render it as a diagram, and then spend time with stakeholders and other team members reviewing and polishing it.

The format of the diagram is malleable. In fact, the data behind the diagram can be grouped together in different ways to represent other concepts, such as workflow. The main point of the horizontal format that I use is to match features and content to each tower easily. I purposely don’t use the horizontal format to represent cycles or step-by-step chronological order processes. Neither of these is necessary when your only goal is to map out your product beneath the mental model. Overloading the diagram with this information would be a mistake. Feel free to use the same data in other visual formats to represent workflow or other concepts.
After you and your team are happy with the diagram, I encourage you to decorate it to a certain extent. Information design comes into play when choosing what to represent in the diagram—that is, certain tasks might be country-specific, or perhaps only one audience segment performs a certain subsection of the diagram. You may wish to show a division between female and male or some such task-related division. I will show a few examples in this chapter, and then refer you to Tufte¹ in order to free your creative spirit.

**Build the Model Automatically**

It’s true. If you did your grouping correctly, you already have your mental model. I have a Python² script that interprets either a Microsoft Word or Excel document into an XML file that either Omnigraffle or Microsoft Visio can open. (Technically, the script creates a VDX file, which is Visio’s

---

¹ Edward R. Tufte gives enormously popular and inspiring seminars on information design and has written several books about the topic. Find out more at [www.edwardtufte.com](http://www.edwardtufte.com)

² Python is a scripting language much like Perl. You can download the latest binary release for your platform from [www.tinyurl.com/io4uk](http://www.tinyurl.com/io4uk)
version of XML. Omnigraffle can open this file too.) This script helps in two ways: One, it makes creating the diagram a matter of a few minutes. Two, it allows you to fiddle with the data in the original Word or Excel format again and again, then generate a new diagram each time with the press of a button. The days when I had to shift whole mental spaces aside in the diagram to make room for a new tower are gone. Believe me, that took patience. Diagramming applications don’t scroll very fast when you have a large set of shapes selected.

I am releasing this Python script on my book site with the following caveat: It is pretty finicky about the format of the Word or Excel file, and I won’t be able to help you debug why it won’t slurp up your file and spit out a nice mental model diagram. For example, it doesn’t know what to do with a space that comes at the end of a heading in Word, so it gets frazzled. And, if your column headings in Excel aren’t exactly right, it will poop out
before processing anything. The screen will flash and you will be left with...nothing.

Instructions for installing and running the script, as well as templates formatting the data that the script expects to see, are in the Resources section of my book site. www.rosenfeldmedia.com/books/mental-models/content/resources

In case you can’t use the script, here is a quick lesson in how to create the diagram by hand. Or if you want to sketch one by hand, these instructions will help.
Automatic Coloring Using the Script

There are a few ways for Microsoft Excel to define the style of a cell. It can do it in any of the tags: <Table>, <Column>, <Row>, <Cell>. At the moment, the script only checks the style defined in the <Cell> tags. Hence, if you set the background color of a cell, it will affect what color that tower or task is in the resulting diagram. The script does not check for text color; all the text appears in black font.

Moreover, if you color the entire row, both the task and the tower will inherit that color. If you want different colors for towers, you will need to color those cells separately.

It is possible that the script has evolved since the printing of this book. Check my book site for updates:

www.rosenfeldmedia.com/books/mental-models/content/resources

Build the Model Block-by-Block

Using a drawing program such as Omnigraffle or Microsoft Visio, start by creating small rectangles. Make sure that the rectangles are sized to have the best chance of providing enough room for your task titles. I use rectangles that are 5/8 of an inch wide (0.625 inch, 1.5875 cm) and 3/8 of an inch tall.
(0.375 inch, 0.9525 cm). Using a 6-point Arial font, this size box can contain four lines of text.

**Fitting Text in Those Little Boxes**

Sometimes your task title does not fit in four lines of 6-point font. You are already trying your best to be clear-yet-terse with the task titles. What can you do in case your text wraps to five lines? Try abbreviations, using “w/” instead of “with,” or deleting articles such as “the.” If that doesn’t do it, use common industry abbreviations or acronyms that the audience of your diagram is likely to understand. Or substitute shorter words, such as “uneasy” for “uncomfortable” if it doesn’t veer from actual vocabulary.

Make a few of these boxes and fill them in with the titles from the task level (third level) of your document (see Figures 10.1 and 10.2). Be sure you are pulling the tasks, not the atomic tasks.
Identify with a Film

Allow a Film to Permeate Your Life
Buy the Soundtrack
Listen to Soundtrack
Read the Book Afterward
Investigate Story from a Film Afterward
Wish that a Film Can Change How I Act
Let the Movie Linger

Collect Film-Related Stuff
Save Tickets in Scrapbook
Collect Film Artwork
Collect Toys

Get the DVD
Buy Special DVDs
Get DVDs as Gifts

Watch a Film Multiple Times
Watch DVDs You Own More than Once
Watch Film Multiple Times

Interact with People about Film
Discuss the Film

Microsoft Word format document with tasks in red.
<table>
<thead>
<tr>
<th>Mental Space</th>
<th>Task Tower</th>
<th>Task</th>
<th>Atomic Task</th>
<th>Aud Seg</th>
<th>Loc</th>
</tr>
</thead>
<tbody>
<tr>
<td>Identify with a Film</td>
<td></td>
<td>Allow a Film to Permeate My Life</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>Buy Soundtrack</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>Buy the Soundtrack</td>
<td>SM</td>
<td>SF</td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>Listen to Soundtrack</td>
<td>FP</td>
<td>SR</td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>Listen to Soundtrack</td>
<td>FP</td>
<td>SR</td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>Read the Book Afterward</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>Read Book After Seeing the</td>
<td>FP</td>
<td>SR</td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>Buy the Book</td>
<td>FP</td>
<td>SR</td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>Investigate Story from a Film Afterward</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>Investigate Story from a Film Afterwards</td>
<td>FP</td>
<td>SR</td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>Wish that a Film Can Change How I Act</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>Let the Movie Linger</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>Collect Film-Related Stuff</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>Save Tickets in Scrapbook</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>Collect Film Artwork</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>Collect Toys</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>Get the DVD</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>Buy Special DVDs</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>Get DVDs as Gifts</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>Watch a Film Multiple Times</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>Watch DVDs I Own More than Once</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>Watch Film Multiple Times</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>Interact with People about Film</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>Follow the Industry</td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

**FIGURE 10.2.** http://flickr.com/photos/rosenfeldmedia/2125809988
Microsoft Excel format document with tasks in red.
Stack the boxes that are all related to one another by group. Then set the boxes so that each left edge is lined up with each inch mark on your grid (see Figure 10.3). Work with sets of four or five towers, or whatever will fit on your screen without scrolling. You can either place all the tasks first, or work left to right placing tasks, towers, and mental spaces.

Stacked task boxes aligned to each inch in the grid in Omnigraffle or Microsoft Visio.
Next, create the towers. The towers I use are 7/8 of an inch wide (0.0875 inch, 2.223 cm) and as high as they need to be to include all of the task boxes plus the tower title. Put the tower box behind the task boxes by using a “Send to Back” command. If there are so many tasks that the tower will, ahem, tower above the others, then I make a double-wide tower and place the tasks in two columns within it. Generally speaking, I allow my towers to be seven tasks high. I often give the tower a default background color and remove the boundary line. Some people give the boxes rounded corners. You can do as you see fit for now. Later I will discuss assigning colors that represent audience segments or regions or other significant data.
<table>
<thead>
<tr>
<th>Mental Space</th>
<th>Task Tower</th>
<th>Task</th>
<th>Atomic Task</th>
<th>Aud Seg</th>
<th>Loc</th>
</tr>
</thead>
<tbody>
<tr>
<td>Identify with a Film</td>
<td>Allow a Film to Permeate My Life</td>
<td>Buy Soundtrack</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>Listen to Soundtrack</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>Read the Book Afterward</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>Investigate Story from a Film Afterward</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>Wish that a Film Can Change How I Act</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>Let the Movie Linger</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>Collect Film-Related Stuff</td>
<td>Save Tickets in Scrapbook</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>Collect Film Artwork</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>Collect Toys</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>Get the DVD</td>
<td>Buy Special DVDs</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>Get DVDs as Gifts</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>Watch a Film Multiple Times</td>
<td>Watch DVDs I Own More than Once</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>Watch Film Multiple Times</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Interact with People about Film</td>
<td>Discuss the Film Afterward</td>
<td>Avoid Discussions</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>Ask Strangers Their Opinion After a Film</td>
<td></td>
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</tr>
<tr>
<td></td>
<td></td>
<td>Discuss Interpretation of Book</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>Learn Craft from Discussion of Unusual Point</td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

**FIGURE 10.4.** [http://flickr.com/photos/rosenfeldmedia/2125809854](http://flickr.com/photos/rosenfeldmedia/2125809854)  
Microsoft Excel format document with towers in red.
Tasks with towers.

Next, draw thick vertical lines that bracket this mental space, and add a title roughly centered above the towers (as shown in Figure 10.6).
Identify with a Film

Allow a Film to Permeate My Life
Buy Soundtrack
Listen to Soundtrack
Read the Book Afterward
Investigate Story of Film Afterward
Wish That a Film Can Change How I Act
Let the Movie Linger

Collect Film-Related Stuff
Save Tickets in Scrapbook
Collect Film Artwork
Collect Toys

Get the DVD
Buy Special DVDs
Get DVDs as Gifts

Watch a Film Multiple Times
Watch DVDs I Own More than Once
Watch Film Multiple Times

Tasks in towers in a mental space.
After you get all of the towers and mental spaces in place, draw a thick horizontal line beneath all the towers (as shown in Figure 10.7). This line will divide the upper mental model from the boxes you will align beneath it later.

Finally, add a legend to the diagram. The legend that I use addresses the placement of items in the diagram, as well as colors used. I usually augment the legend after I have aligned content and features underneath the towers. For now, the legend I begin with looks similar to that shown in Figure 10.8.

I don’t always represent the number of voices per task. Because the research is qualitative, representing the popularity of a task could be misleading. You don’t ask the same questions of every interview participant; therefore, you might not have an answer from someone whose voice might count towards a certain task. And, if you interview another 44 participants, the tasks that are popular might change. Nonetheless, I find it interesting to
indicate which tasks I’ve heard a lot about. The rare task, if I depict it, is always the single voice—that is, just one person mentioned it. The numeric threshold between a “normal” and a “popular” task varies depending on how many people you interview. I usually select a threshold based on a desire to point out a few interesting trends that I notice, making sure that “popular” tasks are as rare as the single-voice tasks.
Figure 10.7. http://flickr.com/photos/rosenfeldmedia/2140205124
Part of a finished mental model. See the finished moviegoer mental model on the book site:
www_rosenfeldmedia.com/books/mental-models/blog/moviegoer_alignment_diagram

Chapter 10
Create the Mental Model
Split the Model into Multiple Diagrams

Every organization needs to interact with several audiences, from employees and investors to customers and the general public. Rather than using a single solution, try to cater to audiences with different behaviors—every organization should create the right number of solutions that each makes sense to the audiences concerned. Each full mental model represents a separate entity. You can use the mental model to define the beginning and end—the boundaries—of your design. If

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**FIGURE 10.8.** http://flickr.com/photos/rosenfeldmedia/2125809584
Example legend.
each mental model delineates the beginning and end of one solution, then this concept is simply the idea of several mental models playing in concert to make up the whole offering of an organization.

Mental models are not simple things. Often there is overlap between what two different audience segments do. For example, purchasing agents and researchers both order chemicals for use in R&D labs. Both of them look for the chemicals with the properties that will work for what the scientist wishes to achieve. However, the purchasing agent also looks for cheaper substitutes or bulk deals, whereas the scientist looks for different chemical properties that might work better. There is a slight difference, but most tasks are in common. Then again, a user might migrate from one set of tasks to the next, such as a “manager” that is also an “employee.” In this example, the two mental models contain different tasks and should be kept separate, but a user might cross over from one mental model to the other frequently or within a short
period of time. What do you do in the case of the overlapping tasks?

**How to Read a Mental Model**

Mental models are made up of three levels. If the diagram looks like a city skyline, mental spaces form the blocks, towers form the buildings, and tasks form the windows in the buildings. The diagram is built from tasks combed from a set of interview transcripts. While you build the diagram from the lowest level to the highest level, you read it in reverse.

Start by looking at the mental spaces and understanding the differences between them. Study each mental space separately, as each should stand on its own, not necessarily related to mental spaces to the left or the right. There may be a slight chronological order to a few of the mental spaces, but largely they are listed in clumps that will make our next step easier: aligning existing and planned product features to the towers.

Next study the towers within each mental space and understand the differences between them by reading the task examples within them. Get a feel for where people focus when accomplishing the goals in this particular mental space. Review the audience, regional, and other differences between the towers. What stands out? Which towers are items you would not have thought of before the research? Does the whole mental space seem consistent with what you know of your customers’ world?
And what do you do when there are hardly any tasks in common, such as the “truck dispatcher” and the “service center mechanic.” An application can be designed for each of these audiences with the specific tasks of the user in mind, following a less-is-more principle. Users will completely grasp the utility of the application and will not be distracted or confused by features intended for a different audience. Gone are the days of the monolithic application that tries to do everything for everyone, making it hard for anyone to do anything simply. How many times has, “But I just want to_______!!!” been uttered to a computer screen in frustration?

My rough rule of thumb is that if there is “a lot in common,” then I keep the items in the same diagram or merge two diagrams. If there is “little in common,” then I separate the tasks into two (or more) diagrams. When I separate tasks into two mental models, I mark the tasks that are common to the other audience segment with color-coding of the tower or the tasks.
On the flip side, sometimes the diagrams are just too long to understand. For example, there are three roles involved in purchasing large enterprise software suites: the evaluator, the implementer, and the maintainer. Sometimes one person plays all three roles; sometimes there are a few people playing these roles, with project hand-off among them. In these situations, I divide the diagram based on where the project hand-offs occur. I color-code the towers in each diagram with the roles that performed them, so that readers could see that an evaluator sometimes works far into the implementer’s tasks. Three shorter diagrams are easier to comprehend.
How to Split or Merge the Mental Model

When many tasks are in common, *merge* mental models. Example: “researcher” and “purchasing agent.”

When most tasks are different, keep mental models *distinct*. Example: “truck dispatcher” and “service center mechanic.”

When users tend to shift from one model to another and back, keep mental models *distinct, but note the frequency in shifts* the user makes from one model to another and the complexity of each set of tasks. They might benefit from one merged solution with special parts for one audience. Example: “employee” and “manager.”

When the diagram is too long to understand easily, *break it into subsets where hand-offs occur* between audiences, and consider whether the solution should be split as well. Example: “evaluator” and “maintainer” of an enterprise software suite.

The case of the folks who tend to move from one mental model to another requires deeper investigation. In this scenario, consider the frequency of shifts between the models and the distinction and intricacy of the task sets. In the case of the “employee” and the “manager,” I recommend one solution because the manager, who has the superset
of tasks, moves between “check my vacation balance” and “open a job requisition” with cognitive ease. She sees both tasks as “administration.” In this one solution the extra features supporting “open a job requisition,” etc., appear only to those logged in as managers.

However, if the complexity of each set of tasks is deep you will need to devote a separate solution to each model. It turns out that the cognitive process an “evaluator” goes through to select enterprise-level software is entirely different than what the “maintainer” does. The former works pretty much up until the roll-out of the software, which is where the latter takes over. Yes, sometimes one person performed both roles, but because the tasks were so different, we preserved the subsets we had split the mental model into.
How to Split or Merge the Mental Model

If the frequency of shifts is high and users perform tasks in either set, then consider designing one solution. Example: “employee” and “manager.”

If there is a big distinction between the types of tasks being done and each task set is deep and complex, create separate solutions, no matter how frequent the shifts are. Example: “evaluator” and “maintainer.”

Splitting or merging diagrams is important because translation from mental model to solution is so direct. Everything that hangs together in one mental model is exactly what should hang together in one solution. In terms of intranets, organizations went astray—and still do—in this regard. For example, they created monolithic intranets that tried to hold everything that anyone employed by the company could want. If they had mapped out mental models for all the intended audiences, they would have easily seen that one solution was not the right approach. They should have implemented a galaxy of internal web properties each intended for a
specific audience, with a central hub for use in case someone needed to look at information in another department. Thankfully, many organizations are not so naïve about their web properties anymore. Moreover, the corporate URL now represents a landing zone to choose which web property you wish to go to, as in www.yamaha.com and shown in Figure 10.9. Much traffic to a specific property comes through direct links, rather than this corporate landing zone.

An easy way to think of this is to use a campus analogy. If your company or school is large, you have many buildings, often co-located on one property—the campus. Other buildings may exist in other locations or countries, as a part of the virtual campus. Each building houses a particular department; everyone who works on a team is generally on the same floor. For your day-to-day business around the campus, you stick to one building, with a trip here or there to the cafeteria, or to engineering to meet with the development team. You are most familiar, however, with your own
building. Most things you need for your daily work are there, organized in a way that more or less makes sense to you and your team.

The Yamaha landing page shuttles you to several web properties, including Musical Instruments, Home Audio/Video, Commercial Audio, Ringtones, and Motorcycles and Jet Skis.
Each one of your web properties is a building on your internet campus. Each property has its own unique navigation that represents the mental model of the people populating it. There is a utility navigation item that will take a person to a “shuttle station” or hub listing all the properties she can choose from as her destination.

**Review the Diagram with Project Guides**

After creating the diagram, review it in detail with all the stakeholders involved. The goal of this process is to give each person a feeling of ownership: “This is the mental model we made.” If each person feels ownership for the diagram, then each person is likely to refer to it in discussions and decision-making. I also use this review workshop to pass along stories from the interviews—little anecdotes about a customer’s daily life tend to be memorable.
Learn More about a Film

Legend

Mental Space

<table>
<thead>
<tr>
<th>Conceptual Group</th>
<th>Movie Goer Mental Model</th>
</tr>
</thead>
<tbody>
<tr>
<td>Popular (5+ Voices)</td>
<td></td>
</tr>
<tr>
<td>Normal (2-4 Voices)</td>
<td></td>
</tr>
<tr>
<td>Rare (1 Voice)</td>
<td></td>
</tr>
<tr>
<td>Added During Workshop</td>
<td></td>
</tr>
</tbody>
</table>

Look for Trailers Online

- Look for Trailers Online
- Look for Film Information Online

Anticipate a Film

- Set Expectations
- Get Excited about a Film

Read About Films I Want to See

Diagram that has items that were added to the source document during a review workshop.

I run the review workshop with a projector and a remote connection for those not in the room with us. First, I scan through all the mental spaces, describing each of them in general. This high-level review usually takes 30 minutes. Then I go back to the left end of
the diagram and step through all the towers, highlighting the most interesting tasks in each tower. In the beginning, I touch on every tower and we dive into explorations of what participants said. We debate the interpretation of certain tasks and make edits to the source document (word processor, spreadsheet, sticky notes). Sometimes we add a task that stakeholders have experienced but didn’t get mentioned in the interviews with customers (Figure 10.10). For some of the tasks, we’ll trace a quote back to the original transcript. During the first hour of the session, I make sure everyone knows the diagram is not cast in stone; people around the table typically have years of actual experiences with this user base that can be brought to bear. Towards the end of the detailed review, there is no need to read each tower and task aloud. At this point, I let the team read what’s on the screen while I call out the more fascinating discoveries, unveil surprises, and recite interesting or funny stories. These stories are what make the workshop entertaining enough to endure,
because the whole review usually takes between three and five hours.

These review hours are valuable when the stakeholders become co-creators of the diagram. If your organization is large, or if there are turf battles among departments for leadership in user experience design, these sessions can break down barriers. Everyone looks at the set of interview data, discusses interpretations of that data, and agrees on a representation. From this point forward, it’s no longer “he said, she said.” It’s “the data shows this; this is how we interpret it.” Subsequent design decisions tend to go more smoothly.

I have experienced one “monkey wrench” in this type of review workshop. On a few projects, new stakeholders were brought in to the mental model review. This was their first real contact with the project and the method. As I began to introduce the mental spaces, these new stakeholders would ask questions about how the interviews were conducted,
what the audience segments were, and why there were only six participants from Japan. In each case, the team explained the background, but these stakeholders did not stop there. Having been brought onto a project, they wanted to make a difference, and one way of doing this was calling into question every decision the team had made during the past four to eight weeks. Discussing all this, while worthwhile for the new stakeholders, pretty much derailed the whole workshop. Now, when I learn of new stakeholders joining the team, I set up a *separate* meeting with them before the workshop to explain everything that has happened to this point, to understand their perspective, and to solicit their input. Lesson learned.

**What Did You Learn?**

Take a long look at the mental model. What stands out? Does the whole mental space seem consistent with what you know of your customers? Which towers are items you would not have thought of before the

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Mental Models by Indi Young  
Rosenfeld Media, 2008; version 1.0  
Chapter 10  
Create the Mental Model
research? Write up a mental model report or presentation that summarizes your findings.

**Decorate the Diagram**

Now that the tasks and towers have stopped shifting and the diagram feels stable, you can safely switch from the source document to the diagram. In other words, if any changes need to be made in the future, they will be made directly to the diagram. Now is the time to enrich it with visual representations of the audience segments, regions, voice count, and so forth. I referred to voice count when I showed the first example of a legend a few pages back. Voice count is the representation of how many unique voices went into that particular task (Figure 10.11). You may also want to represent other information in your diagram. If certain tasks or towers represent a single audience segment, you can color the box accordingly.

The colors in this particular legend (in Figure 10.11) example were applied at the tower level. Sometimes I use color in the task boxes to
represent audiences or blends between two audiences. In one mental model, I colored consumer tasks pink and business tasks blue, and colored the blended tasks lavender. Yes, these colors ended up looking rather neonatal. Hopefully you have more visual design skill than I.

**Legend**

<table>
<thead>
<tr>
<th>Mental Space</th>
<th>Conceptual Group</th>
<th>Task Colors by Audience Segment</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Popular (4+ Voices)</td>
<td>Technology Authority</td>
</tr>
<tr>
<td></td>
<td>Normal (2-3 Voices)</td>
<td>End User</td>
</tr>
<tr>
<td></td>
<td>Rare (1 Voice)</td>
<td>Head of Household</td>
</tr>
<tr>
<td></td>
<td>Added During Workshop</td>
<td></td>
</tr>
</tbody>
</table>

**FIGURE 10.11.** M http://flickr.com/photos/rosenfeldmedia/2125809040 Legend with colors added.
Sometimes I put “jewels” in the corners of the task boxes or at the top of the towers to indicate region or audience segment. For several projects in which we conducted international interviews, the client wanted to look at the tasks from a regional perspective. We were looking for towers that were region-specific, or that left out one region entirely. In the diagram below, we considered this tower to represent all three regions, since all three are present to one degree or another in the tasks (Figure 10.12).
Jewels or tiny color chips to represent regions.
I have mentioned the company that had the three roles (evaluator, implementer, and maintainer) where we color-coded the towers so that readers could see that one role sometimes would work far into another role’s tasks. Since there was so much overlap in the roles supporting each tower and task, we could not simply color the towers just one of three shades. In addition, some of the people we interviewed played two or even all three roles. We used the dots, shown in Figure 10.13, to illustrate the roles involved in each tower. However, there were differing degrees to which the segments supported each tower.

To see these differences, I created a histogram in the spreadsheet that contained the task analysis data. To the right of each tower, I noted the ID numbers of the voices supporting that tower. For each ID, I then filled in a cell with the appropriate role color, for example blue, green, or orange. For ID numbers who represented multiple roles, I filled in a cell with each role color. Then we sorted the colors into a histogram that showed the degree to which each role supported this tower. This histogram helped us understand the blending of the roles from tower to tower, and where one role really took over from the next. What you see below is the middle of the three diagrams, with Evaluator pink showing towards the left and Maintainer blue starting to show towards the right, where these two groups switch over.

(Continued on next page...)
In another example, the audience segments varied from tower to tower, so here they are represented by colored dots at the top of each tower, rather than by the tower color itself (Figure 10.13).
Colored dots in towers to represent audience segments.

Essentially, each diagram is different. Figure out what information is important for you to present. Determine the least distracting and most informative way to present it, and experiment.
Ask for Feedback

Once your diagram is finished, and your project guides feel as if they can explain it to others, introduce it to a wider audience. Present your mental model report to as many groups as you can, and ask your team members to do the same. I have seen people print the diagram and affix it to the wall in a high-traffic hallway. I have even seen one client encourage folks to make comments by hanging pencils on strings next to the diagrams.

For now I recommend printing on standard paper and taping the diagram together, instead of spending a lot of money on a professional version. Wait until you have completed the next step: aligning the content and features of your application with the towers in the mental model.

Before addressing the content, though, pause and consider all that you have learned about your audiences. The next chapter shows you how to make any needed adjustments to the audience segments that you started out with.
CHAPTER 11

Adjust the Audience Segments

Compare Results to Original Hypothesis 340
Clarify Segment Names 342
Adjust Segment Definitions 343
Use Audience Segments for Other Projects 350
Transition from Research to Design, Verbs to Nouns 350
Now that you’ve spent so much time with the participants, combing through their transcripts, you understand these people a lot better. (I often wish I could achieve this level of understanding about my own family and friends!) It’s time to compare what you now know to your original hypothesis about the audience segments. Did you get them right the first time around?

**Compare Results to Original Hypothesis**

Remember that your focus for these segments is the differences between sets of behavior and philosophies. Follow these steps to compare what you know now to your original hypothesis.

1. Dig out your original audience segmentation document. What were the descriptions of the task-differentiated segments in that document? As you read each description, scribble down your gut reaction as to whether that segment name and definition still make sense.

2. Next, open up your recruiting spreadsheet
and, on a new tab, cluster the names of the participants who belong to each segment. Think about the people you interviewed in this segment and write down some adjectives and phrases that describe their tendencies. By this time, my memory of “who was who” in the interviews has become fuzzy, so I actually speed-read the transcripts for each participant in one segment. One of the people you classified as belonging to a certain segment may have different tendencies than the rest of the people in that segment. Set this person to the side, along with the appropriate adjectives and phrases.

3. Once you have finished this exercise, compare the new adjectives to the original descriptions of each audience segment. Add your thoughts to the gut reactions you wrote down in the first step.

4. Now, compare the new adjective groups to each other. Are they each distinct? Mark groups that seem similar.
5. Finally, step away from the audience segments and review the mental model. What tasks are interesting, expected, or surprising? Think ahead to the design stage. What differences or similarities might these segments have in usage patterns? Who needs special tools? Write down these thoughts as well.

Now you are prepared to adjust your audience segments.

**Clarify Segment Names**
In your comparison of your descriptions to the original descriptions, you might decide that a better name for the group will define it more clearly. Usually a better name is easy to determine. If you struggle, then maybe this isn’t the right solution. Or maybe it isn’t necessary. But if it comes easily, this new name will reflect your deeper understanding of this segment, and it will make this segment clear and distinct from the other groups.
When we re-assessed the audience segments for silicone manufacturer Dow Corning, much better titles for our audience segments came from the participants themselves. Folks who worked in the lab didn’t call themselves “Specifiers.” They referred to themselves as “Research and Development.” People making products with silicones didn’t call themselves “Practitioners.” They referred to their jobs as “Production.” Those in “Purchasing” more commonly called their jobs “Material Supply.” And those ill-defined “Business Clients” were really the “Sales and Marketing” arm of the company that was producing the product.

Specifier → Research and Development
Practitioner → Production
Purchasing → Material Supply
Business Client → Sales and Marketing

With just with a few words changed, our audience segments went from murky to obvious. After this refinement, we developed a persona to represent each of these audience segments.

Adjust Segment Definitions
If, when you compare your definitions to each other, they no longer seem distinct from each other, you need to change your groups. Ignore your original hypothesis for
now, and look at the descriptions you just wrote. Start re-arranging the descriptions. Put words that seem to go together in their own groups. Think about the tendencies you heard during interviews. Nudge words around until each group is different and explicitly defined. When you have finished, you can name these new groups. Again, if names don’t come easily, perhaps you took a wrong turn. Naming should be the most natural and obvious step of this process.

Figures 11.1, 11.2, and 11.3 are examples of how we have merged and re-defined original audience segments into something more realistic.

For telecommunications provider Bell Aliant, we defined our consumers as folks who might inhabit a household. There were many different tasks, such as paying bills or setting up mobile phone features. We grouped them into five different segments based on these tasks. After talking to consumers, we realized life wasn’t that complicated. There were three
main roles, any two of which were often played by one person.

**Decision Maker**
- Research
- Make Decision

**Telecom Authority**
- Research
- Make Decision
- Set Up Products

**Administrator**
- Order
- Coordinate Set-up
- Modify Plan

**Head of Household**
- Order
- Review/Pay Bills
- Coordinate Set-up
- Modify Plan

**Bill Manager**
- Review/Pay Bills

**User**
- Learn Products
- Use Products

**Guru**
- Use Advanced Features
- Set Up Products

**FIGURE 11.1.** http://flickr.com/photos/rosenfeldmedia/2125808824
A household of telecommunications consumers is not as complex as we thought.

For Sybase, an information management and mobility company, we started off with the idea that customers were mainly split into
pre- and post-purchase. Sybase was interested in learning how thought-leaders in the industry went about implementing change within their organizations, so we added that group. And then we split pre-sales into those that already own a Sybase product and those that don’t. After the interviews, we laughingly realized our blunder. There were three distinct roles, not one of which mapped directly from our original hypothesis. The complexity we knew existed came in the form of who played how many of these roles.
For Engage, an online matchmaking site, we were interested in talking to both singles and people who were already in relationships but interested in helping their single friends find love. Our original hypothesis was close.
We knew there were folks who were really outgoing about finding love—both for themselves and for others. We divided these folks into “Social Connectors” and “Good Samaritans.” We knew the opposite existed as well—those who were “Self Conscious.” We also figured there were people who were less ambitious, who would let love find them. These were the “Will Participate If Asked.” Then there were the people who were trying to increase their odds of success by purposely expanding the types of circumstances in which they might meet someone. After the interviews, it turns out we were right on with the folks who were less ambitious, but we selected a better name for them: “See What Happens.” The outgoing folks merged into one group: “Get on the Love Train.” But the other two groups splintered into two new groups: They were those who had no plan and were “Trying Too Hard,” and those who were apt to examine situations from all aspects, follow rules, and “Think It Through.”
Social Connector
- Innate leader
- Self-confident, outgoing

Will Participate If Asked
- Less committed
- Path of least resistance

Self Conscious
- Worry what people think
- Discuss situations w/friends

Good Samaritan
- Thinks of their friends
- Makes introductions

Expand the Possibilities
- Grow network, diversify
- Feel there’s limited time left

Get on the Love Train
- Everyone deserves love
- Want friends to be happy

See What Happens
- Attracting people is easy
- Passive approach to dating

Trying Too Hard
- Attracting people is difficult
- Timid, fearful, overwhelmed

Think It Through
- Careful, rules about dating
- Don’t risk friendships to set people up

**FIGURE 11.3.** [Link](http://flickr.com/photos/rosenfeldmedia/2125032721)
Engage singles and matchmakers are re-defined by behavior.

Add your adjustments to the mental model report you wrote at the end of the last chapter.
Use Audience Segments for Other Projects

At this point, you can make a persona for each of your audience segments. You can use the audience segments to write scenarios and use cases. You can draw storyboards using your personas. Because you will need to touch base with your users again in the future to conduct evaluative research, you can use these audience segments to recruit for usability tests or card sorts. The audience segments should have long, productive lives within your organization.

Transition from Research to Design, Verbs to Nouns

Finally, there is something worth noting here at the end of this section of the book.

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See Alan Cooper’s *The Inmates are Running the Asylum*, Chapter 9, for the seminal introduction to personas, or read about it here: [www.tinyurl.com/2zygmm](http://www.tinyurl.com/2zygmm) See Mike Kuniavsky’s *Observing User Experience* Chapter 7 for a how-to description of user profiles. There are other volumes on personas, such as John Pruitt and Tamara Adlin’s *The Persona Lifecycle* and Steven Mulder and Ziv Yaar’s *The User Is Always Right: A Practical Guide to Creating and Using Personas for the Web*. Many people teach persona creation. Kim Goodwin has worked extensively with Alan Cooper and has a useful interview at the User Interface Engineering site, [www.tinyurl.com/237peu](http://www.tinyurl.com/237peu) Christine Perfetti of User Interface Engineering writes a good article on the topic at [www.tinyurl.com/ytynyq](http://www.tinyurl.com/ytynyq)
After you have created the verb-based mental model diagram and adjusted your audience segments, you now can revert back to nouns. The habit of thinking from the user’s point of view should be ingrained by now. Using verbs up to this point has helped you make that part of the process second nature. Now you are switching from research mode to design mode, so you don’t have to be as aggressive about using verbs.
CHAPTER 12

Alignment and Gap Analysis

Draw a Content Map of Your Proposed Solution 354
Align the Content Under the Mental Model 359
Consider the Opportunities 377
Share the Findings 387
Print the Diagram 389
Prioritize the Opportunities 392
Now that you have completed the mental model, you can put it to use. You have had a chance to learn more about the people you are designing for. You have illuminated the weak spots in your understanding and removed your assumptions. You are ready to innovate.

One application is to use the diagram as a roadmap for future development. Use it to frame questions about what areas to address and to provide a sandbox for creative ideas, an environment where “luck” and “magic” can happen. Double-check plans to see if they match needs. Because the mental model depicts the whole of the user’s environment—it is not focused on one aspect, service, or tool—you can use it to craft a complete experience for the people you interact with. User-centered design becomes an advantage for your organization.

The first step is to align every feature of your solution to the mental model and see where you are.
Draw a Content Map of Your Proposed Solution

I’ve been going on about mental models for 11 chapters and never mentioned that you should have someone else working on another little project in parallel. This other “little” project is the content map. Someone familiar with your existing and planned offerings needs to sketch them out as boxes that will fit under the towers in your mental model (as shown in Figures 12.1 and 12.2). It’s important that the content map is made separately from the mental model, because thinking about all that content forces you to organize it after some fashion, and that framework could unintentionally influence the way you group data in the mental model. Have someone not on your mental model team draw it while you are combing or grouping, or else tackle the content map after you have finished with the mental model.

The content map includes all functionality that already exists and is planned for your solution. Let me assure you that the name “content” does not limit your map to text
documents. While it may have started out as a description of an inventory of a news web site or something, it means much more than that these days. Your content map should include all the ways you serve people, including things like monthly account statements or yearly awards banquets, registration for training courses, or a mortgage calculator. Anything that has to do with your relationship with those you serve should be included in your content map.

**FIGURE 12.1.** http://flickr.com/photos/rosenfeldmedia/2125032637
Example content map from Dow Corning, with overlapping conceptual areas. (Content “Greeked” for privacy.)
Each content map is the unique creation of its author. One person may draw the same map differently than another person on the same team. It could represent a structure that is sanctioned by the organization, but it’s not mandatory. In the end, you will pull out all the boxes from the content map and place them in the mental model, so the structure the author uses does not matter. All that matters is that the width of the box will fit beneath a tower, that you use nouns and adjectives that clearly label the box, and that everyone understands the notation you’ve used to denote different types of boxes.
Creating a content map can be pretty intense, especially if you have a lot of ways you serve people. The level of granularity is important. You don’t need to detail absolutely everything. If several awards are handed out on a yearly
basis, you can just call them “Awards” rather than listing each type. If you have different types of accounts for different kinds of customers, list those separately. You will end up with about 100-175 boxes in your content map. Chiara Fox describes\(^1\) the process she used at PeopleSoft as first taking an inventory\(^2\) of all the documents the company had about their products. Then she says, “…we created the unified content map. Once the inventory spreadsheets were completed, we were able to pull out the different document types and content types we had found. We identified the larger content areas (e.g., general product information, customer case studies), and then listed the individual examples that existed on the site (e.g., component descriptions, functionality lists).” Chiara’s approach is a good way to get at the level of granularity you want. While her inventory and spreadsheet approach was necessary for the content

\(^1\) Boxes and Arrows article “Re-architecting PeopleSoft.com from the Bottom-Up” by Chiara Fox, June 16, 2002.

migration she was doing, happily you only will need the higher-level content map.

**Align the Content Under the Mental Model**

Matching content to multiple towers in the mental model can be a long process. You will pull one box at a time from the content map and study it, determining which towers in the mental model it relates to. You will want to have different project guides with you when you go through this process to help you evaluate things. I have done this with all the project guides present at once, which has the advantage of group discussion and diffusion of ideas. I have also conducted these workshops with just one project guide at a time, covering just the boxes from the content map that are within the project guide’s area of expertise. This latter approach has the advantage of not wasting someone’s time who is not involved with the content being discussed.

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3 An alternate approach to studying one piece of content at a time is studying one tower at a time. You would discuss the meaning of the tower and collect boxes from the content map that supports it. This method requires that you carefully track where the primary location is, however.
Before you begin, read through all the towers in the mental model and cross off those that are outside your production scope. For example, there were a couple of mental models I developed with towers called “Organize My Time.” In each case, my client was not in the business of helping people manage their schedules. If my client was Franklin-Covey, the makers of various day planning systems, then we would not have crossed out this tower. This shortcut will make your hunt for matches go a little faster, since your eyes can jump over the crossed off towers.

To make things go more smoothly during the workshops, and additionally engage the project guides as owners of the mental model, I sometimes assign homework. Before each person’s appointment with my team, I give her a subset of the content boxes from the map and ask her to try aligning them to the towers that are not crossed off in the mental model. Sometimes I give her a simple list of mental spaces and towers to start with. This homework exercise gives each person a chance
to think about the content items ahead of time, as well as a chance to go over the mental model towers several times. It saves the team time during the workshop because many of the ambiguous content boxes have been cleared up. If there is some question what, exactly, “Webcast Event” represents, for example, the project guide can ask the author of the map to clarify its name, or if a content inventory exists, look it up in that document ahead of time.

To begin the workshop, select a content box from the map and make sure everyone understands what it is (Figure 12.3). Discuss its intent and its value to the organization and the user. For example, the content box “Theaters Near Me” is a tool that looks up a zip code and lists the theaters within a 10-mile radius. You look at the mental spaces of the moviegoer mental model and decide “Choose a Theater” is the most likely time a person will want to see this list of nearby theaters. A tower called “Choose Easy Theater” seems to be a good primary match for this content item.
Choose a Theater

Choose a Good Theater
- Choose Theater with Good Parking
- Choose Theater with Good Eats
- Choose Theater with Comfortable Seating
- Choose Theater with Good Projection
- Choose Theater with Good Sound
- Choose Clean Theater

Choose Smaller Theater
- Choose Smaller Theater for Eclectic Films
- Choose Smaller Theater for the Neighborhood
- Choose Smaller Theater for Aesthetics
- Choose Smaller Theater for Eclectic Films

Choose Easy Theater
- Choose Convenient Thtr. to Meet Companion
- Choose Multiplex for Familiarity

Choose Theater with Big Crowd for Energy
- Choose Theater with Big Crowd for Energy

Slot “Theaters Near Me” under “Choose Easy Theater” as its primary location.
You look for other matches, and see “Choose Screening Time” in the “Choose a Time” mental space. This is a good secondary location (see Figure 12.4). You look for others. “Avoid Being Late to Theater” in “Go to the Movies” is a reasonable match, if you think that the person is choosing a theater that is fastest to reach.
Choose a Time

Choose Screening Time
- Choose Later Screening
- Avoid Early Screening
- Choose Early Screening

Look Up Running Times (Length)
- Look Up Running Times

Theaters Near Me

Go to the Movies

Resolve Group Logistics
- Meet Group at Theater
- Get Tickets for a Group
- Schedule a Time with a Group

Theaters Near Me

Avoid Being Late to Theater
- Avoid Being Late to Theater

Avoid Being Late to Theater

Place “Theaters Near Me” under two other towers as secondary locations.

You might wonder how strong the link is between “Theaters Near Me” and “Avoid Being Late to Theater.” Perhaps only one
person on your team suggested it. Do you keep it in the diagram, and later risk thinking that this tower is fully supported? If it is marked as a secondary match, and if this tower only has secondary matches beneath it, you do not run the risk of assuming it is fully supported. Secondary matches act more like contextual marketing. If a person is doing one thing, you might want to remind her or make her aware of this content you just slotted. Amazon does this online with their “Customers who bought this item also bought” list for each product. There is a fine line to walk here. Sometimes these contextual links are really, truly helpful. More often than not, though, they make users suspicious of your motives. In this example, though, the utility of having the distance to each theater listed or the driving time would be wholly appropriate.

You might have content that does not match any tower in the mental model. Usually this is because the item just isn’t anything that people want when trying to do what they’re doing. A great example is the ubiquitous
stock ticker that came free with certain portal software, so it ended up on the home page of many intranets—despite the fact that usage statistics showed that employees were not interested in the Dow Jones when they were logging in to record their vacation days. Granted, at some point in the day some employees might want to check stock prices on a holding, but that activity is part of a different mental model. It did not come up in our interviews within the scope of studying how an employee interacts with her company. Checking stock prices is supported by a different application—most likely her investment web site. On the other hand, if your usage statistics on the employee intranet show that people do check the stock ticker a lot, and it wasn’t mentioned in any of your interviews, then you have a little more exploring to do. Ideally you would have noticed the stock ticker statistic during your secondary research review before drafting your interview prompts.
Then again, maybe this content matches a tower that is missing from the mental model. You can add a tower (sans tasks) to the diagram if it is something that members of your team have heard from customers before. For example, in the moviegoer content map there are two boxes labeled “Write Fan Mail to an Actor” and “Write Fan Mail to a Director.” There was no matching tower in the mental model, so the team added a tower labeled “Write Fan Mail.” (See Figure 12.5) This tower represents a behavior the team has observed in moviegoers before.
Identify with a Film

Collect Film-Related Stuff
- Save Tickets in Scrapbook
- Collect Film Artwork
- Collect Toys

Get the DVD
- Buy Special DVDs
- Get DVDs as Gifts

Watch a Film Multiple Times
- Watch DVDs I Own More than Once
- Watch Film Multiple Times

DVD Release Dates

Write Fan Mail
- to a Director
- to an Actor

**FIGURE 12.5.** http://flickr.com/photos/rosenfeldmedia/2125032301
Content that does not match an existing tower. Add a tower based on experience.
Another tougher example illustrates the selection of primary versus secondary locations. “DVD Release Dates” is a list of movie titles nearing release on DVD, for consumer purchase or rental. You look at the mental spaces and immediately gravitate to “Watch a Film at Home” as its primary space. The tower “Rent a Film” seems to be a perfect match. Consumers wanting to rent a film will want to see when the film they wish to rent will be released, so you slot “DVD Release Dates” beneath it, marked as a primary location. Is there a tower that deals with purchasing a DVD? Yes there is, in the mental space “Identify with a Film,” the tower “Get the DVD.” But wait, which tower is the primary location? Buying or renting the DVD? You will need to more explicitly define the content, or change it, to make this decision. Perhaps your stakeholders see sales as their business, not rentals, in which case you would make the “Get the DVD” tower the primary location. What if
you redefined the tool to allow people to pre-order upcoming DVDs? Then it would be primary under “Get the DVD” again. If you skip ahead in the content map, you’ll find two boxes called “Rent a DVD from Sponsor” and “Reserve a DVD from Sponsor.” These could be primary under “Rent a Film” and “DVD Release Dates” could be secondary, as a contextual reference which may be helpful to people (see Figure 12.6). Precise definition of your solutions in line with your organization’s goals helps you focus and cleans things up for your users. Every piece of content should have one and only one primary home.
Watch a Film at Home

Rent a Film
- Rent a Film to Save Money
- Try Renting through Netflix
- Rent a Film if Don't Feel Like Going Out

Watch a Film on Projector
- Watch a Film on Projector

Watch a Film on DirecTV
- Watch a Film on DirecTV

Watch DVD Extras
- Avoid Extras on DVD
- Watch Extras on DVD
- Watch DVD with Commentary On

Make Popcorn

Rent a DVD from Sponsor

Reserve a DVD from Sponsor

DVD Release Dates

Knowing that your organization is in the business of selling, not renting films helps you determine that “DVD Release Dates” is secondary under “Rent a Film.”
One more difficulty I have encountered in alignment workshops is a tendency by project guides to misinterpret a mental space as being the same as a previously held concept. It’s often my fault for choosing similar vocabulary to what they use internally because I heard people using those words. For example, the mental space “Evaluate a Product” means that a person specifically spends time talking to others about a product, comparing it to other products, testing out the product, evaluating the manufacturer, narrowing the list of providers, getting a quote, and calculating the costs. The phrase “Evaluation” had already been in use in that particular organization, however, and it meant choosing a product. Testing a trial version of the product was a separate phase from “Evaluation,” and the group kept tripping over the meaning of that mental space. In a related example, the tower “Ask Someone to Research Products” was misinterpreted as “discuss options with knowledgeable person,” not “assign the product evaluation project to someone else”
as the mental model intended. During our alignment workshop, I had to keep an eye out for content that was slotted according to the internal understanding of these two concepts (Figure 12.7).

<table>
<thead>
<tr>
<th>Content Map and Alignment Shortcut</th>
</tr>
</thead>
<tbody>
<tr>
<td>A quick and dirty way to skip the content map and conduct an alignment workshop is to look at your existing solutions while checking off towers in the mental model that have content supporting them. Make a different kind of check mark for towers that have content that tangentially supports them (secondary content).</td>
</tr>
</tbody>
</table>
Logistically, you can approach aligning content the same way you approached the mental model review, with a projector and a remote connection for those not in the room with you. Cut boxes from the content map and paste them into the mental model. By cutting the boxes instead of copying them, you can track your progress through the content map more easily. Make sure you save an original copy, first. If your team is co-located, another fun
way to slot the content beneath the towers is to use sticky notes. Post the printed mental model to the wall. Write\textsuperscript{4} a content item on one color sticky note, then find its primary home in the mental model and stick it underneath that tower. Write the same content item on a different color and stick it underneath a secondary tower.

\textbf{Notation for Aligned Content}

When you show the mental model to others, you will want an easy way to spot the “primary home” for each piece of content beneath the towers. Agree upon some type of notation that makes the primary locations show up easily at a glance. Decide on this notation up front with your team because changing the notation halfway through the exercise is a pain in the neck. The notation that has worked well for me is to use a box with a fill color for the primary, and a box with light or white fill for the secondary locations.

\begin{figure}[h]
\centering
\includegraphics[width=0.5\textwidth]{Primary_vs_Secondary.png}
\caption{Primary and Secondary Notation}
\end{figure}

http://flickr.com/photos/rosenfeldmedia/2195815858

(Continued on next page...)

\textsuperscript{4} Or print the content to printable sticky notes. For details, see my note at the end of the section “Comb Early and Often” in Chapter 9.
You will also want to easily pick out planned and suggested content. I have used different colors to represent this, although when selecting colors, I need to be careful that they appear distinct to someone who is colorblind. I have also seen people use different colors to represent certain categories of content, which means I can’t use color to indicate existing, planned, or suggested content. In this case I use thicker border lines to indicate the values.

You may even want to call out content that you don’t own. I have used a different shape for this in the past, such as an oval or a box with rounded corners.

Repeat with this second color for all secondary placements. After you are finished,
transcribe the sticky notes to the electronic version of your mental model.

Since mental models are very wide when printed out, a nice aid to the process is to create a cheat sheet with all the mental space and tower names printed vertically. Usually the names will fit on two sheets of paper. This cheat sheet is a good reference for project guides present at the workshop, and it is also useful, as I mentioned, while doing slotting homework.

During slotting, you will make many decisions about content. These do not have to be final decisions. You will have another chance to refine ideas and discuss alternatives during the design and implementation of the particular solution.

**Consider the Opportunities**

After you have aligned all the content, you will have a diagram that looks like a city skyline along a lakeshore, with a distorted reflection below it. You will want to sit down with all your project guides in another workshop to
analyze the gaps you see in this reflection and see what opportunities are apparent. A concise report of these opportunities is what you want to present to your executives, along with a potential timeline.

The first thing to look at in your workshop is the obvious gaps where there is absence of content items. Your hope is that you can find a gap that you can fill pretty easily. For example, in the moviegoer mental model, there is a gap under “Collect Film-Related Stuff” in the mental space “Identify with a Film.” See Figure 12.8. This is a really easy opportunity for JMS Entertainment to partner with a toy store selling action figures, or eBay listings for movie posters. On a web site, they could simply post links or ads next to each movie that features some of the available collectibles.
Identify with a Film

- Allow a Film to Permeate My Life
  - Buy Soundtrack
  - Listen to Soundtrack
  - Read the Book Afterwards
  - Investigate Story of Film Afterwards
  - Wish Film Can Change How I Act
  - Let the Movie Linger
  - Use Quote from Film in Conversation
  - Alter my Behavior/Opinion

- Collect Film-Related Stuff
  - Save Tickets in Scrapbook
  - Collect Film Artwork
  - Collect Toys

- Get the DVD
  - Buy Special DVDs
  - Get DVDs as Gifts

- Watch a Film Multiple Times
  - Watch DVDs I Own More than Once
  - Watch Film Multiple Times

**FIGURE 12.8.** [Link](http://flickr.com/photos/rosenfeldmedia/2125807834)

A gap exists below “Collect Film-Related Stuff.”
The second thing to look for is scarcity of content items. Think about where you can flesh things out a bit. In the moviegoer mental model in Figure 12.9, there is not much content under the tower “Watch a Certain Genre During Winter” in “Choose Films.” There are secondary placements of “Film List,” by genre and related films, but nothing else. Here is a perfect opportunity to do something new, like maybe associate films with a season. JMS Entertainment could market films based on the time of the year, such as, “Have you seen your summer blockbuster yet?” or “Get in the mood for Halloween—watch a horror film!” Write these ideas as opportunities in your report.
Choose Film

Look for Certain Qualities

Choose Eclectic Films
Choose Films by Director
Choose Self-Deprecating Films
Choose Serious Films
Choose Quality Films
Choose Blockbusters
Choose Film for the Story

Choose Films because of Familiarity

Choose Film Because I’ve Read the Book
Choose Films based on Countries I’ve Been To

Watch a Certain Genre During Winter

Watch What’s Playing Today (by title)
Watch What’s Playing Today (by location)
Watch What’s Playing Today (at favorite theaters)
Watch What’s Playing (by director/actor)

Film List (by related films)

Choose a Variety of Films
See What’s Playing to Choose Film

Include Random Film Choices

What’s Playing Today (by director/actor)
List of Movies Playing Now
Pick a Film (by favorite theater)

Inherit Interest in a Genre from Family

Inherit Interest in a Genre from Family

There is no primary content below “Watch a Certain Genre During Winter.”

381
Chapter 12
Alignment and Gap Analysis
The third thing to look for is opportunities to redefine, combine, or augment existing content. Even if there is primary content beneath a tower, can you do better? For example, you might discuss that “DVD Release Dates” ought to really be a few things. Perhaps people would prefer a way to look up a consumer release date for any movie title, regardless of when it was released, not just upcoming releases. Real movie buffs might use a tool that looks up one film’s release date and compares it to other titles that were released around the same time. You could augment this tool with data from DVD sales of those films and link it to press about the film. Nearly anything is possible, as long as it makes sense for the moviegoer and for JMS Entertainment.

Hand-in-hand with this brainstorming is a fourth opportunity. You might see synergies between towers that aren’t represented by the aligned content or relationships between mental spaces. You might look at two mental spaces and say, “Hmm, these two mental
spaces have the same stuff supporting them. Why is that? Is there an opportunity for us to empower the user some way?” You can put these two mental spaces together in some way that people don’t really expect, but is going to make things easier for them. For example “Choose a Theater,” “Go to the Movies” and “Eat Dinner” could be supported by a tool that lets a person park the car once and walk between the theater and the restaurant, saving the frustration and cost of parking twice—not to mention the savings to the environment. By looking across towers and across mental spaces, you might see the next “killer product” waiting for you.

On the flip side, there will be gaps in the mental model that you will not want to get into as an organization. I mentioned the tower “Organize My Time” at the beginning of this chapter as an example of a tower to cross out because your organization is not in the business of helping people manage schedules. Now during gap analysis, you will want to go over these crossed-out towers a
second time to double-check your decisions. Suppose you crossed out all the towers in the mental space “Watch the Film” because JMS Entertainment can’t be in the theater with the moviegoer (see Figure 12.10).

But two towers jump out as opportunities: “Compare Film to Book” and “Look for Jokes/Reference.” Couldn’t JMS Entertainment provide this information for the moviegoer ahead of time? A composite of quotes from published reviewers about how the film measures up to the book would be easy to create. Certainly a list of “in-jokes” or “Easter eggs” would attract people’s attention. It could be on a web site; it could be on a poster in the theater’s game arcade; it could appear in advertisements on bus stops. Do any of these make sense as an opportunity to pursue? This is the kind of idea-generation and discussion that the mental model can elicit.
The mental space “Watch the Film.”

385
Chapter 12
Alignment and Gap Analysis
Then again, maybe the tower you crossed out should stay crossed out. The tower “Inherit Genre from Family,” visible in Figure 12.9, is the kind of thing JMS Entertainment sees no way to facilitate. It’s a gap they just don’t want to get into the business of supporting.

“Do We Want to Be in That Business?”

Gap analysis is a great way to ask yourself, “Do we want to be in that business?” of each tower. Use this chance to brainstorm ideas, or eliminate a certain tower because it just isn’t right for your organization. Conduct this exercise once a year, to help your team stay on track.

Finally, gap analysis can be used towards other ends. You can create a content map of your competitors’ offerings and align them to your mental model in overlays. Take a look at those gaps between what you offer and what they offer, and see if there are any opportunities there.

The gap analysis report that you create after this workshop will make known the biggest gaps in your solutions, the most well-covered
areas, and ideas your team has generated around these areas. This report, as it stands, will be of great interest to your executives and investors. You can go one step further, though, and pick out the highest priority concepts to implement.

**Share the Findings**

Now is the time to let everyone in your organization know what you have discovered. Print the mental model with the slotted content and post it anywhere you can get permission. Assign a person neighboring that location to be the emissary of the mental model, explaining the findings to interested parties. To encourage people to propagate the mental model in presentations and documents, you could make a separate image of each mental space that people could paste in to their presentation, with a reference to a version of the whole diagram posted somewhere internally. Smaller chunks of the mental model will be more readable and digestible.
I have heard of project guides spending a few weeks presenting parts of the diagram to various sub-groups, making sure everyone can take advantage of the collected knowledge.

I have invited executives to presentations 15 minutes earlier than other folks, so they can stand in front of the diagram on the wall and walk from left to right, asking me questions as they go (see Figure 12.11). As I answer their questions, I explain how it will be used to direct product design. This kind of walkthrough is quick, to the point, and stays in the context of “missed” and “future” opportunities that executives usually focus on. Many executives have told me that they’ve never before seen all this information collected so succinctly in one place. Jeff Veen, User Experience Manager at Google and founding partner of Adaptive Path, said that showing the mental model diagram to his directors was a good political tool for getting resources, “It was, ‘Wow, these designers have a rigorous process for something we don’t really understand. Let’s give them what they need.’”
His directors recognized the diagram as something that would shine light on a poorly understood problem set and gave the team the green light on their design.

FIGURE 12.11. 🐘 http://flickr.com/photos/rosenfeldmedia/2140204872 Mental models posted on conference room walls. Photos, clockwise: Natsukari-san presenting the diagram at Dow Corning Tokyo; Dan Arganbright with diagram at Quixtar; Laura “Lad” Decker at Microsoft; CEO Suneet Wadhwa with team (Alicia Dougherty-Wold, Indi Young, Karen Wallace) at Engage.

Print the Diagram
Printing the diagram presents a challenge. Usually, the diagrams are several feet long. You can go the “crafty” route, print it on
ordinary paper, and tape it together. You can go the deluxe route and print on a color plotter, if your company owns one. You can have an outside printing firm print it in color, or even laminate it. Getting the diagram in a format that a plotter can accept, however, requires patience and negotiation skills. If you are sending the file to a printing firm, these firms and their employees are usually unable to recognize files in Visio or Omnigraffle format. File formats such as PDF or JPEG are acceptable. Often, you have to divide your file into sections. I’ve never heard of someone getting a print made in less than four days (more on this on the book site at www.rosenfeldmedia.com/books/mental-models/content/resources).

In order to get your file into PDF format, you will need Adobe Acrobat Professional. When you install it, icons should appear in your Visio or Omnigraffle toolbar. Create your PDF file by clicking the “Convert to Adobe PDF” icon, uncheck the “Include Custom Properties” checkbox in the window that appears, hit
“Continue,” and choose “Flatten all layers.” A PDF file will be generated over the next 30 seconds or so, and, if you default to showing the file, it will appear on your screen in “Fit Width” mode, so your entire mental model appears as an unreadable long strip. Reset to 100% view and you will be able to read it. Ordinarily the width and height of the file appear in the footer of the PDF window, so you can tell your printing vendor how long and wide the diagram is. I’ve seen diagrams run from 12 to 25 feet, 8.5 inches high, with 6-point font. Or there are diagrams 44 inches high that are about 20 feet long, with larger fonts. Choose what works best for you.
Prioritize the Opportunities
When you look at a list of all the items you thought of during gap analysis, 80% of them always seem to look really important. It can be difficult to arrange them. Different people will have varying opinions as to the importance of the items. When I was working with Testmart in 1999, the Vice President of Engineering, Dave Eisenlohr, introduced me to his version of the Six Sigma prioritization matrix. In 2001, Janice Fraser\(^5\) introduced me to a chart that helps visualize the matrix. Together these techniques help whittle down your list of “do first” ideas to the truly significant.

Begin by writing each idea listed in your gap analysis report into rows of a spreadsheet. Then make four columns to the right of the ideas and label them:
• Technical Feasibility
• Business Feasibility (time, people, cost)

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\(^5\) See Janice Fraser’s April 2002 essay “Setting Priorities” on the Adaptive Path site. www.tinyurl.com/yt3h7o
• Importance to the Business
• Importance to the User

You will be filling in the cells for each column with a value of 0-4, where 0 represents not feasible/important and 4 represents really feasible/important (Figure 12.12). With the input of all your project guides, assign a number to each idea along this scale. Getting input from your project guides can take several forms. You can hold another joint workshop where everyone discusses the values assigned to each item, or you can contact people individually. In my experience, the former is more powerful. It not only ensures that the numbers assigned are reasonable, but also puts the team on the same page with regard to near-term direction. I recommend getting everyone together for a prioritization workshop.

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6 Use whatever labels make the most sense for your organization, and you can add columns if you like.

7 Again, you can use whatever range you want. I have found that people start bargaining in quarter points, so I like to start the range at 0 and include enough numeric elbow room to negotiate.
### FIGURE 12.12. [link](http://flickr.com/photos/rosenfeldmedia/2141863528)

Prioritization spreadsheet with priorities assigned to the four columns. The Label column is to identify points on the chart. The Description column reminds you, six months down the road, what the idea meant.

<table>
<thead>
<tr>
<th>Label</th>
<th>Name</th>
<th>Description</th>
<th>(4 = really feasible)</th>
<th>(4 = really important)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Toys</td>
<td>Toy Store Collectibles by Film</td>
<td>Ads for collectibles related to the film from partner toy stores</td>
<td>2.00</td>
<td>3.25</td>
</tr>
<tr>
<td>eBay</td>
<td>eBay Collectibles by Film</td>
<td>Links to collectibles related to the film on eBay</td>
<td>1.75</td>
<td>3.00</td>
</tr>
<tr>
<td>Seasonal</td>
<td>Seasonal Marketing Campaigns</td>
<td>&quot;Have you seen your summer blockbuster yet?&quot; or &quot;October is the month to see a horror film!&quot;</td>
<td>3.75</td>
<td>3.50</td>
</tr>
<tr>
<td>DVD Release</td>
<td>DVD Release Date Lookup by Film</td>
<td>Enter film title or choose from list filtered by director, actor, other? See the DVD release date.</td>
<td>2.75</td>
<td>2.75</td>
</tr>
<tr>
<td>DVD Co-Releases</td>
<td>DVDs Released Around Same Time as Film</td>
<td>List of other DVDs released within default 14 days of a film. Can adjust timeframe.</td>
<td>2.75</td>
<td>2.75</td>
</tr>
<tr>
<td>DVD Sales</td>
<td>DVD Sales Numbers</td>
<td>Sales of DVDs to date for selected film.</td>
<td>2.75</td>
<td>2.75</td>
</tr>
<tr>
<td>Press</td>
<td>Film Press</td>
<td>News, press releases, reviews for selected film.</td>
<td>3.75</td>
<td>2.75</td>
</tr>
<tr>
<td>Parking</td>
<td>Park Once, Easy Walk</td>
<td>Enter film to see or theater to attend plus restaurant or cuisine, see best parking location to walk to both locations. Extend to parking reservations?</td>
<td>1.00</td>
<td>1.25</td>
</tr>
<tr>
<td>Comparison</td>
<td>Reviewer Comparisons to Book</td>
<td>Summary of comparisons to the book from reviewers.</td>
<td>3.75</td>
<td>3.25</td>
</tr>
<tr>
<td>Jokes</td>
<td>Jokes &amp; References</td>
<td>List of in-jokes and &quot;Easter eggs&quot; for selected film, for feature and</td>
<td>2.75</td>
<td>2.00</td>
</tr>
</tbody>
</table>
Next, add a columns for “Average Feasibility” and “Average Importance.” Set the formula for each row for “Average Feasibility” to the average of the “Technical” and “Business Feasibility” columns. Do the same for “Average Importance,” using the “Importance to the Business” and the “Customer” columns (Figure 12.13). The chart (Figure 12.14) will graph these two numbers to provide a visualization of which ideas to pursue.

Usually the average will turn out to be exactly the same number for several of your entries. This indicates further discussion is needed. Ask your team to look at the ideas in question and verify or adjust their numbers in the four Feasibility/Importance columns. (Do not adjust the two average columns, since those are the calculated columns.) This exercise can spark some useful insights and debate.
<table>
<thead>
<tr>
<th>Label</th>
<th>Name</th>
<th>Description</th>
<th>OVERALL SCORING</th>
<th>(4 = really feasible)</th>
<th>(4 = really important)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Toys</td>
<td>Toy Store Collectibles by Film</td>
<td>Ads for collectibles related to the film from partner toy stores</td>
<td>2.63</td>
<td>2.25</td>
<td>2.00</td>
</tr>
<tr>
<td>eBay</td>
<td>eBay Collectibles by Film</td>
<td>Links to collectibles related to the film on eBay</td>
<td>2.38</td>
<td>1.75</td>
<td>1.75</td>
</tr>
<tr>
<td>Seasonal</td>
<td>Seasonal Marketing Campaigns</td>
<td>&quot;Have you seen your summer blockbuster yet?&quot; or &quot;October is the month to see a horror film.&quot;</td>
<td>3.63</td>
<td>2.25</td>
<td>3.75</td>
</tr>
<tr>
<td>DVD Release</td>
<td>DVD Release Date Lookup by Film</td>
<td>Enter film title or choose from list filtered by director, actor, other? See the DVD release date.</td>
<td>2.75</td>
<td>1.88</td>
<td>2.75</td>
</tr>
<tr>
<td>DVD Co-Releases</td>
<td>DVDs Released Around Same Time as Film</td>
<td>List of other DVDs released within default 14 days of a film. Can adjust timeframe.</td>
<td>2.75</td>
<td>1.75</td>
<td>2.75</td>
</tr>
<tr>
<td>DVD Sales</td>
<td>DVD Sales Numbers</td>
<td>Sales of DVDs to date for selected film.</td>
<td>2.75</td>
<td>1.50</td>
<td>2.75</td>
</tr>
<tr>
<td>Press</td>
<td>Film Press</td>
<td>News, press releases, reviews for selected film.</td>
<td>3.25</td>
<td>1.25</td>
<td>3.75</td>
</tr>
<tr>
<td>Parking</td>
<td>Park Once, Easy Walk</td>
<td>Enter film to see or theater to attend plus restaurant or cuisine, see best parking location to walk to both locations. Extend to Summary of comparisons to the book from reviewers.</td>
<td>1.13</td>
<td>3.50</td>
<td>1.00</td>
</tr>
<tr>
<td>Comparison</td>
<td>Reviewer Comparisons to Book</td>
<td>List of comparisons to the book from reviewers.</td>
<td>3.50</td>
<td>2.00</td>
<td>3.75</td>
</tr>
<tr>
<td>Jokes</td>
<td>Jokes &amp; References</td>
<td>List of in-jokes and &quot;Easter eggs&quot; for selected film, for feature and DVD.</td>
<td>2.38</td>
<td>2.50</td>
<td>2.75</td>
</tr>
</tbody>
</table>

Prioritization spreadsheet with averages of the columns.

396
Chapter 12
Alignment and Gap Analysis
To create the chart of the two average columns takes a little know-how, so sketching it by hand isn’t a bad option. If you are using Microsoft Excel, you will need to use a series to graph the numbers. It is my understanding that the labels for a series don’t show up on the graph in Excel 2003, so you need to enter a separate series for each row to make the labels show up. On a second worksheet, insert a graph. Right-click on the graph and select the Source Data menu item. Click the Series tab in the resulting pop-up window. You will see a scrolling list in the bottom left of the pop-up that shows the labels for each data point. Select the label you wish to explore, and the associated cells will appear in the Name, X Values, and Y Values fields in the bottom right of the pop-up. Clicking the Add button beneath the scrolling list will add a label called “Series1,” and you can set the associated cells for the Name, X Values, and Y Values from the prioritization spreadsheet. The only odd

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8 I have posted a Microsoft Excel template of the prioritization worksheet in the Resources section of the book site. [www.rosenfeldmedia.com/books/mental-models/content/resources](http://www.rosenfeldmedia.com/books/mental-models/content/resources)
thing about this workaround is that each data point on the graph will have a different icon for the dot itself (see Figure 12.14).

![Prioritization Chart](http://flickr.com/photos/rosenfeldmedia/2195859764)

**Prioritization chart showing the first three ideas you should implement (Jokes, Toys, Seasonal), and the fourth idea to start next (Parking).**
You can easily see that Jokes & References, Toy Store Collectibles by Film, and Seasonal Marketing Campaign are the ideas to implement first. They are important and feasible. Park Once, Easy Walk is a more involved project that is also important to the moviegoer, so that project should be planned next. But before lighting out on these top projects, be sure to confirm their value. Do the same for the items that fall into the lower-right quadrant. Something like Reviewer Comparisons to Book might get elevated in the pipeline depending on how the details of the project look. You will want to get agreement and approval from all parties involved, as you usually would before beginning a project.

Once you have approval, create a project timeline and budget following your normal procedure. Present this timeline and the gap analysis report to the executives and investors.

One of the things that often crops up in prioritization is the need for better architecture,
especially in software products. The next chapter will reveal how to derive architecture from the mental model.
CHAPTER 13

Structure Derivation

Derive High-Level Architecture 403
Provide Vocabulary for Labels 418
Test Your Structure and Labels 421
Generate Features and Functionality 422
Getting the architecture of your product right is sometimes an elusive pursuit. Often you will come to one conclusion, and after implementing it you learn of a requirement that just doesn’t fit what you have. As far as websites are concerned, many corporations have made it an unintended habit during the past decade to re-architect their product sites every two years. Obviously this cycle of constant redesign can be a drain on finances, patience, and respect. Conversely, manufacturers of hard goods purposely redesign their products on a cyclical basis to increase customer interest. However, innovation is difficult to guarantee. The mental model can alleviate these frustrating conditions. Develop your design based on the strategy and vision that the diagram represents. By matching the structure people naturally use in practice, you can set up a lasting foundation for iterating your product.

In the introduction I said that I use the word “design” to indicate digital, physical, and environmental interactions that people carry out to accomplish something. It means that
you are making something for someone to use. That something can be a digital product, a physical object, or a space in which to obtain a service, or anything else you can conceive. Going forward, I encourage you to merge my suggestions in this book with established techniques in your field.

**Derive High-Level Architecture**

The highest two levels of architecture are easy to see now that they just about fall out of the mental model diagram. The process of deriving them takes three hours at most. Start by writing down your highest-level groups—the mental spaces. The idea behind this exercise is to look for affinities among any of your mental spaces. I like to use a medium where I can drag the text around and put it next to other labels. However, if you’re a whiteboard or pen-and-paper person, those will work too. You can draw all sorts of lines between the labels. You will probably have 20-50 mental space labels to start with. Then you group them. In Figure 13.1, 38 mental spaces become 11 clusters.
Mental Models by Indi Young
Rosenfeld Media, 2008; version 1.0

The clusters show that there are close relationships between the mental spaces, thus a similar architecture can be used for both audiences. (Content “Greeked” for privacy.)

404
Chapter 13
Structure Derivation
If your mental model only has, say, 14 mental spaces, you can skip the affinity clustering step. The total number already is manageable enough to translate directly into architecture. However, it doesn’t hurt to take a look. Perhaps one or two mental spaces will have an affinity with others. Your goal is to come up with a list that is manageable in length. Eight is reasonable. Ten is reasonable. Even 18 or 20 are reasonable because you will have a chance to cluster the labels again in the product design.

So, what does it mean for one mental space to have affinity with others? Let me show you some examples. In a role-playing game, such as those on the Xbox, the PlayStation, or any one of the online worlds, the gamers’ mental model might include mental spaces like the following:

- Build My Reputation as the Best
- Become Recognized as the First to Do/Discover
- Celebrate an Accomplishment
All three of these mental spaces have “community recognition” as a common denominator and can be grouped into a cluster called “Earn Community Recognition.”

Other gamer mental spaces need to be considered, too:
- Be Helpful/Generous to Others
- Be Mean/Harass Others

Both of these mental spaces also involve community recognition, but they don’t really cluster organically. The former is positive recognition and also includes a personal sense of altruism. It is not purely community-based. “Celebrate an Accomplishment” in the first list also exhibits this characteristic. However, “Be Mean” is negative recognition, and a reputation for meanness can become quite pervasive within a community. After this observation, I might group the mental spaces like this:

- Earn Community Recognition
  - Build My Reputation as the Best
  - Become Recognized as the First to Do/Discover Something
• Promote Good Will
  • Celebrate an Accomplishment
  • Be Helpful/Generous to Others
• Undermine the Progress of Others
  • Be Mean/Harass Others

Thus five mental spaces now become three. As you work through the rest of the gamer mental spaces, you may find that “Earn Community Recognition” and “Promote Good Will” end up in the same cluster anyway, because there is not as much distinction between them as there is between, say, “Earn/Find Gold” and “Make My Avatar Look Interesting.”

In the moviegoer example, I start with 14 mental spaces, study these, and create six clusters (Figure 13.2). The first labels I cluster together are those that pertain to selecting the film and when and where to see it. This all has to do with decisions and logistics. Included in this cluster is the concept of choosing a theater for a lively crowd and getting a group together to go. I call this cluster “What, When, Where, & with Whom.”
Inspiration to See a Movie

- Decide to Watch a Film
- Encounter a Film I Haven’t Heard Of
- Learn More About a Film

Popcorn, Seating, Ambience

- Watch a Film at Home
- Eat Dinner
- Watch the Film
- Go to the Movies

Submersion in the World Depicted

- Watch the Film
- Identify with a Film

Discussion & Something to Eat

- Attend a Film Event
- Go to the Movies
- Follow the Industry
- Eat Dinner

What, When, Where, & With Whom

- Choose Film
- Attend a Film Event
- Identify with a Film
- Choose a Time

Identify with a Film

- Choose a Theater
- Choose a Time
- Follow the Industry

Moviegoer structure derivation.
The second cluster I see is about settling in to view the film—finding your seat, finding the right venue if you’re at a film festival, or popping your own popcorn if you’re at home. These all have to do with setting up your preferred movie-viewing environment. I call this cluster “Popcorn, Seating, Ambience.”

The third cluster is about having the idea to see a movie in the first place. I labeled this cluster “Inspiration to See a Movie.”

After I gather these first three clusters, I look at what’s left. There is a mental space about dinner, one about the industry, one about interacting with people, one about watching the film, and a fifth about identifying with a film. It seems that the dinner and people interaction mental spaces cluster because people talk about the film over food, so I label them “Discussion & Something to Eat.” For the remaining three I have to look at the mental model diagram again to understand more completely what they represent. I look at the mental space “Identify with a Film.”
It is about watching the film multiple times, letting it permeate your life, and collecting related items. I look at “Watch the Film” and see that it is about experiencing the film, understanding the message, and reacting in conjunction with companions. Each mental space is slightly different, but they both deal with the impact of the film on you, your life, and your companions. I decide to cluster them as “Submersion in the World Depicted,” although submersion might not be exactly the right word. These are just “working” labels, so it’s okay to move on.

The last mental space remaining is “Follow the Industry,” which is distinct enough from all my other clusters that I keep it separate. Thus, I end up with six clusters.

So, what about these clusters? Should all the cluster names be verbs, like the mental spaces? It’s not necessary, and often this is a good place to switch to nouns, if it feels natural. The clusters represent the way you put your product together. For a running
watch, it might be the number of buttons needed along the rim of the watch and the displays on the face. For an investment institution, it might be the levels of advice you offer customers, the information in a monthly statement, and the functions customers use to manipulate their money. For a software application, it would be the menus.

Over the past years, I have been using this technique to define navigation for a lot of web applications and sales sites. When I say navigation, I mean that these clusters represent primary, utility, and footer navigation—just the universally visible links on a web site. Secondary navigation, which shows up depending on which primary item you select, can be derived from a clustering of the towers in the mental spaces represented. The third level of navigation, if there is one, can be a subset of the towers depicting various tasks. Lower level architecture, such as lists of product specifications, should be organized using traditional information architecture
approaches,¹ by looking at the topics and grouping them accordingly.

In the moviegoer example, first I will look at the content aligned beneath the mental spaces in my clusters and make sure that there are no unsupported clusters. For example, the cluster “Inspiration to See a Movie” will happen before a person comes to this web site, so I will leave it out of the navigation of that web site. I might see some interesting synergies that I didn’t catch during the gap analysis. For example, putting the local restaurant links in the same cluster with the film rating tools makes me think about a face-to-face discussion group tool, where someone can post ahead of time that they’ll be at the Royal Ground Coffee House after the 9PM showing of Blade Runner at the Rafael Theater, and if you care to join him, he’d be happy to discuss the film with you and your friends. Keep your

¹ How could I resist mentioning Information Architecture for the World Wide Web by Louis Rosenfeld and Peter Morville? Also see the seminal paper about the “scent of information,” in “Using Information Scent to Model User Information Needs and Actions on the Web” by Xerox PARC researchers Dr. Ed Chi, Peter Pirolli, Kim Chen, and James Pitkow. www.tinyurl.com/2h466e
eyes open for thoughts like this, and even if they’re unlikely to be high priorities, it is worth adding them to the mental model and your priority list.

The next step is to think about the clusters in terms of where they fit in the universal navigation. Some of the clusters might belong in the footer or the utility navigation. A store locator tool that clusters by itself might belong in the footer, as it does by convention for many web sites. Or, if you have a cluster for the purchasing process, such as a shopping cart and checkout flow on a web site, it belongs in the utility navigation. Create two navigation items in a new diagram called “Footer” and “Utility Navigation” and move these clusters next to them.

The next step is to come up with working nomenclature for the primary navigation labels for the rest of your clusters. I do this by going to the mental model and writing down a list of the kind of content that belongs in each cluster. In the moviegoer example, the content
under the mental spaces belonging to the “Submersion in the World Depicted” skews towards the “Identify with a Film” mental space, since “Watch the Film” has no content beneath it. The content under “Identify with a Film” follows the theme of DVD release dates, collectibles, and fan mail. I ask my team to consider these things together, and we come up with the working label “Fan Zone” for this navigation item. Figure 13.3 depicts the other labels the team recommended.

I re-name the first one “What’s Playing Where” to be more understandable, and rearrange the resulting temporarily-labeled navigation items:

- Recommendations & Discussion
- What’s Playing Where
- Get In There
- Fan Zone
- Industry Insider
Select a working label based on the kind of content associated with each cluster.
There are connections between many of these areas, such as picking a movie and getting a ticket, or picking a movie and recommendations. These connections will be developed within each section, just like teleportation booths\(^2\) that can jump you from your office to the cafeteria or from the cafeteria to the human resources department on the top floor of your building. But the five primary sections of the web site provide the moviegoer a hesitation-proof set of choices. The hallway test applies here. The moviegoer was walking down the hallway thinking to himself, “I’m supposed to meet Nick and Michelle for a movie tomorrow afternoon at the Lark Theater. I wonder what is playing.” He’ll see the “What’s Playing Where” section and, since it maps directly to his purpose, he will click it without delay. If a different moviegoer was walking down her hallway thinking, “I’m taking the kids to the multiplex for their play date tomorrow; I need to get

\(^2\) Too bad these don’t exist yet. Well, imagine something like a booth-version of the transporter room in *Star Trek*, labeled for a specific destination, and you’ll understand the usefulness of the analogy.
tickets and figure out where to have the other moms drop off their kids,” she will see the “Get In There” section and proceed therein immediately. There is no, “Well, where do I go from here?” And there should be no dithering between two options, as there is on some airline sites that have both “Book Travel” and “Reservations” links.

Deriving architecture from the mental model this way can seem kind of cut and dried. It would be ideal to roll it out just as you see it. In reality, other pressures can contort the structure you have obtained. Powerful stakeholders frequently demand entries that seem redundant or concepts that live at lower levels in the mental model. Your job is to try to talk them out of their recommendation by showing them how you took the architecture from the way people actually behave. Show them all the steps you took. Discuss your interpretations with them and remain open to differing analyses. Sometimes you will win, and sometimes you will lose.
The final step is to sketch how your solution will look. Sketch the product structure without any of the content details, if you can (Figure 13.4).

Sketch the product structure without content details. This sketch is for the JMS Entertainment moviegoer website, using temporary labels for navigation.

Provide Vocabulary for Labels
If your product will have text on it, such as labels on a washing machine or in the menus of a software application, you’ll want to work on transforming those temporary working labels into final labels now. Since you have been trying to preserve the vocabulary you heard in the interviews, this step may be a short one.

Put your temporary working labels into the first column of a matrix, and fill the second column for each label with alternate wording
for the item (as shown in Figure 13.5). Brainstorm these alternate labels with your team and look up wording in the transcripts. Then decide on the best label you want to use and write this label in the third column.⁴

You may have two labels that you think will perform equally well. Keep them both. The next section will show you how to address this situation.

---

³ Also see Peter Merholz’s best-practices brief, “How Labels Affect Usability and Branding,” at Adaptive Path. www.tinyurl.com/2hbfu6
<table>
<thead>
<tr>
<th>WORKING LABEL</th>
<th>SUGGESTIONS</th>
</tr>
</thead>
<tbody>
<tr>
<td>Test &amp; Produce</td>
<td>System Test and Production Support</td>
</tr>
<tr>
<td></td>
<td>System Test and Production Services</td>
</tr>
<tr>
<td></td>
<td>Test and Qualify</td>
</tr>
<tr>
<td></td>
<td>Product Evaluation</td>
</tr>
<tr>
<td></td>
<td>Tech Support</td>
</tr>
<tr>
<td></td>
<td>System Production Data</td>
</tr>
<tr>
<td></td>
<td>System Test Data</td>
</tr>
<tr>
<td></td>
<td>Design Resources</td>
</tr>
<tr>
<td></td>
<td>Samples and Test Data</td>
</tr>
<tr>
<td></td>
<td>Proving Ground</td>
</tr>
<tr>
<td></td>
<td>Real World Use</td>
</tr>
<tr>
<td></td>
<td>Integrate</td>
</tr>
<tr>
<td></td>
<td>Evaluate</td>
</tr>
<tr>
<td></td>
<td>Resolve Issues</td>
</tr>
<tr>
<td></td>
<td>Test and Production</td>
</tr>
<tr>
<td></td>
<td>Test and Production Resources</td>
</tr>
</tbody>
</table>

**FIGURE 13.5.** [http://flickr.com/photos/rosenfeldmedia/2141071549](http://flickr.com/photos/rosenfeldmedia/2141071549)

Write your working label in the first column. Gather nomenclature ideas based on vocabulary from the interviews in the middle column. Choose the best label and put it in the last column, modifying it to fit a noun-based naming scheme.
Test Your Structure and Labels
Once you have your high-level structure delineated and labeled, it’s a great time to double check your decisions with real people in the field. You will want to use a closed card sort\(^4\) to verify that the structure you come up with will make sense to those who will use it. List each of your sections, and provide a pile of potential content for participants to assign to these sections during the tests. After each test, solicit input on how the participant defined each category in her mind, to double-check that the word you used carried its intended meaning.

If you have two labels for one item that you want to decide between, assign one label to half the tests and the other label to the other half.

After conducting the tests, analyze the data and your notes to see if you should make changes to the structure or labels you set up. The card sort method is straightforward, but it requires

\(^4\) See Donna Maurer’s upcoming book on card sorting, published by Rosenfeld Media.  
[www.rosenfeldmedia.com/books/cardsorting](http://www.rosenfeldmedia.com/books/cardsorting)
a lot of time to set up and conduct the tests and much concentration during analysis. Allow two weeks elapsed time for the testing. You should be able to overlap recruiting with the brainstorming of vocabulary.

**Generate Features and Functionality**

When you begin work on the highest priority project that you defined after gap analysis, you will most likely begin with a series of sketches of the functionality you want to achieve. You may wish to capture these sketches in documentation with annotations and present them to team members and stakeholders to verify whether the design meets your organization’s goals. This documentation goes by various names depending on your field of work: functional requirements, schematics, product specifications, wireframes, etc. Before you begin sketching, though, refer to the mental model and jot down the user’s intentions that this particular feature supports.

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5 For web site design, Dan M. Brown writes a good description of creating wireframes in Chapter 10 of his book *Communicating Design*.
The PeopleSoft Consulting Group

Back in 2001 I created a mental model and navigation derivation for PeopleSoft’s public web site. Back then PeopleSoft sold enterprise software for accounting and human resources. The mental model we developed had a mental space called “Implement Software” just after the point where a customer made a purchase decision. “Implement Software” contained towers that had to do with planning, customization, installation, and initial training. The derived navigation for the public site had a section for rolling out the software called “Implement.”

The existing web site that we were replacing had a section called “Consulting.” There was a large division within the corporation that provided consulting to customers. This division primarily helped customers adjust the software to their workflow and implement better workflow in the first place, but the consultants also helped people decide which combination of PeopleSoft and partner products would work best for the customer’s organization. This consulting division actually brought in more than half of PeopleSoft’s revenue for many consecutive quarters.

On the existing site there was also a list of PeopleSoft partners who either supplied add-on software or who also consulted in a manner similar to the above. Our mental model indicated that customers thought of both the internal consulting division and external partners as relatively equal resources to help with implementation. We suggested combining the two existing areas under

(Continued on next page...)
“Implementation.” This made perfect sense from the customer perspective. However, the Executive Vice President of the consulting division felt that putting his division and the partners on equal footing on the web site would threaten a critical revenue stream.

We showed him that customers didn’t necessarily think “hire consultants” when they were trying to “choose an enterprise system.” In the end, says Camille Sobalvarro, project lead at the time, “We capitulated. This is an example of how the balance between user preference and business drivers is sometimes achieved.” We added “Consulting” back to the primary navigation. Furthermore, in the interest of selling cycles on the new server farm, we also relabeled “Implement” as “Application Hosting.”

Look at the cluster this feature belongs to in the structure, and study the towers of those mental spaces to understand the mindset of the user. Then pinpoint the feature’s box in the diagram and look at the primary tower it supports. Write down the tasks in this tower and some words describing the user’s mindset (as shown in Figure 13.6). Also look at the secondary towers it supports to see if there are any additional things it should
Mental Models by Indi Young
Rosenfeld Media, 2008; version 1.0

**Interact with People about Film**
- Discuss the Film Afterwards
  - Avoid Discussions
  - Ask Stranger Their Opinion After a Film
  - Discuss Interpretation of Book
  - Learn Craft Discuss: Unusual Points
  - Discuss Film Afterwards
  - Go to Sit and Discuss Film
- Recommend a Film
  - Recommend a Film when Asked
  - Write a Review
- Rate a Film

**Eat Dinner**
- Eat Dinner
  - Eat Dinner with Companion
  - Eat Lunch Before a Film
  - Eat Dinner After Film
- Decide When to Eat Dinner
- Make Reservations

Wireframe: Rate a Film

**User’s Intentions:**
Often moviegoers look forward to talking about the film with the companions they went to the film with. People will ask each other their opinion of the film, relate scenes that affected them, talk about the characters, and expound upon the work of the actors, directors, writers, etc. If the film was based on a book, people will talk about the interpretation of the text onto the screen. Some movie fans will use this discussion to expand their understanding of the movie-making craft. Usually this discussion occurs directly after viewing the film, but it can also happen days later, or over email, by telephone, or in online discussion groups. The rare moviegoer actually writes up a review of the film, either recommending it or not, and sends it to friends or posts it online. People are more likely to voice a recommendation when asked directly.

When discussing the film directly after viewing, people will go somewhere and sit, usually accompanied by beverages and food. Sometimes the food is a formal meal, such as dinner or lunch. If the meal will take some time, moviegoers must decide whether it makes more sense to eat before or after the film, and in order to decide they will need to know what time the movie lets out at various theaters, as well as what restaurants are convenient and have available tables. For certain restaurants, they may need reservations. If the meal is simply coffee at a café, the moviegoers will want to know which cafes are open when the movie ends, and whether they are within walking distance.

**Assumptions About the Designed Environment:**
- User has seen the movie
- User is rating/writing for an audience — either “everyone” or a select group of friends
- User follows established etiquette of writing recommendations
- User will rate films honestly, not randomly or purposefully rate all films at one value
- User has something interesting to say

**FIGURE 13.6.** http://flickr.com/photos/rosenfeldmedia/2125025367
Start with the feature “Rate a Film.” Refer to the mental model to be sure you understand the user’s intentions.

425
Chapter 13
Structure Derivation
include. Finally, list your assumptions about the environment the user is in, such as, “There is no guarantee that other community members are online at the same time as this person.” You should end up with a couple of paragraphs to help you focus your design.

The idea is to keep your feature design simple and sleek. You want to deliver precisely what the user is seeking. This is not to say you should make simplistic designs, because users often prefer the efficiency of accomplishing many related things at once. But make sure that these features are related, from the same cluster of mental spaces in which you started.

If you’re collaborating with your team for this exercise, a return to sticky notes is helpful (see Figure 13.7). The first steps can be accomplished by moving around sticky notes with tasks, towers, and content written on them. The final design can be sketched, accompanied by the description of the User’s Intentions and the Assumptions.
FIGURE 13.7  http://flickr.com/photos/rosenfeldmedia/2141071329
David Poteet, President of New City Media, mulls over features for each part of an application at the Imperial College of London with Tom Miller, Director of Communications, left. They wrote down tasks or task groups from the mental models on sticky notes and put them onto posters that represented key interactions, like “Apply to Imperial” or “Research at Imperial.” (Photo courtesy of James Vogt of New City Media.)

After your team agrees on the direction, make a prototype or a paper prototype\(^6\) and test it with real people.

You know how to do the rest.

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Index
Symbo|s
30-day cycles (methodology shortcut) 62
3M Printscape Personalized Note Kit 297

A
About Face 2.0: The Essentials of Interaction Design (Cooper and Riemann) 51
active listening 191
adjusting audience segments 98
Adobe Acrobat Professional 390
affinity clustering. See clustering
affinity diagrams. See also mental model diagrams 4
affinity game (Sesame Street) 255
agile development 57
Agilent Technologies, Inc. 20, 31
alignment and gap analysis 353–392
  content alignment under mental model 359–374
  content maps and 354–355
  notation for aligned content 375
  prioritizing opportunities 392–400
  sharing findings of 387–389
  alignment workshops 359–368
  analysis, of transcripts. See transcripts analysis
Apple 25
applications, organization of 22, 402–426
applications for mental models
  alignment and gap analysis 353–373
  structure derivation 402–424
Arganbright, Dan 389
assembling topics for research interviews 152–153
assumptions about user’s environment 426
atomic tasks 287
audiences, complicated 82
audience segment histograms 335
audience segments. See also task-based audience segments
  core attributes of 98
differences in mental models of 17
  keywords for, in interviews 153
  names of 89–97

Index
task differences among 317–319
in traditional marketing 74
automatic coloring of mental model diagrams 304
automatic method for mental model creation 301–305
B
Becker, Lane 183
behavior affinity, and audience segmentation 81–87
Bell Web Solutions 274
bias, in interviews 150, 171–172
Bierut, Michael 13
big fan (audience segment) 93
Bloug (Louis Rosenfeld’s blog) 103
brainstorming sessions 56, 78
Brown, Dan M. 422
business, design as advantage in 28
C
card sorting 42, 421
cash, mental model of 38
characteristics (personal) 113
cheat sheet for mental model diagrams 377
Chen, Kim 412
Chi, Ed 412
chronological order, in mental models 212, 318
clarity, of design strategy 24
closed card sorts 421
clustering of mental spaces 403–418
cognitive research 11
Cohen, June 78
coloring, of mental model diagrams 304
comber (team role) 288, 295
combers vs. interviewers 296
combing transcripts 206–210, 292–298
companionship (core attribute of movie-goer audience segment) 100, 102
complaints 213
compound tasks 228, 265
Consorti, Simonetta 32
construction of mental models, overview of 5
constructive research 46
content alignment 359–377
adding content-based towers 368
example of 362, 364
gap analysis and opportunities 377
primary locations 370
primary vs. secondary locations 369
secondary locations 365
content map and alignment shortcuts 373
content maps 354–357
for Dow Corning 355
granularity of 357
for PeopleSoft 357
controlled vocabularies, for task tagging 287
conversations, interviews as 173
Cooper, Alan 51, 108
core attributes of audience segments 98
core teams 69
costs of interview recruiting 137
for transcribers 201
craft (core attribute of movie-goer audience segment) 101
customer-first philosophy 32
customer feedback 42
customer goals vs. product preferences 169–170
customer perspective, importance of 34

D
Decker, Laura 389
decoration of mental model diagram 331–335
De Muro, Jacqueline 20, 31
design as business advantage 28
confidence in 12
mental models and decisions in 18
simple vs. simplistic 426
successful ix
use of term xviii
Designing for Interaction: Creating Smart Applications and Clever Devices (Saffer) 150
desires 213
diagrams mental model of typical morning 6
diaries 50
Difficult Conversations (Stone, Patton and Heen) 172
dinner party conversation 166
dismissing interview participants 192
Disney Concert Hall (Los Angeles) 15
documentation, of features and functionality 422
Doughtery-Wold, Aicia 389
Dow Corning 355, 389
drawing programs 304
dry erase sheets, portable 275
Duncan, Craig 21, 32, 67

E
Eisenlohr, Dave 392
electronic files, formatting tasks in 231
electronic task affinity grouping 282
electrostatic dry erase sheets 275
emotion, in user experience 26
empathy 2
empirical research 46
enabler (audience segments) 96
Engage.com 116, 389
evaluative research 42
Excel (Microsoft) 280, 304, 397
executives, presentation of mental model to 388
experience, as product 27
experience strategies 27, 30
explanations (of tasks) 210
exploratory research 46

F
feature definition 22, 422–427
fees
  for interview recruiting 137
  for transcribers 201
field visits 50
film purist (audience segment) 94
findings, from mental model 330–334
fitting text in mental model diagram boxes 305
following the conversation (interview technique) 173
footer navigation 413
Fox, Chiara 218, 358
Franklin-Covey 360
Fraser, Janice 392
Freitas, Ryan 23
functionality, of products 422–427

G
gap analysis. See alignment and gap analysis
gap analysis report 386
Garrett, Jesse James 30
Gehry, Frank 15
generative research 42
ghosting, of interviews 188–191
good tasks, examples of 213–219
Google Analytics 16
goodness of content maps 357
of interviews 177, 192
of tasks 210
greeting, for interviews 155
Gross, Terry 168

grouper (team role) 288
grouping, of tasks. See also
task affinity groupings
in audience segment
definition process 80

H
Hackos, JoAnn 191
hallway test 212, 416
212
headings, in Word, use in
task affinity grouping
276–281
Heen, Sheila 172

high-level architecture, of
structure derivation 403–418
high-level tasks 211
hit rate, for interview recruit-
ing 141

I
immediate experiences 175
Imperial College (London) 427
implied tasks 208, 218
in-person interviews 163–165
information design 301
instructions to individual task
combers 295
interaction design 22
internal vocabulary, problems
of 372
international dialing 130
international interviews
196–200
international teams 233
interpreters. See translators
interview bias
150
interviewer (team role) 288
interviewer bias 150, 171–172
interview granularity
177
interview participants
dismissing problem
participants 192
real-life story of 139, 140
interview recruiting
audience segment and
demographic goals for
114–116
costs for 137
database hit rate for 141
demographics for En-
gage.com 116
importance of personal
characteristics for 113
methods of 135–142
one person representing multiple audience segments 112
participants not fitting requirements 137
participant stipends 130
real-life story of 136
specifying details for 111–140
spreadsheet for 111, 114
use of pop-ups for 138, 140

interview recruiting screeners 117–126
audience segment definitions 122
audience segment identification 125
beginning of 118
completed form 120
description of 117
essay question for 123
logistical questions on 126
speaking ability, gauging 126

interviews
assembling topics for 152–153
as conversations 166, 173
conducting 163
examples of 181–190
initial greeting for 155
keywords for 152

nervousness during 161
non-leading 150, 166–168
open-ended questions 193–203
prompts for 148, 159–160
real-life story of 183, 184, 185
recording of 155, 160
reminders for 154
softball questions for 157
uncovering tasks in 179

interview scope
assembling topics 152–153
interview reminders 154
prompts 148, 159–160
recordings 155, 160–161
research goals, setting 144–147

interview techniques
active listening 191
avoiding discussion of tools in 174
consideration for participants 180–181
following the conversation 173
ghosting 188–191
immediate experiences, focus on 175
in-person versus remote 163–165
open-ended questions 171-172
practice interviews 178
product preferences vs. customer goals 169
six rules for 168-176
thinking during interviews 181
transcripts, importance of 200-203
tricks 191
user’s vocabulary, use of 172-173

interview transcripts. See transcripts
intranets 323, 357
introductory documents, for international interviews 198
iPod 24

J
jewels (segment designators) 333-336
JMS Entertainment 378, 380, 382, 384

K
Keeley, Larry 29
keywords, for interview themes 152
knowledge preservation 39
Kuniavsky, Mike 136

L
labels 413-415, 418-421
Landelle, Sarah 274
landing pages 325
Laurel, Brenda 150
leading questions 193-203
leads, for projects 64-65
legends, for mental model diagrams 313-314
levels, in mental models 147
Life (computer game) 265
lifespan of mental models 9, 37
looking for patterns. See task affinity groupings
luck 13

M
Macy’s 273
make believe artist (audience segment) 95
Maurer, Donna 421
media (tools) 210
memory, organizational 39
mental model creation 300-336
automatic method for 301-305
block-by-block diagram creation 304-312
diagram decoration 331-335
feedback on mental model diagram 338
process overview 10
reviewing model with project guides 326–329
splitting model into multiple diagrams 316–325
summary of findings 330–334
mental model diagrams
building, block-by-block 304–312
cheat sheet for 377
chronological order in 212, 318
coloring of 304
creating towers in 308–310
decoration of 331–335
example of 8
format for 300
getting feedback on 338
legends for 313–314
printing of 389–394
review of 326–329
splitting of 316–325
of typical morning 6
mental model process 10
mental model research, qualitative nature of 148
mental models. See also applications for mental models; mental model creation; methodology for creating mental models
description of 2
reasons for using 11
use of term 7, 11
mental spaces
differences among 264
explanation of 3–5
formatting of 270–282
high-level architecture and 403–413
of role-playing games 405
task affinity groupings and 262
Merholz, Peter 27, 419
method for creating mental models
definition of task-based audience segments 73–102
interviewing participants 163–203
mental model creation 300–335
shortcuts in 62
specifying recruiting details 111–140
task affinity groupings 252–293
transcript analysis 205–250
Microsoft. See also Excel; Visio; Word
content alignment project at 374
mental model presentation at 389
Miller, Tom 427
miscommunication 190
money, mental model of 38
mornings, typical 3
Morville, Peter 412
movie-goer mental model.
See task analysis;
task-based audience
segments
movie buff (audience
segment) 92
MP3 players 24
multiple diagrams, for mental
model 316–325
Myers-Briggs psychological
types 73

N
Nagai, Deborah 70
names
of groups for task-based
audience segments 89–97
of performer-task sets 90
Natsukari-san 389
navigation, mental space
clusters and 411
nervousness during inter-
views 161
New City Media 33
non-leading interviews 150,
166–168

six rules for 168–176
normal tasks 313
notation, for aligned content
375
no words of your own (inter-
view technique) 172–173

O
Omnigraffle 301, 304
online resources
for international dialing
130
introductory documents
for international
interviews 198
prioritization worksheet
template 397
Python script for creating
mental model diagrams
303
recruiting spreadsheet
114, 298
World Clock Meeting
Planner 130
open-ended questions
171–172, 193–203
172
opportunities
prioritization of
392–399
prioritization spreadsheet
for 394
resulting from gap
analysis 377–385
opportunities from gap analysis 386
organizational change 30–32
organizational memory 39
outlines for task affinity grouping 275–283
Outline view, in Word 276–281
overlapping tasks 318

P
participants. See interview participants
particular tasks 211
patterns
grouping tasks into 252–268
shifting, in task affinity groupings 265–270
Patton, Bruce 172
PDF format, for mental model diagrams 390
PeopleSoft 357
performer-task matrix 83, 88
performers of tasks 85
personality types 73
personas 51, 108
Piontkowski, Mary
on identifying audience segmentation 82
mantra 14
on mental model shortcuts 59

Word template for sticky-note printing 297
Pirillo, Peter 412
Pitkow, James 412
planned content, notation for 376
politics, mental models as mediators in 20
popular tasks 313
portable whiteboards 275
Porter, Michael 28
Post-its 297
Poteet, David 33, 427
practitioners, on project team 66–67
preference research 41, 43, 44
primary navigation 413–418
printing
  of mental model diagrams 389–394
  on Post-it notes 297
Proctor & Gamble 8
product architecture 402–426
product design 33
product managers 65
product preferences vs. customer goals 169
product testing, user research for 42
project guides 68–69, 188–190, 326–329, 359
project leaders 64–65, 145
project managers 65
project plans 289
project practitioners 66–67
project stages 54
project support 69–71
prompts, for interviews 148–152, 159–160
prototypes 427
Python script for creating mental model diagrams 301, 303

Q
Qualcomm 136
Quixtar 389

R
Radio Shack, phone recording devices 156
rare tasks 314
reading mental model diagrams 318
real-life stories
of audience segment histograms 335–343
of combing and grouping 297
of in-person interviews of media buyers 165
of interview participants 139, 140
of interview recruiting 136
of miscommunication from pronunciation differences 190

of PeopleSoft web site 423, 424
of recruiting 70
of research interview 183, 184, 185
of scholarly phrases 241
of tasks database 287
of transcriptions, problems with 203
of use of customer verbs 37
of value of mental models 20, 21, 22
reasons for using mental models
assembling original ideas 18
avoiding politics 20
avoiding unending cycles of redesign 22
clarity in direction 24
desert in confidence in designs 12
deriving architecture 22
distinguishing among different solutions 17
evolving organizations 30
overview 11
paying attention to the whole experience 24
strategy continuity 37
using design as a business advantage 28
validating that ideas match needs 19
recordings
  software for 156
recruiters 69–70, 136–138, 197
recruiting one person representing multiple audience segments
  112
recruits tab, of interview screener 132
redesign, non-ending cycles of 22
Redish, Janice 191
regions, in mental model diagrams 333
reminders, for interviews 154–159
remote vs. in-person interviews 163–165
research goals 144–147
research scope, for task-based audience segments 103–108
reviewing mental model with project guides 326–329
Riemann, Robert 51
role-playing games 405
roles, for task affinity grouping teams 286–291
Rosenfeld, Louis 103, 412
rules for interviews 168–176
Rutter, Kate 275

S
Saffer, Dan 150
San Disk MP3 player 24
scalability, of mental models 54
scenarios 52–53
Schauer, Brandon 28
scholarly phrases 241
scientific vs. intuitive methods 15
secondary locations, in content alignment 365
segmenting complicated audiences 82
self-created mental models 60–62
Sesame Street affinity game 255
shifting patterns in task affinity groupings 265–270
shortcuts, in method overview 53
summary of 62
Six Sigma 392
Snyder, Carolun 427
Sobalvarro, Camille 22, 424
social movie-goer (audience segment) 92
softball questions, for interviews 157
splitting mental model into multiple diagrams 316–325
Spool, Jared 24

Index
spreadsheets (electronic), for task affinity grouping 275, 280–282
stakeholders 145, 147, 326
statements of fact 210
sticky notes
organizational change and 32
printing on 297
use in content alignment 375
use in feature and functionality design 426
use of, to track tasks 271
stipends, for interview participants 130–132
Stone, Douglas 172
story (core attribute of moviegoer audience segment) 100
strategy, continuity of 37
structure derivation 402–424
features and functionality, creation of 422–427
high-level architecture 403–418
product labels 418–421
testing structure and labels 421
styles, for Excel cels 304
Sybase 22, 70, 112

T

tagging, of atomic tasks 287
task-based audience segments 73–102
adjusting 98
as basis for personas 108
description of 74
differences in behaviors 73
distinguishing tasks, behavioral affinity grouping of 81–87
distinguishing tasks, listing of 78–80
distinguishing tasks, naming groups of 89–97
setting research scope on 103–108
task-performer matrix 83, 88
task affinity groupings 252–292
additional interviews, need for 284
combers vs. interviewers 296
forcing a structure 254
formatting towers and mental spaces 270–282
grouping tasks into patterns 252–280
identifying likenesses and differences 254-255
left-over tasks 284
mental spaces and numbers of tasks 270
order of steps 253-260
parking lots in shifting patterns in 265
sticky notes, use of team roles for 286-291
tasks. See also transcript analysis
  audience segments and differences in behavioral affinity
  groupings of brainstorming sessions for 77-78
combing transcripts for 206-210, 292-298
compound databases for 287
definition of examples needing work 218-233
formatting of frequency of 212
good examples of 213-218
high-level identification of implied tasks 208
listing of distinguishing
  list of performers of particular tasks 211
  rare, normal and. popular
  third-party tasks 208
titles of, fitting in diagram boxes uncovering in interviews verb + noun format teams
  international 233
  participants in 64-69
roles for task affinity grouping 286-291
templates for printing sticky notes 297
Testmart 392
third-party tasks 208
three C’s 12
tools
  avoiding discussion of, in interviews 174
  in tasks 213
topics, for research interviews 152-153
towers
  adding, based on content 368
  formatting of 270-282
tracing quotes back to transcripts 214
tracking desires and complaints 213
transcribers 70
transcript analysis 205–250
  combing for tasks 206–210, 292–298
compound tasks 228–230, 265
formatting tasks 231–239
practice examples 241–250
tasks, examples needing work 218–233
tasks, good examples of 213–218
verbs, importance of 240–241
transcripts
  combing for tasks in 206–210, 292–298
importance of 200
translators 123, 135, 198, 199
Tufte, Edward R. 301

U
United Nations
  International Strategy for Disaster Reduction 21
Prevention Web Team 32
universal navigation 413

university effect 200
  200
user’s intentions 424
user’s vocabulary 172–173
user-centered design 48
User and Task Analysis for Interaction Design (Hackos and Redish) 191
user research 41–46
uses of mental models xvii–xviii, 9, 49, 178
utility navigation 413

V
vague verbs 227
VALS Personality traits 73
value of mental models 20, 21, 22
Veen, Jeff 16, 33, 358, 388
verbs 35–39, 213, 227, 240–241
videos, use as scenarios 52
Visio (Microsoft) 301, 304
visual language, mental models as 15
voice count 313, 331

W
Wadhwa, Suneet 389
Wallace, Karen 389
Walt Disney Concert Hall (Los Angeles) 15
whiteboards, portable 275
who, what, when, where, why, and how (open-ended questions) 171
whole experience 24
why questions 182
Wikipedia 266
Word (Microsoft) 276–281
word processing documents, for task affinity grouping 275–280
workshops
alignment workshops 359, 360, 372
in mental models
development process 9
on priority optimization 393
World Clock Meeting Planner 130
world time clocks 130

Y
yamaha.com 324
Young, Indi 389
ACKNOWLEDGMENTS

I would like to thank the following people for their influence on the mental model method as it continues to mature over time:
Mary Piontkowski, who is not afraid to point out where I might be wrong-headed. Thank you.

Gina Davis and Paul Stiff, who saw the strengths of early mental models and encouraged me to develop the method.

Jim Hook, who told me that what I thought was common knowledge might not really be as common as I supposed.

For beta-testing draft chapters and clearing up confusion: Craig Duncan, Simonetta Consorti, Andrea Villa, Jen Richardson, Isabelle Peyrichoux, Ingrid Hart, Marcus Haid, Ginny Redish, Todd Wilkens, Brandon Schauer, Ryan Freitas, Bjorn Hinrichs, Jay Morgan, Jon Littel, Lauren Kessler.
Clients who believed in the possibilities: Camille Sobalvarro, Yen Lee, Suneet Wadhwa, Karen Wallace, Joelle Kaufman, Lee Thompson, Terie Clement, Joel Arabia, Karen Semyan, Carey Wilkins, Renae Gottschall, Paola Dovera, Mark McCormick, Secil Watson, Georgina Corzine, Connie Frennette and Clare Barr and Kathy Parsons (the “Kh” team), Srinivas Raghavan, Hanneke Krekels, Simon Parker, Jim Mier, Tim Adams, Jackie De Muro, Bob Bebb, Lakshmi Sundar, Dan Arganbright, Suzanne Van Cleve, Bryan Vais, Eric Fain, Tom Gruber, Peter Ostrow, Maclen Marvit, Enrique Alvarez, Matthew Nelson, Chad Carson, Christina Avrett, and Kevin George, who was the first person to say, “You should write a book about this,” while we were riding in a taxi out of Pasadena, in September 2000. Real examples make all the difference when explaining something. I want to thank all my clients who gave me permission to publish our work.
ACKNOWLEDGMENTS

Teammates Donelle Gregory, Evelyn Wang, Mark Phillips, Carolyn Snyder, Laurie Bell, Chris Baum, Jen Klafin, Nate Bolt, Genelle Cate, Jean Anne Fitzpatrick, Darcy DiNucci, Adele Framer, Dave Covey, Chiara Fox, Sarah Rice, Kate Rutter, Lane Becker, Mike Kuniavsky, Peter Merholz, Jesse James Garrett, Janice Fraser, and Jeff Veen. And Gary Wang, who wrote the first Python scripts that spit out the diagrams.

I could not have done this without all the good people involved in production at Rosenfeld Media: Karen Whitehouse for inflating my ego. It’s her fault that I’d like to write another book. Peter Morville for sending me an email out of the blue offering to do a technical review; I can just imagine him sitting down at his desk that morning thinking, “Gee, I have nothing pressing to do. I think I’ll offer to read Indi’s manuscript.” Right? Liz Danzico and Allison Cecil for
ACKNOWLEDGMENTS

taking everything off my hands and making my part in the production process blissfully easy. Marc Rettig, whose comments on the “mental models versus alignment diagrams” debate, as well as the book’s positioning, were quite helpful early on. Lou Rosenfeld for having the determination to start Rosenfeld Media and do something right. It is pure joy to work with him and watch his publishing philosophy unfold. I am confident that his efforts will force a sea-change on the industry.

I owe my sanity during the writing of this book to my friends: my mom, Gus Young, graduated high school in 1958, and won a four-year scholarship to a university to study math. If she hadn’t turned it down in order to help support her seven siblings, I am convinced she would have been one of the first software engineers. Yes, her name is Gus. My brother, Greg Young, for urging me to write a book, any book. Philip Ramsey for urging me
to continue writing after dinner while he did the dishes. Carolyn Wan for making me laugh with email about her three young daughters. I wish I could tell stories like she does. Lucy Simon for moral support and distracting workouts at the pool. Matt Stephens for all the phone calls when I was frustrated with words. Marjorie Forman for keeping me from being too much of a recluse. Carey Ritola for celebrating my 15 minutes of fame.

And for her constant presence curled up napping on my desk: Megahertz (13 January, 1988–21 June, 2007), my 19 year old cat who was really a space alien, I’m sure.

—Indi
29 June, 2007
San Rafael, California
Solving people’s problems and inventing reliable methods to produce solutions have been Indi’s passions since youth. After earning her BS in computer science from Cal Poly in 1987, Indi took some graduate courses at Colorado State University in Fort Collins until she discovered that a master’s in Computer Science would only set her up to be a good compiler writer. Instead, she set her sights on solving the ease-of-use problem inherent in all software of the day. Oddly enough, she began by designing the graphical interface to an edit-compile-debug environment written for a Unix-based supercomputer. After that, she pursued the more user-friendly pen-based arena, designing several handy applications for the various start-ups involved, such as Go and Slate. When AT&T killed the pen-based GO OS in 1992, Indi moved on to an operating system that had captured the majority of users and had a thriving developer community. (Yes,
ABOUT THE AUTHOR

Windows. Luckily, the Web came along soon thereafter.

Indi began her work in Web applications in 1995 as a consultant in interaction and navigation design. She worked with clients who were incredibly sharp, including folks at Visa, Charles Schwab, ADP, Autodesk, and loads of dot-com start-ups, including, most famously, WebVan. A founding partner of Adaptive Path in 2001, she continued her consulting practice with equally erudite clients at Sybase, Agilent, Dow Corning, Microsoft, PeopleSoft, and Qualcomm. Indi specializes in deeply understanding the people for whom her clients design applications, nearly always employing research and mental modeling methods.

Indi, a resident of San Rafael, California, is a sixth generation descendent of the small group of Californian pioneers who trudged back through the snow to rescue the Donner
ABOUT THE AUTHOR

Party. Having subsequently gotten into quicksilver mining industry in Silicon Valley, these forebears set the technology tone for the family. Accordingly, Indi played with nascent computers as a kindergartener and is now a lifetime member of the Association for Computing Machinery (ACM).
There is no single methodology for creating the perfect product—but you can increase your odds. One of the best ways is to understand users’ reasons for doing things. **Mental Models** gives you the tools to help you grasp, and design for, those reasons. Adaptive Path co-founder Indi Young has written a roll-up-your-sleeves book for designers, managers, and anyone else interested in making design strategic, and successful.

“Indi Young’s mental models are the perfect way for your team to integrate your user’s perspective into your design. I’ll be giving this book out to all our important clients and insisting they make it part of their process.”

**JARED SPool**
CEO and Founding Principal
User Interface Engineering

“Indi’s book provides a systematic and invaluable means for applying mental models; having used her method on many large projects, I’m a true believer.”

**Camille Sobalvarro**
Senior Director, Web Marketing & Communications
Sybase Inc.

“Indi Young’s common-sense approach focuses on user behavior, diagrammatic representations, and the participation of all stakeholders in collaborative discovery. It is a book that designers and students alike will find useful.”

**Richard Buchanan**
Professor of Design
Carnegie Mellon University School of Design